

N321 Adult Health I

Clinical Reflection Form

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Mid Term Journal

1. Discuss how you are feeling so far in clinical?

For me clinical in N321 Adult Health is very good, dynamic and interesting. I visited several departments and I feel just fine about all of those. It is very good, not overwhelming at all, experience. I am especially interested in how different departments function. What are the different roles of nurses who work there. I enjoyed being involved in work everywhere, even just for a short time.

2. What have been good experiences?

The good experience was that I visited several hospital departments and got informed about different duties nurses have there. I was well accepted by staff and felt as part of their team. That gave me a good feeling and self-confidence. Nurses would explain to me what they were doing and why. Sometimes I would get an opportunity to help and that was great because that made me feel useful. And at the end of my clinical I always wanted to stay there and work some more.

3. Have there been any bad experiences? Could be you nervous about a skill or communication?

I did not have bad experiences. For me any experience, bad or good, is just an experience I wisely use to learn something from it.

4. Do you need to talk with anyone in private to discuss clinical?

No I do not need to talk with anyone in private at this time.

5. Is there anything else you would like to mention? No, I have nothing to add. Thanks.