

N433 – Active Learning for School Nurse Shadowing Experience

Complete this Active Learning activity after your clinical with the School Nurse. Submit your completed assignment to the dropbox within 72 hours of this clinical rotation (Monday @ 2359). **Be sure you look at the attached rubric as you write up this assignment because it must be written with accurate grammar, spelling, and APA format for references. Your score will be based on this rubric. Each question must contain at least 100 words minimum.**

1. How does this clinical site relate to the course?

This clinical relates to this course because we are currently in the infants, children, and adolescent's class. I attended Charleston High School to follow Amanda, the school nurse. This clinical we attended took care of adolescents' needs from freshmen to sophomores. This clinical experience allowed me to view what it's like to be a school nurse and care for patients who sometimes try to get out of class. These adolescents we cared for are closer to my age, so I understand how their mind works when it comes down to getting out of class. This clinical allows us to put our class and learning perspective into clinical practice.

2. How were you an engaged nursing professional today?

I tried engaging as much as possible. A couple of staff members are worried about their blood pressure. I was able to assess their blood pressure and another student who came in for dizziness. I asked several questions to Amanda regarding the rules they have as a school nurse. I could view the questions Amanda was asking her diabetic patients. I didn't realize the school nurse charted as much as she did. She had to document every patient that came into her office for even as small as bandage wrapping. Several patients came in complaining of an upset stomach as well.

3. How did you contribute to the service provided by the school nurse today?

I contributed to the service as much as possible. I could not chart information due to not having access to the charts. However, Amanda did talk me through how their charting system works. I was able to take a couple of blood pressures. One was on a teacher and the other on an adolescent due to dizziness. I assisted with bandaging a baseball player's elbows from sliding into the base. We cleaned it with hydrogen peroxide, put triple antibiotic ointment on the wound, and then wrapped it. There was a diabetic patient for whom we had to check his glucose twice before lunch, and the patient dropping during one of his classes.

4. Name 3 ways this clinical site impacts Pediatric health?

This clinical site impacts pediatric health through hearing/eye screenings, physical/immunization records, and saving money for poverty families. There are ages that school nurses are mandated to do hearing and eye screenings yearly. This allows the nurse to catch early-onset issues. The nurse also is in charge of filing each patient's physical and immunization records. The school nurse calls and emails those who still don't have those on file. Visiting the nurse for a check-up can allow her to evaluate the

situation to see if one would need further assessment by a doctor. This is extremely important for this school district due to the high poverty count.

5. What are the health risks of the population served during today's clinical based on your observations today?

The nurse I worked with today had many patients come in. One of the patients came in with scraped-up elbows from a baseball game that happened the previous day. A health risk for that patient would be he is at risk for an infection. The boy didn't properly clean the wound when it happened. Another patient was recently diagnosed with type 1 diabetes. This patient would be at risk for hypoglycemia. This boy resembles symptoms of ADHD and doesn't always remember his glucose. This patient's girlfriend accompanies him and reminds him of the glucose number and insulin. Other patients came in with migraines, nausea, and dizziness.

6. Choose one of the health risks identified in question 5 and develop a plan of care to address this. Include a Nursing diagnosis, a measurable goal, and at least 3 Nursing interventions to achieve this goal.

The patient I am choosing to make a nursing diagnosis on is the patient with scrapes at risk for an infection. The nursing diagnosis for this patient is 'Risk for infection related to alteration in skin integrity as evidenced by bilateral scrap marks on elbows.' One of the nursing interventions is "minimize patient risk for infection by cleaning wounds" (Phelps, 2020, p. 333). The next intervention is "maintain standard precautions and wear gloves when dealing with bodily fluids" (Phelps, 2020, p. 334). The last intervention is educating patients on risk factors and cleansing products to reduce infection. A measurable goal for this patient would be to remain infection free and understand how to irrigate the wound properly.

7. How will your experience during the School Nurse job shadowing impact your Nursing practice?

This experience following Amanda as a school nurse opened up other opportunities I can do as a nurse. Whenever I was in school, I thought the nurse was sitting in the office and talking, looking for something to do. Since this is a bigger school district than the school I attended, several kids come in for multiple reasons. This job can be stressful at times. In an emergency, the nurse is usually the only one trained in certain circumstances. This school nurse job does pique my interest in working as a school nurse eventually. A school nurse can impact the lives of several children.

