

N321 Adult Health I

Clinical Reflection Form

Name: Shanique Williams

Date: 2/28/2023

Mid Term Journal

1. Discuss how you are feeling so far in clinical?

I feel good about clinicals, I do want to learn more so that I am prepared for the real thing. I do want to learn more so that I know how to take care of the client properly.

2. What have been good experiences?

Learning new things is always good when in clinical, I feel that doing the rotations helps you to learn different types of nursing. Interacting with the clients and getting to know why they're there and then using your knowledge to figure out why labs are off or why they are having diagnostic testing.

3. Have there been any bad experiences? Could be you nervous about a skill or communication?

I haven't had any bad experiences because everyone has been mostly helpful. But I will say communicating with the patient and educating them on what to do at home after their stay can be scary. I had the experience of educating a client about blood clots and I was nervous because I felt I was unprepared in giving her proper education.

4. Do you need to talk with anyone in private to discuss clinical?

I don't need to speak with anyone in private I feel as though my questions get answered when I need anything, and I get the help I need.

5. Is there anything else you would like to mention?

I don't have anything specific I would like to address, I feel as though my questions will come as I go and learn.