

N431 Adult Health II

Clinical Reflection Form

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Clinical Rotation Site:

1. Briefly write about today's experience(s)

Today I rotated to the Critical Care Unit and got to see more extensive injuries and care. I also had the opportunity to draw a sample from an arterial line, which was new. My patient was also not English speaking. He only spoke Russian, so communicating with him required intention and extra verification to ensure his understanding of the situation.

2. What is one thing you learned?

Today I learned that working in the CCU requires a lot of adaptation, because each situation is very unique. Medical Surgical units tend to be repeat cases of similar disease processes and situations. The CCU offers a very wide range of exposure to different cases and situations.

3. What is one thing you would do differently?

I feel good about my clinical experience today. I feel that I did my best to ask and understand. My nurse was very informative and great at teaching. I think if I could do something differently, I would have spent more time with the patient to observe his injuries and what exactly was being done to treat them.

4. What is your major "take home" from today's clinical experience(s)?

My major take home from today's clinical experience was that each patient requires such a different level and type of care. My patient's wife was not able to be with him, so although he needed physical care, he also required more emotional care. Not speaking or understanding English also warranted more personalized care to make him feel more comfortable and at ease.

5. Is there anything else you would like to mention?

I would like to mention that I feel like Carle does a great job making patients feel comfortable regardless of their background or culture. I felt that the nurses are provided the tools to optimize the quality of care they provide all patients. Having devices available to translate to patients who do not speak English is a great example of that. I

cannot imagine being in a different country, not speaking or being able to understand that country's language, and being in such a tragic accident without family.