

N431 Adult Health II

Clinical Reflection Form

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Clinical Rotation Site: OR Carle

1. Briefly write about today's experience(s)
  - a. Today was my first rotation and experience in the OR at Carle. The first thing that happened was Professor Unrein brought me to the nurse's lounge to change out of my scrubs into their scrub, and then she took me to pre-op to find a nurse to assign me with. I was then able to choose from two surgeries to watch, and I watched a woman go in for a gastric bypass surgery that was expected to last over four hours. When I returned to see the patient and the OR nurse, we transferred her to the OR. Everyone in the OR room was amicable and let me watch how they prepped the patient for her surgery and prepared everything for the surgeon when he arrived.
  
2. What is one thing you learned?
  - a. I learned that the OR nurse helped immensely with the prep and the surgery. Since they are not completely sterile, they can help without breaking sterility. The OR nurse was very informative about his role and showed me what he does as the OR nurse. He charted everything as it happened and recorded everything used for the surgery. In the room, I witnessed the OR team have a good flow with each other.
  
3. What is one thing you would do differently?
  - a. I would not have done anything differently since the most I could do was observe and ask any questions or answer any questions that the OR nurse had for me. I was able to help tie the surgical tech and medical students' gowns for them while keeping them sterile. It was fascinating to watch how everyone in the OR did their task and how it flowed well.
  
4. What is your major "take home" from today's clinical experience(s)?
  - a. It is essential to keep a sterile field and pay attention to every detail. Within the first three and a half hours of the surgery, the OR nurse had to request over ten

items for the surgery to be brought to the room, and he had to keep track of whenever the surgical tech requested the item.

5. Is there anything else you would like to mention?
  - a. What I took from this experience today was that as an OR nurse, paying close attention to everything in the OR room before, during, and after the surgery is essential. It is a huge responsibility to ensure that nothing is accidentally left inside of the patient or goes missing if it is used. It was a good experience overall!