

N431 Adult Health II

Clinical Reflection Form

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Clinical Rotation Site: Radiology – Carle - Urbana

1. Briefly write about today's experience(s)

Today's experience was one of the best experiences that I have had a clinical so far. First, I followed Pat around and we got a patient admitted for MRI with anesthesia. I took this patient's vitals and assisted with an IV. I also got to see with this patient the process of how anesthesia is administered. Next, I got the opportunity to pass meds to a patient. I was able to retrieve (from the PIXUS) and administer Xanax (Samia was a dual sign off) to a patient to help relieve anxiety for claustrophobia from the MRI. Thirdly, I helped admit a patient who is scheduled for an MRI with any anesthesia. Nurse Derek let me go get the patient from the waiting room, do vitals on her, ask pre-op questions (when the last time was the patient had food or drink), and assist with an IV by helping to hold the patient's hand due to being fidgety. I then got to watch the process of administering anesthesia again. Next, I was able to practice my first IV on another patient. Luckily, I was able to get the IV stuck on my first try (both the patient and the nurse were very patient with me and gave positive feedback about being able to get the IV in on my first try). Samia even waked me through on how ti chart the administering of an IV in the patient's chart afterwards. Finally, I went up to CT with Pat, who we were help getting vitals for a patient who is receiving a cat scan and left kidney biopsy. This patient was claustrophobic and had high anxiety from the CT machine, so nurses helped assist with trying to get the patient to

deep breathe to calm down. Doctor Babcock noticed I was a nursing student, and took me aside showing me step by step how I biopsy is performed.

2. What is one thing you learned?

I learned a few different things during my time in radiology. Firstly, I learned about the process of anesthesia, how to prep and administer that (and the nurse's role during that time). Next, the nurses worked with me on practicing how to administer IV prior to me starting an IV on patient. Samia taught me that instead of a tourniquet a manual blood pressure cuff can be used to get veins to pop in an arm. Next, I learned that different procedures need different locations for the IV to be started. Finally, I learned how a biopsy is taken from a patient.

What is one thing you would do differently?

I feel confident with the skills that I was able to practice today. I feel that I need to learn more about what questions are specifically asked during pre-op. One physical skill that I can work on is using a tourniquet. I struggled to make it tight enough when I was practicing.

3. What is your major “take home” from today’s clinical experience(s)?

There is a lot more to nursing than just bedside nursing. I also learned that there are many steps involved in the process of radiology (starting IVs, time outs pre-procedure, and administering anesthesia). I also feel that this clinical experience will stick with me, because of the nurse's being so kind and promoting my learning and success.

4. Is there anything else you would like to mention?

All of the nurses in Radiology were beyond helpful and cared about my success as a future nurse. They all took their time with me, explaining why and how things work in detail, so I would know for future references.