

N433 – Active Learning for School Nurse Shadowing Experience

Complete this Active Learning activity after your clinical with the School Nurse. Submit your completed assignment to the drop box within 72 hours of this clinical rotation (Monday @ 2359). **Be sure you look at the attached rubric as you write up this assignment because it must be written with accurate grammar, spelling, and APA format for references. Your score will be based on this rubric. Each question must contain at least 100 words minimum.**

1. How does this clinical site relate to the course?

This clinical experience directly relates to our course and the age demographic we focus on in class. Pine crest elementary school is home to pre-K through 5th grade. We were able to see a wide variety of students in different age groups with different ailments. Being able to see how these children deal with the same symptoms and issues is very interesting. Younger children seem weepy and anxious, while the older children get straight to the point about what is bothering them. Most of the treatments today were for upset stomachs, a few had headaches, and one had an infected finger.

2. How were you an engaged nursing professional today?

I was able to see how the school nurse dealt with each child individually according to their symptoms. Most of the symptoms were the same and primarily consisted of upset stomachs. There was one nonverbal student that came in and I was able to try and help get a temperature on him by allowing the nurse to first perform it on me. This however didn't work, but it was neat to see the building of trust. This is a technique we were taught in class when learning the assessment of younger children. I had never been able to use it before and though the outcome wasn't what was needed the school nurse said I did it correctly.

3. How did you contribute to the service provided by the school nurse today?

I feel my contribution was minimal today. We talked a lot about her responsibilities and went through the charting process. I was able to help a few students today along with the nurse. I found it very interesting that the cure for an upset stomach was a peppermint. She explained Part of the IEP process to us and she had a lot of paperwork that needed to be faxed and filed. Her charting process is different from the hospitals, there is no assessment section rather she makes notes on the children that come to see her. We didn't have many children come into the office today, but I tried to participate in whatever care was provided.

4. Name **3** ways this clinical site impacts Pediatric health?

At this particular school the nurse is also licensed to perform hearing and visions. These are usually outsourced to other agencies, so she provides two essential services for her district and the children she serves. This nurse also has a school nurse certification that allows her to be a certified educational resource for her students and parents. This certification also allows her to provide education on seizures and medication administration to other staff. She explained that when students go on field trips that she has to train staff going with them on medication administration and inhalers. She showed me the in-service trainings she created for her school that allow teachers to be checked off on skills.

5. What are the health risks of the population served during today's clinical based on your observations today?

Being that this is a low income area one of the major health risks for this population is malnutrition. I spoke with the nurse in detail about this issue. She informed me that each student is provided a free breakfast and lunch free of cost. We also discussed food insecurity during school breaks and how the district combats that issue. The primary complaint of students is an upset stomach, this most of the time is due to the lack of food in the home. Most students will come into the office in the early morning and the first thing the nurse asks is if they have eaten. She explained that most upset stomachs are due to being hungry.

6. Choose one of the health risks identified in question 5 and develop a plan of care to address this. Include a Nursing diagnosis, a measurable goal, and at least 3 Nursing interventions to achieve this goal.

Imbalanced nutrition less than body requirements related to food insecurity as evidenced by low social economic status and multiple students complaining of stomach upset that is elevated after eating (Phelps, 2021). The current goal for this school is to provide each student with a free breakfast and lunch each day. A secondary goal recommended by this student is to keep a log of what students visit the office most and encourage them to eat first thing when arriving to school. Interventions suggested are encouraging students to take advantage of the free meals, encourage families to drop their students off earlier so that they can eat without disrupting class time, and applying for further funding to help students with meals when school is not in session.

7. How will your experience during the School Nurse job shadowing impact your Nursing practice?

I was very unaware of the amount of education required to be a school nurse, I did not know that it takes an extra year of school to get certified in school nursing. This experience has shown me that the lady that took my temperature as a child isn't just a nurse. This specialty is another branch of education. Nursing education is my passion and being able to see that I can now do that in a different way is very encouraging to me. I didn't realize that the nurse was apart of the IEP process or that they are the ones that keep the students medical records in compliance for the state.

