

N433 – Active Learning for Ambulatory Nurse Shadowing Experience

Complete this Active Learning activity after your clinical with the Ambulatory Clinic Nurse. Submit your completed assignment to the dropbox within 72 hours of this clinical rotation (Monday @ 2359).

Be sure you look at the attached rubric as you write up this assignment because it must be written with accurate grammar, spelling, and APA format for references. Your score will be based on this rubric. Each question must contain at least 100 words minimum.

1. How does this clinical site relate to the course?

The clinical site is a pediatric clinic. The clinical site relates to the course because the clinical side provides care for pediatric patients. The clinical site offers a number of services for pediatric patients such as newborn exams, physical exams, sports physicals, I mean isolations, growth and development services, immunization, and checkups. The course relates to the clinical side because it provides education to students about services that are provided by the clinical site for pediatric patients. The course teaches students about the growth and development of pediatric patients, how to examine different groups of pediatric patients, how to communicate with them, and how to provide care for different groups of pediatric patients.

2. How were you an engaged nursing professional today?

I was an engaged nursing professional in today's clinical by asking questions and observing my surroundings. I was able to learn about the role of a pediatric nurse. The nurse informed me that most of the day of a pediatric nurse is spent collaborating with other departments to provide quality care for patients. The nurse also spends most of her time communicating with patients to involve them in their own care. Involving patients in their own care allows nurses to provide the best possible care. I was able to also shadow some of the nurses' providing immunizations to 2-year-old twins. The nurses used the same technique as we learned in class. They injected the needles at the same time to reduce the amount of time they poke the patients.

3. How did you contribute to the service provided by the clinic nurse today?

I contributed to the service provided by the clinic by engaging and helping the CMA's during some of the physical exams. I was only allowed to shadow for the day but I was able to direct patient to rooms and open doors for patients. I was also able to provide therapeutic care through therapeutic communication. During my time at clinicals I was able to provide as much care as I can two at least three patients that I shadowed with the nurses. I also helped the nurse with scheduling medication for patients. The nurse needed to set up dates that patients can pick up their medications at pharmacies. We had to calculate from the time the patient was prescribed the medication and the next time they would need to pick up the next medication.

4. Name **3** ways this clinical site impacts Pediatric health?

The clinical site impacts pediatric health in many ways. the clinical site offers pediatric patients immunizations to prevent the spread of certain infections. the clinical site also offers newborn and infant care two to three days after the coming home from the hospital. as mentioned in the first paragraph the clinical site is a pediatric clinic it provides care for a range of pediatric patients. The clinical site can provide sports physicals, school physical exams, And many other

services for pediatric patients. The clinical site prevents the spread of infectious diseases That affect pediatric health by educating parents and pediatric patients that are of age about the benefits of immunizations.

5. What are the health risks of the population served during today's clinical based on your observations today?

pediatric patients have many health risks but during today's clinical and based on my observation today, I have concluded that allergies a health risk for the pediatric population. A mother brought in her baby because she was having an allergic reaction to the breast milk. When the mother feeds the baby breast milk the baby develops pruritus. The baby scratches until it bleeds. The nurses assessing the baby stated that the baby scratched so much that the padding on the bed was completely covered in blood and blood was dripping down the baby's face. Another pediatric patient that came in complained of difficulty breathing during strenuous activity such as running. The patient has allergies that activated when the patient is in stress. The patient communicated to the nurse that he needed his allergy medication in order to participate in physical activities such as PE and other sports. Allergies are not the only risk factors for pediatric patients but allergies are what I observed today in clinicals.

6. Choose one of the health risks identified in question 5 and develop a plan of care to address this. Include a Nursing diagnosis, a measurable goal, and at least 3 Nursing interventions to achieve this goal.

Allergies are a risk factor that I've chosen. The nursing diagnosis for the plan of care is ineffective airway clearance related to obstruction or presence of thicken secretions as evidenced by shortness of breath. a measurable goal for the plan of care is the patient O2 sat will remain with normal range after allergy medication administration. Nursing interventions for this nursing diagnosis are Identify the type of allergic reaction and the cause of the allergic reaction. Provide the patient with a prescribed nasal spray or albuterol for allergies. Educate the patient and parents on how to use nasal sprays by blowing their nose first and then administering the medication. Educate parents about cleaning the house, furniture, and equipment to remove dust and other pollens because they can cause allergic reactions (Phelps, L. 2020).

