N433 – Active Learning for Ambulatory Nurse Shadowing Experience

Complete this Active Learning activity after your clinical with the Ambulatory Clinic Nurse. Submit your completed assignment to the dropbox within 72 hours of this clinical rotation (Monday @ 2359). **Be sure you look at the attached rubric as you write up this assignment because <mark>it must be written with accurate grammar, spelling, and APA format for references.</mark> Your score will be based on this rubric. <mark>Each question must contain at least 100 words minimum.</mark>**

1. How does this clinical site relate to the course?

   Today I was able to visit the pediatric clinic for rotation. This experience for me was enriching, this past week in class we learned about assessments and I was able to see that performed on several ages while visiting the clinic. At this clinic, I was able to see a wide variety of age ranges and evaluate how the CMA interacted with each of them differently. She performed all of the same tasks with each patient, but her approach changed based on the child's age. For example, we saw a two-day-old and the CMA was genital and spoke softly, whereas with the three-year-old she was playful and explained everything.

2. How were you an engaged nursing professional today?

   Unfortunately at this clinic, the CMA didn't let me perform any of the assessments on the patients we saw in the office. I did however go into the rooms with the patients and she explained what and why she was doing during her assessments and answered any questions when asked. I was able to distract some of the younger clients while they received their vacations and interact with their parents. The engagement wasn't a strength of mine today, not because I didn't want to be more present but because I wasn't allowed. I did try however try to engage when I was allowed with each patient.

3. How did you contribute to the service provided by the clinic nurse today?

   As expressed in the previous question I was not allowed to perform any assessments on the patients we saw. I would say I was more moral support for the CMA and any scared patients during vaccinations and assessments. I found it hard to contribute in a meaningful way, I wish this was different. I did however offer to help hold babies and get vitals. Sadly this wasn't allowed, I hope that by giving feedback that this will change. I informed the CMA that I could be more helpful, but she assured me that she didn't need me to help. I feel I made up for my lack of hands on care by asking questions.

4. Name **3** ways this clinical site impacts Pediatric health?

   The geographic location of this clinic is probably the largest impact this clinic makes on pediatric health. This clinic is located in an impoverished area of Vermillion County, the poverty rate in this area is 20.9% in comparison to other cities of its size in the country sitting at around a 12% poverty average (Stebbins, 2022). Equipping this community with pediatric services is an asset, Carle Health offers education, flu clinics, and convenient pediatric services to a

needed often forgotten demographic. By offering education this clinic helps this community understand and attain basic health needs for their children. They also provide an alternative option for health care outside of the local health department.

5. What are the health risks of the population served during today's clinical based on your observations today?

   I believe that the largest health risk for this population is a lack of healthcare resources. For example, some of the patients seen today had to drive from other towns in the next state to be seen. With a lack of resources comes a lack of education and with this being an impoverished area the means to make it to appointments may be limited. Some of the children seen today were brought to the office after being sick for a lengthy amount of time, this poses a threat to the child's overall health. Upon talking with the nurse it seems this happens often and is due to a lack of transportation to the facility.

6. Choose one of the health risks identified in question 5 and develop a plan of care to address this. Include a Nursing diagnosis, a measurable goal, and at least 3 nursing interventions to achieve this goal.

   Ineffective Health Maintenance is related to a lack of access to resources (Wagner, 2022). I chose this diagnosis because of the impoverished demographic I saw at the clinic during my visit. A measurable goal would be to look at who is making appointments and keeping them as opposed to resources available. To look at who can make it to the appointments and who is struggling to find the resources to access health care. Some interventions that could be implemented are the use of telemedicine, shuttle services, and education from hospital social services (Five key barriers to healthcare access in the United States 2023).

7. How will your experience during the Ambulatory Clinic job shadowing impact your Nursing practice?

   My experience during the ambulatory clinic job shadowing has shown me that there are communities overlooked that need help when it comes to resources. Resource availability has always been important to me, but I never looked at it from the standpoint of routine checkups and small doctor's visits. In the hospital setting we have social service workers that help with facilitating external needs, in the clinic setting this is a little more difficult. I would like to see this liaison and moving forward if I should find myself in a clinic I would advocate for the need for social service.

