

What is the priority action the nurse should take to assist Ms. Simpson's manifestations of anxiety? What other interventions are available for the nurse to try?

The priority action that the nurse should take is assess if the anxiety is from difficulty of breathing or chest pain. The nurse should assess ABCs. If assessment is WNL, the nurse should remain calm and reassure the patient, decrease stimuli, dim lights, have few people in the room, and if appropriate, offer some liquid.

Take notes here to describe the strengths and weaknesses of your own submission based on your review of the expert answer.

In the video, the questions that the nurse asked the client seem to aggravate the patient more. And the other nurse that popped in may have caused more stimuli to the client.