

VERBY M.  
3/7/23

Noticing	Interpreting	Responding	Reflecting
<p>Why did you choose this additional assessment? What did you notice during your additional assessment of the client? Were there any assessments that were abnormal or that stood out to you? I chose the assessment of the PHQ-9, due to it looking like the pt. was depressed. During my initial assessment, the pt. wouldn't talk engage w anyone. I thought it was all abnormal, including the fact she has problems w authority, and eye contact.</p>	<p>If something stood out to you or it was abnormal, explain its potential cause or patterns that you noticed. Describe any similar situations you have experienced / as well as the similarities or differences between the experiences. Is your interpretation of the situation links to pathophysiology at all, if so - briefly explain.</p> <p>It surprised me that the pt. said she wasn't depressed, but then again she also seemed irritated to talk to me, and seemed like she didn't trust me, which didn't surprise me, at all.</p>	<p>What additional assessment information do you need based upon your interpretation? What can you do as a nursing student? What did you do? What could you do as a nurse? I looked into the chart for family hx of mental illness, which didn't show any history. I also looked at the meds, and those didn't seem to throw any red flags at me either.</p>	<p>What is something that you learned? What is something that you might do differently in the future? What is something that you did well? What additional knowledge or skills do you need to help you with future situations like this. Describe any changes in your values or feelings based on this interaction. I learned to sit and watch the pt. before assuming things. I should've tried to connect w her before doing the exams, instead of after the fact. I did engage outside by playing w a ball. In the future, I will organize my pt. approach.</p>

Kelsy M.  
3/7/23

## PATIENT HEALTH QUESTIONNAIRE-9 (PHQ-9)

Over the last 2 weeks, how often have you been bothered by any of the following problems?  
(Use "✓" to indicate your answer)

	Not at all	Several days	More than half the days	Nearly every day
1. Little interest or pleasure in doing things	0	1	2	3
2. Feeling down, depressed, or hopeless	0	1	2	3
3. Trouble falling or staying asleep, or sleeping too much	0	1	2	3
4. Feeling tired or having little energy	0	1	2	3
5. Poor appetite or overeating	0	1	2	3
6. Feeling bad about yourself — or that you are a failure or have let yourself or your family down	0	1	2	3
7. Trouble concentrating on things, such as reading the newspaper or watching television	0	1	2	3
8. Moving or speaking so slowly that other people could have noticed? Or the opposite — being so fidgety or restless that you have been moving around a lot more than usual	0	1	2	3
9. Thoughts that you would be better off dead or of hurting yourself in some way	0	1	2	3

FOR OFFICE CODING 0 + 5 + 0 + 0  
=Total Score: 5

If you checked off any problems, how difficult have these problems made it for you to do your work, take care of things at home, or get along with other people?

Not difficult at all <input type="checkbox"/>	<b>Somewhat difficult</b> <input checked="" type="checkbox"/>	Very difficult <input type="checkbox"/>	Extremely difficult <input type="checkbox"/>
---	--	---	--

\*During this pt. seemed irritated, & complained that she was hungry, even though she just ate.

3/7/23

Kelsy M.

### Reflection Assignment

Noticing	Interpreting	Responding	Reflecting
<p>What did you notice during your mental status examination of the client? Were there any assessments that were abnormal or that stood out to you?</p> <p>- Pt. was irritated/aggressive.</p> <p>Abnormal: pt. didn't enjoy group therapy, &amp; said she hasn't learned much since Admin.</p>	<p>If something stood out to you or it was abnormal, explain it's potential cause or patterns that you noticed. Describe any similar situations you have experienced / as well as the similarities or differences between the experiences. Is your interpretation of the situation links to pathophysiology at all, if so - briefly explain. It struck me as abnormal that the pt. kept saying that she hasn't learned anything since being admitted. Pt. also was constantly hungry. The pt. is usually very irritated/guarded, as I noticed very quickly. I think that all of these are related to her abuse (mental/physical) by her mother.</p>	<p>What additional assessment information do you need based upon your interpretation? What can you do as a nursing student? What did you do? What could you do as a nurse? What therapeutic communication techniques did you utilize? The additional assessment info I grabbed was social hx which was blank, so I would assume that maybe it hadn't been discussed &amp; the pt. yet, because they would have to fill it out. As a nursing student I found out what she enjoyed to do, which was sports, dance, &amp; color. As a</p>	<p>What is something that you learned? What is something that you might do differently in the future? What is something that you did well? What additional knowledge or skills do you need to help you with future situations like this. Describe any changes in your values or feelings based on this interaction. I learned how to better communicate &amp; a pt. who has strict boundaries. I also learned how to read non-verbal cues &amp; body language, &amp; I got good at it. I believe that change is possible &amp; the night help, &amp; positive reinforcements for pts.</p>

