

## N433 – Active Learning for Ambulatory Nurse Shadowing Experience

Complete this Active Learning activity after your clinical with the Ambulatory Clinic Nurse. Submit your completed assignment to the dropbox within 72 hours of this clinical rotation (Monday @ 2359). Be sure you look at the attached rubric as you write up this assignment because **it must be written with accurate grammar, spelling, and APA format for references.** Your score will be based on this rubric. **Each question must contain at least 100 words minimum.**

1. How does this clinical site relate to the course?
  - a. This clinical is related to the course as it would prioritize which kids to be seen first; if there were several patients in the lobby, they would prioritize it by who was at a greater risk of experiencing a medical complication. It has been discussed in class to prioritize what patient should be seen first. We have done scenarios in the pediatric course and tested our knowledge of key characteristics to determine who should be prioritized to be seen first. Nurses must look at the airway, breathing, circulation, and disability to assess for prioritization. I noticed it used in the clinical setting as the parents were bringing kids in due to feeling sick versus a child the parent believed showed symptoms aligning with the strep throat.
  
2. How were you an engaged nursing professional today?
  - a. I was engaged today as I was put in the convience care side of the clinic. I got to see not just kids but adults as well. I was involved by helping the nurse and the medical assistant. I obtained the patient's vitals, administered pain medicine, and tested for streptococcal pharyngitis (strep throat). I gained knowledgeable information as I learned how to do my first swab test for strep. I also watched a urine analysis and learned how to read it as it indicated a urine tract infection. I

also made sure when speaking to the children to speak to them at their eye level and at a softer tone.

3. How did you contribute to the service provided by the clinic nurse today?

I contributed to aid with doing several rapid strep throat exams. I made sure not to contaminate it with the patient's tongue or make sure it did not touch any other surface area while placing it back in the tube to test it. According to Taylor et al. (2021), treating it as early as possible is essential to reduce the severity and complications of acute respiratory failure. I saw several parents bring their children once they showed symptoms of respiratory complications. I see how parents are very cautious when they see their children sick and how caring they are to keep their children safe and healthy. I saw how mothers reassured their children throughout the whole visit to the clinic.

4. Name 3 ways this clinical site impacts Pediatric health?

- a. This clinical site impacts pediatric health by assisting those children in need and helps avoid spreading infections throughout the community by getting tested for strep throat. Since most kids attend a public school and spend time with many other students, it is easy to spread diseases like strep throat as a droplet precaution. Another way it impacts pediatric health is it provides education to kids and families on when it is vital to come into the clinic versus the emergency department and helps them figure out when the child should be seeking medical attention; as some are first-time parents, they do not know what to look out for in their child. The last way it impacts pediatric help is it provides a sense of security when the clinic attends to the pediatric community and listens to what is going on rather than just treating the patient. It establishes a good relationship with its pediatric community and builds a trustworthy relationship not to be afraid to seek help.

5. What are the health risks of the population served during today's clinical based on your observations today?
  - a. The health risk is the potential for spreading strep for kids whose parents are unaware their kids have it and play it off as a simple cold. It is essential to educate parents and kids on what symptoms to look out for and educate their peers if they show signs to get tested to avoid having a wide spread of it during these times. During this season, it is common to see children with respiratory illnesses. As well as patient mentioned that during these spring break and holiday times, it is more common to see kids getting sick as they visit relatives from different states they haven't seen in a while and could be exposed to an illness their relatives had without even knowing.
  
6. Choose one of the health risks identified in question 5 and develop a plan of care to address this. Include a Nursing diagnosis, a measurable goal, and at least 3 Nursing interventions to achieve this goal.
  - a. A proper nursing diagnosis in this clinical is insufficient knowledge related to strep throat, evidenced by the patient's verbalization and lack of understanding about the disease process. The patient did not know how easily this can be spread and how contagious it is. As a nurse, I can educate her to protect her child and herself from getting this disease, as it is a droplet precaution. Another intervention is printing out a pamphlet with vital information and facts about strep throat, so the patient is well-educated on this disease. The last intervention that would be vital is if the patient is positive for strep to stress the importance of finishing the antibiotics even if the child begins to feel better.
  
7. How will your experience during the Ambulatory Clinic job shadowing impact your Nursing practice?

- a. It will impact my nursing as a reminder of how to speak to children. Also, I must explain to the mother and child what I will do now to avoid catching the child by surprise and scaring them as much. Children usually do not cooperate with nurses when sick and need testing done, so they tend to cling to their caregivers and resist. I learned some techniques the nurse uses to help ease the child. Such as communicating with the child and having the parent assist in helping with the child to keep them from moving around the bed to ensure safety and proper care is provided. It is essential to keep your word with children, as the medical assistant told the child they would get a lollipop and sticker once the visit was over, and that seemed to help ease the child some. The child seemed content and happy at the end of the visit, so hopefully, they won't remember it as a terrible experience next visit!

