

RanceyRae

*Mental Health Assessment Tools*

SW

**CAGE QUESTIONNAIRE**

quit

- 1. Have you ever felt you ought to **CUT** down on your drinking? **YES/NO**
2. Have people **ANNOYED** you by criticising your drinking? **YES/NO**
3. Have you ever felt **GUILTY** about your drinking? **YES/NO**
4. Have you ever had a drink in the **MORNING** to alleviate withdrawal symptoms, or get rid of a hangover (Eye-opener)? **YES/NO**

**SCORING**

**Two or more positive responses = probable alcohol problem**