References

Five key barriers to healthcare access in the United States. Back to the top. (n.d.). Retrieved February 18, 2023, from https://www.wolterskluwer.com/en/expert-insights/five-key-barriers-to-healthcare-access-in-the-united-states

Stebbins, S. (2022, September 24). *Danville, il ranks as one of the poorest big cities in the country*. The Center Square. Retrieved February 18, 2023, from https://www.thecentersquare.com/illinois/danville-il-ranks-as-one-of-the-poorest-big-cities-in-the-country/article_d8cb2ea6-eee1-5686-acd2-724aaa8c493d.html

Wagner, M. (2022, December 9). *Ineffective health maintenance nursing diagnosis & care plan*. Nurse Together. Retrieved February 18, 2023, from https://www.nursetogether.com/ineffective-health-maintenance-nursing-diagnosis-care-plan/

N433 Grading Rubric Nurse Shadowing Clinical Paper
50 Total Points Possible

CRITERION	POOR	FAIR	GOOD
-Concise and Complete *Total Weight- 5 points*	- Content is incomplete. - Major points are not clear and /or persuasive **Weight-1 point**	- Content is not comprehensive and /or persuasive. - Major points are addressed but not well supported. - Research is inadequate or does not address course concepts. **Weight- 3 points**	- Content is comprehensive, accurate, and persuasive. - Major points are stated clearly and are well supported. - Content and purpose of the writing are clear. **Weight- 5 points**
Critique of experience-Evaluation and Rationale for your comments *Total Weight- 10 points*	- Organization and structure detract from the message of the writer. - Paragraphs are disjointed and lack transition of thoughts. - Lack of evaluation and rationale for comments **Weight- 1 point**	- The structure of the paragraphs is not easy to follow. - Paragraph transitions need improvement. - Lack of adequate evaluation and rationale for comments **Weight- 5 points**	- The structure of the paragraphs is clear and easy to follow. - Good evaluation and rationale for comments **Weight- 10 points**
Thoughtful Reflection- How will	- Paper lacks many elements of correct formatting.	- Paper follows most guidelines. - Paper is over/ under word	- Paper follows designated guidelines. - Paper is the appropriate length as

this affect your practice, or will it? *Total Weight- 10 points*	- Paragraphs are inadequate or excessive in length. - Unspecific as to how this experience will impact your nursing practice or not. **Weight- 1 point**	length. - Lacks some specifics as to how this experience will impact your nursing practice or not. **Weight-5 points**	described for the assignment. - States clearly how this experience will impact nursing practice or not and why. **Weight-10 points**
APA Format Correct spelling/Grammar. <mark>**Must use 1 scholarly reference (published within the last 5 years)**</mark> *Total Weight- 10 points*	- Lack of APA format. - Paper contains numerous grammatical, punctuation, and spelling errors. - Language uses jargon or conversational tone - Lack of APA citation use and a Reference page for references used. **Weight- 1 point**	- Inappropriate APA format. - Paper contains few grammatical, punctuation, and spelling errors. - Language lacks clarity or includes the use of some jargon or conversational tone. - Inappropriate APA citation use and a Reference page for references used. **Weight- 5 points**	- Correct APA format. - Rules of grammar, usage, and punctuation are followed; spelling is correct. - Language is clear and precise; sentences display consistently strong, varied structure - Correct APA citation and a Reference page for references used. **Weight- 10 points**
Nursing diagnosis is appropriate for this setting; goal/outcome is measurable; Nursing interventions are appropriate and thorough. *Total Weight- 10 points*	ND is inaccurate for the setting; the goal/outcome is not measurable, and Nursing interventions are inappropriate or inadequate. **Weight- 1 point**	- ND accurate for the setting; goal/outcome is not measurable, OR Nursing interventions are inappropriate or inadequate. **Weight- 5 points**	- ND accurate for the setting; goal/outcome is measurable; Nursing interventions appropriate and adequate for this setting. **Weight- 10 points**
Paper submitted to dropbox within 72 hours of the School Nurse shadow experience. *Total Weight- 5 points*	- Paper submitted to dropbox or discussion board late. **Weight- 1 point**		- Paper submitted to dropbox on time. **Weight- 5 points**

Total Points _____