

## N431 Adult Health II

### Clinical Reflection Form

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Clinical Rotation Site: CCU Carle

1. Briefly write about today's experience(s)
  - During my clinical rotation to the ICU, I practiced some skills and witnessed new skills by the nurses. The nurse I was paired with was amiable and allowed me to care for his two patients hands-on. I cared for two different types of patients whose health was opposite to one another. For instance, one patient was on a ventilator while the other was getting transferred off the ICU floor to a different room in the hospital. Then, we helped change the linen and clean the patient who was on the ventilator.
  
2. What is one thing you learned?
  - With the patient on a ventilator, I learned how to check all the I.V. tubing and ensure the pumps were running at the set rate. I also learned how to titrate a new medication into the patient's midline. Then, a traveler nurse let me into the room of another patient who needed an emergency I.V. medication, and he showed me how to give it to her immediately! Another patient was in for surgery and will be transferred to another floor. I could walk with that patient to the bathroom, from the chair to the bed, and give medication.
  
3. What is one thing you would do differently?
  - This was the first time I floated to the CCU/ICU floor. So, nothing comes to mind about what I would have done differently. I am glad I could be pulled into a different patient's room to witness and learn something new. The staff were amiable and answered any questions I had. Also, I felt like this experience was good for my first one.
  
4. What is your major "take home" from today's clinical experience(s)?
  - One major "take home" experience from this clinical was that every patient on the ICU floor has different levels of health and needs different levels of care. I also learned that when a patient is a victim of violence or domestic abuse, they give that patient a fake name and age. For example, I noticed on the board that there was a

person who was over the age of 100. I could not believe my eyes, so I asked the nurse whom I was paired with, and he explained that to me. Although these are not “take away” skills, they were something I learned new that day!

5. Is there anything else you would like to mention?
  - I also learned that most of the nurses on the ICU floor only get one to two patients for the whole shift if one patient is critical and the other is not as much. Alternatively, if patients on the floor are not critical at all, but the hospital needs rooms for them, then the nurse could have three patients during that shift. This was something I did not know that they could do. I am very grateful for the experience I had! Everyone I encountered during my clinical day was amiable and helpful!