

Kelsy M.

1/27/23

#1

Noticing	Interpreting	Responding	Reflecting
Why did you choose this additional assessment? What did you notice during your additional assessment of the client? Were there any assessments that were abnormal or that stood out to you? I chose this additional assessment because that's what my patient wanted to talk about. With my additional assessment I noticed the patient getting frustrated with herself quickly. The fact that my patient kept bringing up feeling bad about herself made me feel very sad for her, and what she is going through.	If something stood out to you or it was abnormal, explain its potential cause or patterns that you noticed. Describe any similar situations you have experienced / as well as the similarities or differences between the experiences. Is your interpretation of the situation links to pathophysiology at all, if so - briefly explain. I noticed frequently that the patient would talk down on herself. I reminded her of the progress that she's made, and that I was proud of her. My interpretation of this is not linked to pathophysiology at all.	What additional assessment information do you need based upon your interpretation? What can you do as a nursing student? What did you do? What could you do as a nurse? Additional assessments would include drug/alcohol use. As a nursing student I asked her of substance use, & wrote that within my assessment, and asked her if she would like to talk about it at all. As a nurse, I could refer her to counseling or help her get into a group to help support her cessation.	What is something that you learned? What is something that you might do differently in the future? What is something that you did well? What additional knowledge or skills do you need to help you with future situations like this. Describe any changes in your values or feelings based on this interaction. I learned that many people may feel that they're not good enough, when they really are. People are too hard on themselves. I reassured the patient of her progression. I used eye contact to better connect with my patient, and to show her that she had my undivided attention.