

Why did you choose this additional assessment? What did you notice during your further evaluation of the client? Were there any assessments that were abnormal or that stood out to you?

I picked this additional assessment because, during the introduction, the patient stated that her reason for being at the pavilion was for suicide attempts. I noticed in the evaluation that the patient calmly explained her suicidal thoughts and attempts. The patient didn't seem shame or embarrassed about her situation. There was nothing that stood out or was abnormal to me.

If something stood out to you or was abnormal, explain its potential cause or patterns you noticed. Describe any similar situations you have experienced / as well as the similarities or differences between the experiences. Is your interpretation of the situation linked to pathophysiology at all? If so, briefly explain.

There was nothing that stood out or was abnormal. The patient has been at the pavilion for almost five months. That patient stated she was getting the help she needed. I never experience a situation dealing with suicidal thoughts or attempts. In high school, a friend felt like she didn't belong and nothing else mattered. That situation was similar to my patient's feelings because she felt nothing mattered. My interpretation of the situation is linked to pathophysiology because if a patient has a medical condition like depression that goes untreated, it is the most common condition associated with suicide.

What additional assessment information do you need based upon your interpretation? What can you do as a nursing student? What did you do? What could you do as a nurse?

The mental status exam was the additional assessment information I needed based on my interpretation. I think the patient's mental status for that day helped in the suicide risk screening tool. As a nursing student, I can let the charge nurse know the result of the patient's suicide risk screening tool. I told the patient about the 24/7 National Suicide Prevention Lifeline. As a nurse, I can make sure the patient has someone to talk to about her suicidal thoughts and is receiving the correct care for her needs.

What is something that you learned? What is something that you might do differently in the future? What is something that you did well? What additional knowledge or skills do you need to help you with future situations like this? Describe any changes in your values or feeling based on this interaction.

I learned that patients can appear happy, laugh at jokes, be involved in group activities, and receive help but still have suicidal thoughts. Something I did well was practice therapeutic communication with the patient by being an active listener to the patient's situation. I think some additional knowledge or skills I need to help me with future problems like this is to research suicidal thoughts and better understand what people with this illness go through.