

1. How does the clinical site relate to Population/Global Health?

We volunteered at Salt and Light in Urbana, Illinois. The site provides the local population with groceries, clothes, and other necessities. Community members can volunteer and earn \$52 weekly in-store credits to purchase what they want. Salt and Light emphasizes the importance of retaining dignity and autonomy, no matter a person's financial status.

2. How were you an engaged nursing professional today?

I listened attentively during the orientation, and I asked questions periodically.

3. How did you contribute to the service of the community today?

After orientation, I started doing quality control checks of the donated clothing. Then, I was moved to the merchandising department. I placed price tags on items, packed the things in boxes to be sent to the Champaign location, and tracked the total number of items in each shipment. I was also responsible for the trash line, so we threw unusable items into the trash chute and ran the garbage compactor.

4. Name 3 ways this clinical site impacts the community health?

The site provides healthy food options to the local area that does not have another grocery store. The site also hosts the Carle mobile clinic in their parking lot, thus improving access to care. Additionally, the site provides NA meetings to those in the community struggling with substance abuse.

5. Name 1 way this site could better serve the community and why?

Staff acknowledged that the pricing of their grocery items might be more expensive than the chain stores. The increased prices are because they lack the means necessary to purchase large quantities, which drives the cost of their goods up. Reducing the cost of the goods would reduce the price for their shoppers.

6. What health risks are experienced by the population served by today's clinical site?

The working poor comprises much of their volunteer workforce. They make enough money to put them over the poverty line and disqualify them from government assistance. The program

provides them with a way to supplement their incomes. The volunteers can put their allotted \$52 a week towards groceries or other necessities. Access to fresh groceries can reduce the risk of malnutrition, obesity, and other conditions.

Did this project change you or your thinking? How did it change you?

Truthfully, the project did not drastically change my thinking. I did learn more about the types of underserved populations and the multifaceted needs of the Champaign-Urbana community. Salt & Light positively affects the community and provides many services that influence many social determinants of health.