

## Physical Exam/Assessment

**General:** Patient is alert and oriented to person, place, time, and situation. Patient is well-groomed and is in no acute distress.

**Integument:** skin is tanned. Skin is warm and dry, with no rashes or bruising, **patient did have swelling, and redness in right knee.** capillary refill is less than 3 seconds in toes and fingers.

**HEENT:** Head and neck are symmetrical, trachea is midline with no deviation, ears were free of any drainage, external left ear and external right ear were without lesions noted. Both PERRLA and EOMs are intact. Conjunctivae are pink bilaterally; sclera are white bilaterally and cornea are clear bilaterally. Septum is midline, bilateral turbinate's are pink and moist. Mouth/Throat Pink and moist gums. The dentition is white, smooth, and complete, with no dentures.

**Cardiovascular:** Clear S1 and S2 sounds without murmurs, rubs, or gallops. Capillary refill is less than 3 seconds. Radial pulse regular.

**Respiratory:** Lungs are without crackles, or wheezing, rhonchi. Patient seem to be breathing normal and wasn't in any distress

**Genitourinary:** Patient gets up to use restroom could not obtain the color, or abnormality or urine color, she reported she had been up once to use rest room with assistance.

**Gastrointestinal:** The patient eats a regular diet. Bowel sound are normal with no distention, abdomen is soft and nontender to palpations, no rebound tenderness, no guarding.

**Musculoskeletal:** full range of motion in all extremities, **right leg has pain, with redness, and swelling,** Right and left pedal push and pulls demonstrate equal strength 5/5 bilaterally. Hand grips demonstrate 5/5 bilaterally.

**Neurological:** Patient is alert and awake and responds to questions. Oriented to person, place, time, and situation, speech is clear.

**Most recent VS (include date/time and highlight if abnormal):**

**1500:** Blood pressure: 96/56      Temperature: 98.2      Oxygen: 98 at room air      Respiration: 18

**Pain and pain scale used:**

**1500:** **the patient rates pain at a 5 in right knee on the numeric scale.**

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Impression: No acute Disease

Patient appearing in acute distress, ill appearing, toxic, appearing and diaphoretic.  
reason for chest X ray, patient is sepsis.

**References (3) (APA):**

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