

N431 Adult Health II

Clinical Reflection Form

Name: Angelina Thomas

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Clinical Rotation Site: Pain Clinic

1. Briefly write about today's experience(s)

So far, my favorite clinical experience was at the Pain Clinic. The nursing staff and the doctor there was very approachable and they enjoyed teaching. They also enjoyed giving me opportunities to learn. I was able to perform five successful IV sticks in one clinical day. I was very proud of myself and I made the patient's feel comfortable, too. The doctor showed me a lumbar puncture procedure and went into detail about its purpose. Two nurses stuck by my side the entire clinical day, ready with tasks for me to do. I appreciated everything I was learning at the pain clinic.

2. What is one thing you learned? I learned how to perform a successful IV stick, especially of challenging IV sticks.

3. What is one thing you would do differently? I would request more time in the pain clinic. Literally, everything was phenomenal. The instruction, the patients, the fast-paced schedule, etc. I loved it all.

4. What is your major "take home" from today's clinical experience(s)?  
Being teachable and coachable is important when you're in a new environment, trying to gain new experiences.

5. Is there anything else you would like to mention? Not at all