

## N433 – Active Learning for Ambulatory Nurse Shadowing Experience

Complete this Active Learning activity after your clinical with the Ambulatory Clinic Nurse. Submit your completed assignment to the dropbox within 72 hours of this clinical rotation (Monday @ 2359). **Be sure you look at the attached rubric as you write up this assignment because it must be written with accurate grammar, spelling, and APA format for references. Your score will be based on this rubric. Each question must contain at least 100 words minimum.**

1. How does this clinical site relate to the course?

The Carle pediatric clinic related to the infant, child, and adolescent course because all for the patients are of pediatric. The Carle clinic typically has two or three nurses, a certified medical assistant, and 2 providers in house Monday through Friday. While observing the nurses in the clinic it is noted that their jobs are different than those of nurses in a hospital. The nurses in the clinic handle items such as referrals and immunizations. This student nurse observed the clinic nurse's duties such as charting, triaging, and consulting with the provider. The nurses at Carle clinic promote the health of children through well-visits, vaccines, and potentially referrals to specialists. The nurse is also noted to confer with other facilities and pharmacies as well.

2. How were you an engaged nursing professional today?

This nursing student was an engaged nursing professional during clinical by showing up ten minutes prior to the beginning of clinical to ensure that the correct clinic and nurse was found. This student was respectful to both staff and patients. Ashley asked many questions and participated in any aspect of patient care that she could. Ashley made sure to follow both the nurse and certified medical assistant to gain as much experience as possible. Ashley looked at patient assignment a head of time to have an idea of what kind of patients come in. The nurses do spend quite a bit of time at the desk unless direct patient care is needed such as immunizations. Ashley did not participate in administering the actual immunizations

because efficiency and speed are important with vaccinating children to make it as non-traumatic as possible.

3. How did you contribute to the service provided by the clinic nurse today?

This nursing student contributed to the nurses service by being an active participant. Ashley collected supplies such as band aids, alcohol wipes, and patient stickers. Ashley also spoke with the children in hopes to distract them from their immunizations. Ashley offered help to the parents of the children including helping pick up dropped items and move items out of the way to ensure safety. Ashley helped remove garbage from vaccinations from the room and help change the paper on the exam beds. Ashley also engaged with the nurse and CMA on what are the best techniques for children's vitals and immunization administration. Both the nurse and CMA are well versed in making the patient comfortable and immunizations fast and easy.

4. Name 3 ways this clinical site impacts Pediatric health?

The Carle pediatric clinic impacts the health of the local pediatric community in many ways. The clinic administers vaccines to prevent diseases, monitoring the growth and development of their patients, and can assess and diagnose acute or chronic illnesses. The nurses and CMA give immunizations everyday to numerous patients. The nurses also monitor the growth and development of the children and refer them to specialists if needed. They promote well-visits often to ensure that children are making the correct milestones. These milestones can be both physical and mental but both are equally important because regression can be a sign of underlying problems. The Carle clinic makes access to healthcare easy through MyCarle or calling the department. Having this access from home can help those who have non-critical questions answered.

5. What are the health risks of the population served during today's clinical based on your observations today?

The nursing student experienced a health risk seen in three different patients during the clinical time. A parent sent a message to the nurse regarding their infants right eye. There was redness, discharge and swelling noted. Two other patients who came in had eye infections. In regards to the message, the nurse was able to confer with the provider and schedule an appointment for Monday, but explained that if it worsens they can seek emergency care. The children seen in the clinic were expected to make a recovery as they were treated for “pink eye”

6. Choose one of the health risks identified in question 5 and develop a plan of care to address this. Include a Nursing diagnosis, a measurable goal, and at least 3 Nursing interventions to achieve this goal.

The care plan for an infection related to conjunctivitis as evidenced by eye drainage and periorbital swelling, includes education, health promotion and medication. The patient and parents should be educated on how to prevent the spread of conjunctivitis including hand washing and medication compliance. The parents should also be educated on the signs of worsening infection and when to bring the patient back in. The parents should ensure that the patient is not touching the affected area or the un-infected eye (Phelps,2020). Medications should be administered in the correct doses and on the correct schedule. The goal for the patient is to have notable improvement of the swelling within the next week.

7. How will your experience during the Ambulatory Clinic job shadowing impact your Nursing practice?

This nursing students experiences in the pediatric clinic gave new insight to what it is like to be a clinic nurse. Ashley got to experience the importance of distraction and calming voice with pediatric patients. The nurse Dana was able to educate Ashley on the differing

aspects of clinic care versus hospital care and pediatric care versus adult care. This student nurse has gained a higher appreciation for the clinic and pediatric nursing in general. Ashley does not want to pursue this field of nursing but can appreciate it and take some of the techniques with. Clinics are a huge requirement in the upkeep of health and should be valued for that.