Keisy M.  
3/7/23

### Mental Status Exam

Client Name <i>N.S.</i>		Date <i>3/7/23</i>	
<b>OBSERVATIONS</b>			
Appearance	<input checked="" type="checkbox"/> Neat	<input type="checkbox"/> Disheveled	<input type="checkbox"/> Inappropriate
Speech	<input checked="" type="checkbox"/> Normal	<input type="checkbox"/> Tangential	<input type="checkbox"/> Pressured
Eye Contact	<input type="checkbox"/> Normal	<input type="checkbox"/> Intense	<input checked="" type="checkbox"/> Avoidant
Motor Activity	<input checked="" type="checkbox"/> Normal	<input type="checkbox"/> Restless	<input type="checkbox"/> Tics
Affect	<input checked="" type="checkbox"/> Full	<input type="checkbox"/> Constricted	<input type="checkbox"/> Flat
Comments: <i>pt. had difficulty c̄ eye contact c̄ staff too.</i>			
<b>MOOD</b>			
<input type="checkbox"/> Euthymic <input type="checkbox"/> Anxious <input type="checkbox"/> Angry <input type="checkbox"/> Depressed <input type="checkbox"/> Euphoric <input checked="" type="checkbox"/> Irritable <input type="checkbox"/> Other			
Comments: <i>staff stated she's either angry or irritable</i>			
<b>COGNITION</b>			
Orientation Impairment	<input checked="" type="checkbox"/> None	<input type="checkbox"/> Place	<input type="checkbox"/> Object
Memory Impairment	<input checked="" type="checkbox"/> None	<input type="checkbox"/> Short-Term	<input type="checkbox"/> Long-Term
Attention	<input checked="" type="checkbox"/> Normal	<input type="checkbox"/> Distracted	<input type="checkbox"/> Other
Comments: <i>N/A</i>			
<b>PERCEPTION</b>			
Hallucinations	<input checked="" type="checkbox"/> None	<input type="checkbox"/> Auditory	<input type="checkbox"/> Visual
Other	<input checked="" type="checkbox"/> None	<input type="checkbox"/> Derealization	<input type="checkbox"/> Depersonalization
Comments: <i>None at the time of exam</i>			
<b>THOUGHTS</b>			
Suicidality	<input checked="" type="checkbox"/> None	<input type="checkbox"/> Ideation	<input type="checkbox"/> Plan
Homicidality	<input checked="" type="checkbox"/> None	<input type="checkbox"/> Aggressive	<input type="checkbox"/> Intent
Delusions	<input checked="" type="checkbox"/> None	<input type="checkbox"/> Grandiose	<input type="checkbox"/> Paranoid
Comments: <i>None at the time of exam.</i>			
<b>BEHAVIOR</b>			
<input checked="" type="checkbox"/> Cooperative	<input checked="" type="checkbox"/> Guarded	<input type="checkbox"/> Hyperactive	<input checked="" type="checkbox"/> Agitated
<input type="checkbox"/> Stereotyped	<input type="checkbox"/> Aggressive	<input type="checkbox"/> Bizarre	<input type="checkbox"/> Withdrawn
Comments: <i>pt. answered all questions, but seemed uncomfortable</i>			
<b>INSIGHT</b>	<input checked="" type="checkbox"/> Good	<input type="checkbox"/> Fair	<input type="checkbox"/> Poor
<b>JUDGMENT</b>	<input checked="" type="checkbox"/> Good	<input type="checkbox"/> Fair	<input type="checkbox"/> Poor