

N321 Adult Health I

Clinical Reflection Form

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Mid Term Journal

1. Discuss how you are feeling so far in clinical?

*This semester's clinical for Adult Health I gives me more confidence in myself as a novice nurse. As we finished half of the semester, the skills I gained in the first semester helped deliver therapeutic care to the clients. The previous anxiety is now replaced by the confidence that the clinical instructor has our backs and the support of all the staff nurses we get to work with.*

2. What have been good experiences?

*The rotation in different hospital areas gave me a better understanding of nursing in different ways. So far, I have worked in the Cancer Center, Post Anesthesia Care Unit, Emergency Department, and Medical & Surgical Floor. Wherever I am rotating, I make sure to get involved in delivering care to the clients. The staff nurses have been so supportive that they answer my queries about their jobs and areas of expertise and teach me new skills based on their experiences in nursing.*

3. Have there been any bad experiences? Could you be nervous about a skill or communication?

*So far, I have encountered one not so good experience in the Emergency Department. The charge nurse did not assign me to a staff nurse. I took it upon myself to look for a nurse to help, found a barely new nurse, and decided to be with him. He did not know what I was there for. I told him that I would help him with whatever he needed. He had been working in the Emergency Department for only a year. Instead of teaching me what to do, we tackled the client and the tasks as an underexperienced team. The client was a DNR client and passed away. I sincerely thought we had to do post-mortem care, but we did not. He took all the client's lines without me by his side.*

*The only time I could handle the client was when the funeral home needed help transferring the client into their own gurney. Later that afternoon, he had another hypothermic client experiencing episodes of sinus tachycardia. He was so flustered that he instructed me several times to call on the charge RN and the ED provider. As the client's vitals were getting out of control, the nurse called the client by my name. I tried correcting him, but he kept calling the client by my name. It made me more anxious instead. Was my decision to stick with him the best idea? Probably not, but I told myself I would learn from this experience instead and reflect on how I could have improved it.*

4. Do you need to talk with anyone in private to discuss clinical?

*I don't think having a private conversation with anyone regarding clinical problems is necessary. This clinical is supposed to be an eye opener and a way for us student nurses to experience real world nursing problems. Regardless of if those experiences are great, not so*

*great, or the worst kind of experience, it is supposed to teach us how to handle real life nursing situations and how to react to the situation to the best of our critical thinking abilities.*

5. Is there anything else you would like to mention?

*I just wish there was a way for a formal education or training regarding the Electronic Health Record (EHR) to be included in the nursing curriculum. I know there are numerous kinds of EHR, and there is no one basic or standard way to learn how to use them. Sometimes navigating through the multiple data and ways to access these is a struggle.*