### References

Phelps, L.L. (2020). *Sparks and Taylor's nursing diagnosis reference manual* (11<sup>th</sup> ed.). Wolters Kluwer.

### N433 Grading Rubric Nurse Shadowing Clinical Paper 50 Total Points Possible

CRITERION	POOR	FAIR	GOOD
<b>-Concise and Complete</b>	<ul style="list-style-type: none"> <li>- Content is incomplete.</li> <li>- Major points are not clear and /or persuasive</li> </ul>	<ul style="list-style-type: none"> <li>- Content is not comprehensive and /or persuasive.</li> <li>- Major points are addressed but not well supported.</li> <li>- Research is inadequate or does not address course concepts.</li> </ul>	<ul style="list-style-type: none"> <li>- Content is comprehensive, accurate, and persuasive.</li> <li>- Major points are stated clearly and are well supported.</li> <li>- Content and purpose of the writing are clear.</li> </ul>
<i>Total Weight- 5 points</i>	<b>Weight-1 point</b>	<b>Weight- 3 points</b>	<b>Weight- 5 points</b>
<b>Critique of experience-Evaluation and Rationale for your comments</b>	<ul style="list-style-type: none"> <li>- Organization and structure detract from the message of the writer.</li> <li>- Paragraphs are disjointed</li> </ul>	<ul style="list-style-type: none"> <li>- Structure of the paragraphs is not easy to follow.</li> <li>- Paragraph transitions need improvement.</li> </ul>	<ul style="list-style-type: none"> <li>- Structure of the paragraphs is clear and easy to follow.</li> <li>- Good evaluation and rationale for comments</li> </ul>

<p><b>Total Weight- 10 points</b></p>	<p>and lack transition of thoughts. - Lack of evaluation and rationale for comments <b>Weight- 1 point</b></p>	<p>- Lack of adequate evaluation and rationale for comments <b>Weight- 5 points</b></p>	<p><b>Weight- 10 points</b></p>
<p><b>Thoughtful Reflection- How will this affect your practice, or will it?</b></p> <p><b>Total Weight- 10 points</b></p>	<p>- Paper lacks many elements of correct formatting. - Paragraphs are inadequate or excessive in length. - Unspecific as to how this experience will impact your nursing practice or not. <b>Weight- 1 point</b></p>	<p>- Paper follows most guidelines. - Paper is over/ under word length. - Lacks some specifics as to how this experience will impact your nursing practice or not. <b>Weight-5 points</b></p>	<p>- Paper follows designated guidelines. - Paper is the appropriate length as described for the assignment. - States clearly as to how this experience will impact nursing practice or not and why. <b>Weight-10 points</b></p>
<p><b>APA Format Correct spelling/Grammar.</b></p> <p><b>Must use 1 scholarly reference (published within the last 5 years)</b></p> <p><b>Total Weight- 10 points</b></p>	<p>- Lack of APA format. - Paper contains numerous grammatical, punctuation, and spelling errors. - Language uses jargon or conversational tone - Lack of APA citation use and a Reference page for references used. <b>Weight- 1 point</b></p>	<p>- Inappropriate APA format. - Paper contains few grammatical, punctuation, and spelling errors. - Language lacks clarity or includes the use of some jargon or conversational tone. - Inappropriate APA citation use and a Reference page for references used. <b>Weight- 5 points</b></p>	<p>- Correct APA format. - Rules of grammar, usage, and punctuation are followed; spelling is correct. - Language is clear and precise; sentences display consistently strong, varied structure - Correct APA citation and a Reference page for references used. <b>Weight- 10 points</b></p>
<p><b>Nursing diagnosis is appropriate for this setting; goal/outcome is measurable; Nursing interventions are appropriate and thorough.</b></p> <p><b>Total Weight- 10 points</b></p>	<p>ND is inaccurate for the setting; goal/outcome is not measurable, and Nursing interventions are inappropriate or inadequate. <b>Weight- 1 point</b></p>	<p>- ND accurate for the setting; goal/outcome is not measurable, OR Nursing interventions are inappropriate or inadequate. <b>Weight- 5 points</b></p>	<p>- ND accurate for the setting; goal/outcome is measurable; Nursing interventions appropriate and adequate for this setting. <b>Weight- 10 points</b></p>
<p><b>Paper submitted to dropbox within 72 hours of the School Nurse shadow experience.</b></p> <p><b>Total Weight- 5 points</b></p>	<p>- Paper submitted to dropbox or discussion board late. <b>Weight- 1 point</b></p>		<p>- Paper submitted to dropbox on time. <b>Weight- 5 points</b></p>

**Total Points \_\_\_\_\_**