7. How will your experience during the Ambulatory Clinic job shadowing impact your Nursing practice?

My experience at the clinical site has shown the importance of utilizing evidence-based practices. I watched nurses use evidence based practice when giving immunizations to twins by doing injections at the same time. This practice minimizes the number of pokes. This experience has impacted my nursing practice because I will implement evidence-based practice into my nursing practice. Implementing evidenced based practices will allow to provide the best possible care my patients need. I learned the importance of the interprofessional team. The interprofessional team makes providing care possible and can either slow the flow or speed up the flow. I noticed that the nurse that I was shadowing spent the majority of her time waiting for the providers to respond before she can take any further action. This experience has also impacted the way view communication. I noticed that communication is very important for not just communicating with patients but with interprofessional team too.

References:

Phelps, L. L. (2020). *Sparks & Taylor's Nursing Diagnosis Reference Manual* (11th ed.). Wolters Kluwer.

N433 Grading Rubric Nurse Shadowing Clinical Paper
50 Total Points Possible

CRITERION	POOR	FAIR	GOOD
-Concise and Complete	- Content is incomplete. - Major points are not clear and /or persuasive	- Content is not comprehensive and /or persuasive. - Major points are addressed but not well supported. - Research is inadequate or does not address course concepts.	- Content is comprehensive, accurate, and persuasive. - Major points are stated clearly and are well supported. - Content and purpose of the writing are clear.
Total Weight- 5 points	Weight-1 point	Weight- 3 points	Weight- 5 points
Critique of	- Organization and structure	- Structure of the paragraphs is	- Structure of the paragraphs is clear

<p>experience-Evaluation and Rationale for your comments</p> <p><i>Total Weight- 10 points</i></p>	<p>detract from the message of the writer.</p> <ul style="list-style-type: none"> - Paragraphs are disjointed and lack transition of thoughts. - Lack of evaluation and rationale for comments <p>Weight- 1 point</p>	<p>not easy to follow.</p> <ul style="list-style-type: none"> - Paragraph transitions need improvement. - Lack of adequate evaluation and rationale for comments <p>Weight- 5 points</p>	<p>and easy to follow.</p> <ul style="list-style-type: none"> - Good evaluation and rationale for comments <p>Weight- 10 points</p>
<p>Thoughtful Reflection- How will this affect your practice, or will it?</p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> - Paper lacks many elements of correct formatting. - Paragraphs are inadequate or excessive in length. - Unspecific as to how this experience will impact your nursing practice or not. <p>Weight- 1 point</p>	<ul style="list-style-type: none"> - Paper follows most guidelines. - Paper is over/ under word length. - Lacks some specifics as to how this experience will impact your nursing practice or not. <p>Weight-5 points</p>	<ul style="list-style-type: none"> - Paper follows designated guidelines. - Paper is the appropriate length as described for the assignment. - States clearly as to how this experience will impact nursing practice or not and why. <p>Weight-10 points</p>
<p>APA Format Correct spelling/Grammar.</p> <p>Must use 1 scholarly reference (published within the last 5 years)</p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> - Lack of APA format. - Paper contains numerous grammatical, punctuation, and spelling errors. - Language uses jargon or conversational tone - Lack of APA citation use and a Reference page for references used. <p>Weight- 1 point</p>	<ul style="list-style-type: none"> - Inappropriate APA format. - Paper contains few grammatical, punctuation, and spelling errors. - Language lacks clarity or includes the use of some jargon or conversational tone. - Inappropriate APA citation use and a Reference page for references used. <p>Weight- 5 points</p>	<ul style="list-style-type: none"> - Correct APA format. - Rules of grammar, usage, and punctuation are followed; spelling is correct. - Language is clear and precise; sentences display consistently strong, varied structure - Correct APA citation and a Reference page for references used. <p>Weight- 10 points</p>
<p>Nursing diagnosis is appropriate for this setting; goal/outcome is measurable; Nursing interventions are appropriate and thorough.</p> <p><i>Total Weight- 10 points</i></p>	<p>ND is inaccurate for the setting; goal/outcome is not measurable, and Nursing interventions are inappropriate or inadequate.</p> <p>Weight- 1 point</p>	<ul style="list-style-type: none"> - ND accurate for the setting; goal/outcome is not measurable, OR Nursing interventions are inappropriate or inadequate. <p>Weight- 5 points</p>	<ul style="list-style-type: none"> - ND accurate for the setting; goal/outcome is measurable; Nursing interventions appropriate and adequate for this setting. <p>Weight- 10 points</p>
<p>Paper submitted to dropbox within 72 hours of the School Nurse shadow experience.</p> <p><i>Total Weight- 5 points</i></p>	<ul style="list-style-type: none"> - Paper submitted to dropbox or discussion board late. <p>Weight- 1 point</p>		<ul style="list-style-type: none"> - Paper submitted to dropbox on time. <p>Weight- 5 points</p>

Total Points _____