Reference:

Taylor, A., Morpeth, S., Webb, R., & Taylor, S. (2021). The Utility of Rapid Group A Streptococcus Molecular Testing Compared with Throat Culture for the Diagnosis of Group A Streptococcal Pharyngitis in a High-Incidence Rheumatic Fever Population. *Journal of clinical microbiology*, 59(12), e0097821.  
<https://doi.org/10.1128/JCM.00978-21>

N433 Grading Rubric Nurse Shadowing Clinical Paper

50 Total Points Possible

CRITERION	POOR	FAIR	GOOD
<p>-Concise and Complete</p> <p><i>Total Weight- 5 points</i></p>	<p>- Content is incomplete.</p> <p>- Major points are not clear and /or persuasive</p> <p>Weight-1 point</p>	<p>- Content is not comprehensive and /or persuasive.</p> <p>- Major points are addressed but not well supported.</p> <p>- Research is inadequate or does not address course concepts.</p> <p>Weight- 3 points</p>	<p>- Content is comprehensive, accurate, and persuasive.</p> <p>- Major points are stated clearly and are well supported.</p> <p>- Content and purpose of the writing are clear.</p> <p>Weight- 5 points</p>
<p>Critique of experience- Evaluation and Rationale for your comments</p> <p><i>Total Weight- 10 points</i></p>	<p>- Organization and structure detract from the message of the writer.</p> <p>- Paragraphs are disjointed and lack transition of thoughts.</p> <p>- Lack of evaluation and rationale for comments</p> <p>Weight- 1 point</p>	<p>- Structure of the paragraphs is not easy to follow.</p> <p>- Paragraph transitions need improvement.</p> <p>- Lack of adequate evaluation and rationale for comments</p> <p>Weight- 5 points</p>	<p>- Structure of the paragraphs is clear and easy to follow.</p> <p>- Good evaluation and rationale for comments</p> <p>Weight- 10 points</p>

<p>Thoughtful Reflection- How will this affect your practice, or will it?</p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> <li>- Paper lacks many elements of correct formatting.</li> <li>- Paragraphs are inadequate or excessive in length.</li> <li>- Unspecific as to how this experience will impact your nursing practice or not.</li> </ul> <p>Weight- 1 point</p>	<ul style="list-style-type: none"> <li>- Paper follows most guidelines.</li> <li>- Paper is over/ under word length.</li> <li>- Lacks some specifics as to how this experience will impact your nursing practice or not.</li> </ul> <p>Weight-5 points</p>	<ul style="list-style-type: none"> <li>- Paper follows designated guidelines.</li> <li>- Paper is the appropriate length as described for the assignment.</li> <li>- States clearly as to how this experience will impact nursing practice or not and why.</li> </ul> <p>Weight-10 points</p>
<p>APA Format Correct spelling/Grammar.</p> <p><b>Must use 1 scholarly reference (published within the last 5 years)</b></p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> <li>- Lack of APA format.</li> <li>- Paper contains numerous grammatical, punctuation, and spelling errors.</li> <li>- Language uses jargon or conversational tone</li> <li>- Lack of APA citation use and a Reference page for references used.</li> </ul> <p>Weight- 1 point</p>	<ul style="list-style-type: none"> <li>- Inappropriate APA format.</li> <li>- Paper contains few grammatical, punctuation, and spelling errors.</li> <li>- Language lacks clarity or includes the use of some jargon or conversational tone.</li> <li>- Inappropriate APA citation use and a Reference page for references used.</li> </ul>	<ul style="list-style-type: none"> <li>- Correct APA format.</li> <li>- Rules of grammar, usage, and punctuation are followed; spelling is correct.</li> <li>- Language is clear and precise; sentences display consistently strong, varied structure</li> <li>- Correct APA citation and a Reference page for references used.</li> </ul> <p>Weight- 10 points</p>

		Weight- 5 points	
Nursing diagnosis is appropriate for this setting; goal/outcome is measurable; Nursing interventions are appropriate and thorough.	ND is inaccurate for the setting; goal/outcome is not measurable, and Nursing interventions are inappropriate or inadequate.	- ND accurate for the setting; goal/outcome is not measurable, OR Nursing interventions are inappropriate or inadequate.	- ND accurate for the setting; goal/outcome is measurable; Nursing interventions appropriate and adequate for this setting.
<i>Total Weight- 10 points</i>	Weight- 1 point	Weight- 5 points	Weight- 10 points
Paper submitted to dropbox within 72 hours of the School Nurse shadow experience.	- Paper submitted to dropbox or discussion board late.		- Paper submitted to dropbox on time.
<i>Total Weight- 5 points</i>	Weight- 1 point		Weight- 5 points

Total Points \_\_\_\_\_