

N431 Adult Health II

Clinical Reflection Form

Name: Noredia Asia

Date: 3/28/2023

Clinical Rotation Site: Special Procedures

1. Briefly write about today's experience(s)

This was a great clinical experience. I was warmly welcomed by the nurses and physicians. I helped to insert IVs and listened to the admission portion pre-procedure. After that, I watched EGDs and colonoscopies and learned about anatomical sites and meanings from the doctor while in the procedure room. After, I helped transport patients back to their rooms.

2. What is one thing you learned?

One thing that I learned was that the sedation techniques changes with the doctor in the room. Some doctors only like Versed while other used a combination of medications. I thought that was interesting.

3. What is one thing you would do differently?

I could ask the doctor more questions about the etiology or complications of these procedures if an inexperienced person tried to attempt these things. I think it would give me insight on how physicians view their discipline which could reflect on the nurses they work with.

4. What is your major "take home" from today's clinical experience(s)?

My major lesson form this clinical experience is the importance of pre-procedure preparedness. It's really important for labs and vitals to be done to avoid intra-procedure complications. Also, for certain procedures, clients must be NPO for a certain time and it's important to emphasize truthfulness with patients who might be anxious if it's their first procedure.

5. Is there anything else you would like to mention?

There is nothing else that I would like to mention.