Reference

Linda Lee Phelps, & Sheila Sparks Ralph. (2021). *Sparks & Taylor's nursing diagnosis pocket guide*.

Wolters Kluwer.

N433 Grading Rubric Nurse Shadowing Clinical Paper
50 Total Points Possible

CRITERION	POOR	FAIR	GOOD
<p>-Concise and Complete</p> <p><i>Total Weight- 5 points</i></p>	<ul style="list-style-type: none"> - Content is incomplete. - Major points are not clear and /or persuasive <p>Weight-1 point</p>	<ul style="list-style-type: none"> - Content is not comprehensive and /or persuasive. - Major points are addressed but not well supported. - Research is inadequate or does not address course concepts. <p>Weight- 3 points</p>	<ul style="list-style-type: none"> - Content is comprehensive, accurate, and persuasive. - Major points are stated clearly and are well supported. - Content and purpose of the writing are clear. <p>Weight- 5 points</p>
<p>Critique of experience-Evaluation and Rationale for your comments</p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> - Organization and structure detract from the message of the writer. - Paragraphs are disjointed and lack transition of thoughts. - Lack of evaluation and rationale for comments <p>Weight- 1 point</p>	<ul style="list-style-type: none"> - Structure of the paragraphs is not easy to follow. - Paragraph transitions need improvement. - Lack of adequate evaluation and rationale for comments <p>Weight- 5 points</p>	<ul style="list-style-type: none"> - Structure of the paragraphs is clear and easy to follow. - Good evaluation and rationale for comments <p>Weight- 10 points</p>
<p>Thoughtful Reflection- How will this affect your practice, or will it?</p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> - Paper lacks many elements of correct formatting. - Paragraphs are inadequate or excessive in length. - Unspecific as to how this experience will impact your nursing practice or not. <p>Weight- 1 point</p>	<ul style="list-style-type: none"> - Paper follows most guidelines. - Paper is over/ under word length. - Lacks some specifics as to how this experience will impact your nursing practice or not. <p>Weight-5 points</p>	<ul style="list-style-type: none"> - Paper follows designated guidelines. - Paper is the appropriate length as described for the assignment. - States clearly as to how this experience will impact nursing practice or not and why. <p>Weight-10 points</p>
<p>APA Format Correct spelling/Grammar.</p> <p>Must use 1 scholarly reference (published within the last 5 years)</p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> - Lack of APA format. - Paper contains numerous grammatical, punctuation, and spelling errors. - Language uses jargon or conversational tone - Lack of APA citation use and a Reference page for references used. <p>Weight- 1 point</p>	<ul style="list-style-type: none"> - Inappropriate APA format. - Paper contains few grammatical, punctuation, and spelling errors. - Language lacks clarity or includes the use of some jargon or conversational tone. - Inappropriate APA citation use and a Reference page for references used. <p>Weight- 5 points</p>	<ul style="list-style-type: none"> - Correct APA format. - Rules of grammar, usage, and punctuation are followed; spelling is correct. - Language is clear and precise; sentences display consistently strong, varied structure - Correct APA citation and a Reference page for references used. <p>Weight- 10 points</p>
<p>Nursing diagnosis is appropriate for this setting; goal/outcome is measurable; Nursing interventions are appropriate and thorough.</p> <p><i>Total Weight- 10 points</i></p>	<p>ND is inaccurate for the setting; goal/outcome is not measurable, and Nursing interventions are inappropriate or inadequate.</p> <p>Weight- 1 point</p>	<p>- ND accurate for the setting; goal/outcome is not measurable, OR Nursing interventions are inappropriate or inadequate.</p> <p>Weight- 5 points</p>	<p>- ND accurate for the setting; goal/outcome is measurable; Nursing interventions appropriate and adequate for this setting.</p> <p>Weight- 10 points</p>
<p>Paper submitted to dropbox within 72 hours of the School Nurse shadow experience.</p> <p><i>Total Weight- 5 points</i></p>	<p>- Paper submitted to dropbox or discussion board late.</p> <p>Weight- 1 point</p>		<p>- Paper submitted to dropbox on time.</p> <p>Weight- 5 points</p>

Total Points _____