

**Physical Exam/Assessment**

**General:** Well-nourished and well groomed, no acute distress, A&O x 4

**Integument:** Skin is warm, dry, and pink with good turgor, no rashes, bruises or lesions noted; skin integrity intact; hair distribution is even all over, oral mucosa membranes pink, moist, and intact

**HEENT:** PERRLA, conjunctiva moist and pink without irritation, normocephalic, normal hearing to voice, supple neck, non-tender neck, no JVD present

**Cardiovascular:** Regular heart rhythm, S1 and S2 heard upon auscultation, no murmur, no gallop, no rub, no edema, capillary refill less than 3 seconds bilaterally

**Respiratory:** Anterior and posterior breath sounds clear to auscultation in all lobes bilaterally, regular breath pattern, no rhonchi, no wheezes, no rales, no tenderness, non-labored breathing

**Genitourinary:** Urine is yellow and clear without any foul odor, no frequency, hesitancy, urgency, or incontinence noted

**Gastrointestinal:** Abdomen is soft, non-tender non-distended, normal and active bowel sounds heard in all quadrants, **poor appetite**

**Musculoskeletal:** Peripheral pulses +3 bilaterally, **weak gait**, all extremities toned and equal strength 5 out of 5 bilaterally, ROM is appropriate for age

**Neurological:** Sensation is intact to light touch, no focal sensory or motor deficits.

**Most recent VS (include date/time and highlight if abnormal):** 03/20/23; 1050; T: 36.1 C; HR: 82 bpm; RR: 18; O2: 93%; BP: 118/70

**Pain and pain scale used:** Numeric pain scale - 0 pain reported by patient

<p style="text-align: center;"><b>Evaluation of Interventions</b>  <b>The patient stays free of worsening infection and shows no signs or symptoms.</b></p>	<p style="text-align: center;"><b>Evaluation of Interventions</b>  <b>The patient is able to use pharmacological and nonpharmacological strategies to relieve pain.</b></p>	<p style="text-align: center;"><b>Evaluation of Interventions</b>  <b>The patient will be hydrated and replenished with nutritional based foods to promote efficient healing and proper fluid balance.</b></p>
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**References (3) (APA):**

Belyayeva, M. (2022, September 18). *Acute Pyelonephritis*. StatPearls - NCBI Bookshelf. <https://www.ncbi.nlm.nih.gov/books/NBK519537/>

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Learning, J. & B. (2020). *2021 Nurse's Drug Handbook*. Jones & Bartlett Learning.

Van, A. M. (2021). *Davis's comprehensive manual of laboratory and diagnostic tests with nursing implications* (9<sup>th</sup> ed.). F. A Davis Company.

