

Amber Raimer

Legacy Project

Salt and Light Ministries

Spring 2023

N442

Salt and Light Ministries is in both Champaign and Urbana, Illinois. Both locations operate as thrift stores. The Urbana location incorporates a grocery store. They serve approximately 114 households weekly by offering volunteer time in exchange for goods (Salt & Light, 2023). The volunteer can earn \$13 an hour with a max of \$52 a week (Salt & Light, 2023). Volunteers can bank and use the credits when needed or redeem them for groceries, clothing, or household items in their thrift shop (Salt & Light, 2023). Some of the work done at the location for volunteers or service-learning credits include sorting, hanging, and pricing clothing and household items to put into the thrift location for sale (Salt & Light, 2023).

For our Legacy project, our group was able to sort, hang, price, and stock the retail floor with items for sale. It was a valuable experience to learn about what the organization offers. In addition to the retail side, the operation is also a functioning grocery store that is an asset to the location in Urbana, IL., serving several of its residents nearby. Several persons need more to get through, such as being on a fixed income, disability, students, or financial hardship. The organization is deeply rooted in helping those who help themselves, which promotes a sense of dignity and retracts the idea of handouts. The organization is helpful for nursing implications as it fills the gap for vulnerable populations and improves outcomes for those who suffer from food insecurity and access to clothing at reasonable prices.

## Reference

Salt & Light. (2023). <https://saltandlightministry.org/>