

## Reflection Assignment

Noticing	Interpreting	Responding	Reflecting
<p>What did you notice during your mental status examination of the client? Were there any assessments that were abnormal or that stood out to you? During the mental status examination of the client, I had noticed the true compassion that this patient shared to people. The client opened up to me very quickly with her story. There were many assessments with her that were abnormal but I knew that from her chart, that she was indeed progressing positively.</p>	<p>If something stood out to you or it was abnormal, explain it's potential cause or patterns that you noticed. Describe any similar situations you have experienced / as well as the similarities or differences between the experiences. Is your interpretation of the situation links to pathophysiology at all, if so - briefly explain. The patients thoughts and behavior is what stood out most to me. I noticed the constant remains of suicidal plans, but the behavior that the patient displayed just didn't match the thoughts. I couldn't relate to this patient, but I still used therapeutic communication techniques. My interpretation of the situation is not linked to pathophysiology.</p>	<p>What additional assessment information do you need based upon your interpretation? What can you do as a nursing student? What did you do? What could you do as a nurse? What therapeutic communication techniques did you utilize? The additional assessment that I completed was the patient questionnaire. With being a nursing student, I used attentive listening skills, and maintained eye contact with the patient. As a nurse I would make sure that this patient was on suicide watch and had frequent assessments. The therapeutic communication that I utilized was, giving my patient recognition.</p>	<p>What is something that you learned? What is something that you might do differently in the future? What is something that you did well? What additional knowledge or skills do you need to help you with future situations like this. Describe any changes in your values or feelings based on this interaction. What I learned is that most patients really just want someone to talk to. In the future, I might be more open to listening to patients tell their stories. I thought that I had good conversation with my patient and was careful of her triggers. Reading the patients chart was extremely helpful for me.</p>