

## **Noticing**

What did you notice during your mental status examination of the client? Were there any assessments that were abnormal or that stood out to you?

One thing that I noticed was that he was very energetic. He would talk a lot with other kids in the group however he would also talk over the instructor. Even if he got in trouble he was still very energetic though and did not ever get mad at himself or sad, he was still very giddy and in an overall good mood.

## **Interpreting**

If something stood out to you or it was abnormal, explain its potential cause or patterns that you noticed. Describe any similar situations you have experienced /as well as the similarities or differences between the experiences. If your interpretation of the situation links to pathophysiology at all if so briefly explain.

One thing that I thought was kind of abnormal was when he would get in trouble by the instructor his behavior or mood would not change at all. The cause for this could be simply the lack of discipline from home, this could mean that his parents are not around as much as they should be. Whenever I would get in trouble as a kid I would usually be kind of upset, or if I wasn't upset I would at least change the behavior.

## **Responding**

What additional assessment information do you need based upon your interpretation? What can you do as a nursing student? What did you do? What therapeutic communication techniques did you utilize?

Additional information I would need would be what his life at home is like. As a nursing student I can ask the kid some questions or I could go to his records and see if anything is in there. What I did was ask a few questions and went to his record book to see if I could find anything. When I asked him questions though I used open ended questions, and active listening.

## **Reflecting**

What is something that you learned? What is something that you might do differently in the future? What is something that you did well? What additional knowledge or skills do you need to help you with future situations like this. Describe any changes in your values or feelings based on this interaction.

One thing that I learned was that all people have different ways of dealing with doing something wrong. One thing that I may try to do different is to try and intervene more and see why they are behaving a certain way. One thing that I did well was that I engaged with everyone in the group well. I think having more experience will help me in the future. After this experience I think I enjoy working with kids quite a bit.