References:

Phelps, L.L. (2020). *Sparks and Taylor's nursing diagnosis reference manual* (11th ed.), p. 333-334. Wolters
Kluwer.

N433 Grading Rubric Nurse Shadowing Clinical Paper

50 Total Points Possible

| CRITERION | POOR | FAIR | GOOD |
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| <p>-Concise and Complete</p> <p><i>Total Weight- 5 points</i></p> | <ul style="list-style-type: none"> - Content is incomplete. - Major points are not clear and /or persuasive <p>Weight-1 point</p> | <ul style="list-style-type: none"> - Content is not comprehensive and /or persuasive. - Major points are addressed but not well supported. - Research is inadequate or does not address course concepts. <p>Weight- 3 points</p> | <ul style="list-style-type: none"> - Content is comprehensive, accurate, and persuasive. - Major points are stated clearly and are well supported. - Content and purpose of the writing are clear. <p>Weight- 5 points</p> |
| <p>Critique of experience-Evaluation and Rationale for your comments</p> <p><i>Total Weight- 10 points</i></p> | <ul style="list-style-type: none"> - Organization and structure detract from the message of the writer. - Paragraphs are disjointed and lack transition of thoughts. - Lack of evaluation and rationale for comments <p>Weight- 1 point</p> | <ul style="list-style-type: none"> - Structure of the paragraphs is not easy to follow. - Paragraph transitions need improvement. - Lack of adequate evaluation and rationale for comments <p>Weight- 5 points</p> | <ul style="list-style-type: none"> - Structure of the paragraphs is clear and easy to follow. - Good evaluation and rationale for comments <p>Weight- 10 points</p> |
| <p>Thoughtful Reflection- How will this affect your practice, or will it?</p> <p><i>Total Weight- 10 points</i></p> | <ul style="list-style-type: none"> - Paper lacks many elements of correct formatting. - Paragraphs are inadequate or excessive in length. - Unspecific as to how this experience will impact your nursing practice or not. <p>Weight- 1 point</p> | <ul style="list-style-type: none"> - Paper follows most guidelines. - Paper is over/ under word length. - Lacks some specifics as to how this experience will impact your nursing practice or not. <p>Weight-5 points</p> | <ul style="list-style-type: none"> - Paper follows designated guidelines. - Paper is the appropriate length as described for the assignment. - States clearly as to how this experience will impact nursing practice or not and why. <p>Weight-10 points</p> |
| <p>APA Format Correct spelling/Grammar.</p> <p>Must use 1 scholarly reference (published within the last 5 years)</p> <p><i>Total Weight- 10</i></p> | <ul style="list-style-type: none"> - Lack of APA format. - Paper contains numerous grammatical, punctuation, and spelling errors. - Language uses jargon or conversational tone - Lack of APA citation use and a Reference page for references used. | <ul style="list-style-type: none"> - Inappropriate APA format. - Paper contains few grammatical, punctuation, and spelling errors. - Language lacks clarity or includes the use of some jargon or conversational tone. - Inappropriate APA citation use and a Reference page for | <ul style="list-style-type: none"> - Correct APA format. - Rules of grammar, usage, and punctuation are followed; spelling is correct. - Language is clear and precise; sentences display consistently strong, varied structure - Correct APA citation and a Reference page for references used. <p>Weight- 10 points</p> |

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| <i>points</i> | Weight- 1 point | references used. Weight- 5 points | |
| Nursing diagnosis is appropriate for this setting; goal/outcome is measurable; Nursing interventions are appropriate and thorough. | ND is inaccurate for the setting; goal/outcome is not measurable, and Nursing interventions are inappropriate or inadequate. | - ND accurate for the setting; goal/outcome is not measurable, OR Nursing interventions are inappropriate or inadequate. | - ND accurate for the setting; goal/outcome is measurable; Nursing interventions appropriate and adequate for this setting. |
| Total Weight- 10 points | Weight- 1 point | Weight- 5 points | Weight- 10 points |
| Paper submitted to dropbox within 72 hours of the School Nurse shadow experience. | - Paper submitted to dropbox or discussion board late. | | - Paper submitted to dropbox on time. |
| Total Weight- 5 points | Weight- 1 point | | Weight- 5 points |

Total Points _____