

Noticing

Why did you choose this additional assessment? What did you notice during your additional assessment of the client? Were there any assessments that were abnormal or that stood out to you?

As this is the client's third suicide attempt, I selected the suicide risk screening test. The client was very open about her previous attempt, which I observed during the additional assessment. The client went into great detail about her third effort, which ended with her returning to the pavilion. She described her thinking and what she considered before, during, and after the attempt. Nothing caught my attention as being unusual or out of the ordinary.

Interpreting

If something stood out to you or it was abnormal, explain its potential cause or patterns that you noticed. Describe any similar situations you have experienced / as well as the similarities or differences between the experiences. Is your interpretation of the situation links to pathophysiology at all, if so, briefly explain.

Nothing was unusual or abnormal. The client has visited the pavilion three times, each time for a suicide attempt. The patient spoke openly about her situation during group and explained why and how she had tried suicide. The client's experience is intended to aid those who are depressed or have suicidal thoughts. I've never been in a circumstance where there were suicide ideas or attempts. Due to the client's MDD (Major depressive disorder) diagnosis, a member of my family experiences depression in a comparable circumstance. Suicidal ideation is prevalent in clients with MDD. Thus my interpretation of the issue with MDD and suicidal attempts links pathology.

Responding

What additional assessment information do you need based upon your interpretation? What can you do as a nursing student? What did you do? What could you do as a nurse?

According to my assessment, the mental status examination provided me with the additional assessment data I needed. In my opinion, the patient's mental state on that particular day was significant to the suicide risk screening tool. I can inform the charge nurse of the patient's screening tool results as a nursing student. I discussed the National Suicide Prevention Hotline with the patient. As a nurse, I can ensure the patient gets the appropriate treatment for her needs and has someone to talk to about her suicidal thoughts.

Reflecting

What is something that you learned? What is something that you might do differently in the future? What is something that you did well? What additional knowledge or skills do you need to help you with future situations like this. Describe any changes in your values or feelings based on this interaction.

I learned that patients with MMD (major depressive disorder) are very likely to have suicidal thoughts. Looking into a patient's potential cause or reason for suicide ideation is something I would change going forward. Practice showing empathy as a therapeutic communication was something I did well at. To better comprehend MMD and the reasons it causes suicidal

ideation, I would need further knowledge or skills that might aid me in similar future situations. I didn't change my values or feelings due to this interaction.