

Teaching Plan and Grading Rubric

Student Name: Alfonso Crane

Criteria	0 points	2.5 points	5 points	Comments
<p><u>Assessment of Client/Family</u></p> <ul style="list-style-type: none"> • Determines motivation for learning • Identifies barriers to learning • Discuss health beliefs/values • Discuss psychosocial and cognitive development 	<p>Missing 2 or more of the following:</p> <ul style="list-style-type: none"> • Determines motivation for learning • Identifies barriers to learning • Discuss health beliefs/values • Discuss psychosocial and cognitive development 	<p>Missing 1 of the following:</p> <ul style="list-style-type: none"> • Determines motivation for learning • Identifies barriers to learning • Discuss health beliefs/values • Discuss psychosocial and cognitive development 	<p>Includes complete information of all criteria:</p> <ul style="list-style-type: none"> • Determines motivation for learning • Identifies barriers to learning • Discuss health beliefs/values • Discuss psychosocial and cognitive development 	
Criteria	0 points	2.5 points	5 points	Comments
<p><u>Nursing Diagnosis and Goal of Teaching</u></p> <ul style="list-style-type: none"> • 1 nursing diagnosis identified in proper formatting • 1 goal of teaching identified 	<p>Missing 2 of the following:</p> <ul style="list-style-type: none"> • 1 nursing diagnosis identified in proper formatting • 1 goal of teaching identified 	<p>Missing 1 of the following:</p> <ul style="list-style-type: none"> • 1 nursing diagnosis identified in proper formatting • 1 goal of teaching identified 	<p>Includes complete information of all criteria:</p> <ul style="list-style-type: none"> • 1 nursing diagnosis identified in proper formatting • 1 goal of teaching identified 	
Criteria	0 points	2.5 points	5 points	Comments
<p><u>Interventions</u></p> <ul style="list-style-type: none"> • Discuss 3 interventions to be included in teaching • Relate interventions to meeting the teaching goal 	<p>Missing 2 of the following:</p> <ul style="list-style-type: none"> • Interventions to be included in teaching • Relate interventions to meeting the teaching goal 	<p>Missing 1 of the following:</p> <ul style="list-style-type: none"> • Interventions to be included in teaching • Relate interventions to meeting the teaching goal 	<p>Includes complete information of all criteria:</p> <ul style="list-style-type: none"> • Interventions to be included in teaching • Relate interventions to meeting the teaching goal 	

Criteria	0 points	1 point	2 points	Comments
<p><u>Methods/Teaching Tools</u></p> <ul style="list-style-type: none"> • Use 2 appropriate teaching methods to deliver teaching • Consider the following teaching methods: <ul style="list-style-type: none"> • Discussion • Q&A • Teach-Back • Interactive 	<p>Missing 2 of the following:</p> <ul style="list-style-type: none"> • Use 2 appropriate teaching methods to deliver teaching • Consider the following teaching methods: <ul style="list-style-type: none"> • Discussion • Q&A • Teach-Back • Interactive 	<p>Missing 1 of the following:</p> <ul style="list-style-type: none"> • Use 2 appropriate teaching methods to deliver teaching • Consider the following teaching methods: <ul style="list-style-type: none"> • Discussion • Q&A • Teach-Back • Interactive 	<p>Includes complete information of all criteria:</p> <ul style="list-style-type: none"> • Use 2 appropriate teaching methods to deliver teaching • Consider the following teaching methods: <ul style="list-style-type: none"> • Discussion • Q&A • Teach-Back • Interactive 	
Criteria	0 points	1.5 points	3 points	Comments
<p><u>Evaluation</u></p> <ul style="list-style-type: none"> • Discuss how the client/family received the teaching • Identify strengths/weaknesses of the client or family in receiving teaching • Suggest modifications to improve teaching plan (What would have improved the plan?) 	<p>Missing 2 or more of the following:</p> <ul style="list-style-type: none"> • Discuss how the client/family received the teaching • Identify strengths/weaknesses of the client or family in receiving teaching • Suggest modifications to improve teaching plan (What would have improved the plan?) 	<p>Missing 1 of the following:</p> <ul style="list-style-type: none"> • Discuss how the client/family received the teaching • Identify strengths/weaknesses of the client or family in receiving teaching • Suggest modifications to improve teaching plan (What would have improved the plan?) 	<p>Includes complete information of all criteria:</p> <ul style="list-style-type: none"> • Discuss how the client/family received the teaching • Identify strengths/weaknesses of the client or family in receiving teaching • Suggest modifications to improve teaching plan (What would have improved the plan?) 	

Criteria	0 points	2.5 points	5 points	Comments
APA Format <ul style="list-style-type: none"> • Appropriate APA in-text citations and listed all appropriate references in APA format • At least 2 scholarly source(s) are utilized and should be 5 or less years old • Source(s) greater than 5 years old will not be accepted • Reference page complete 	No in-text citations present 2 or more references are greater than 5 years old 3 or more APA errors No reference page present	1-2 APA errors 1 reference is greater than 5 years old In-text citations appropriately cited Reference page present	No APA errors present In-text citations appropriately cited Reference page present and formatted properly	
TOTAL				/25

Assessment of Client/Family (5 points)	Nursing Diagnosis & Goal of Teaching (5 points)	Interventions (5 points)	Methods/Teaching Tools (2 points)	Evaluation (3 points)
<p>Level of motivation for learning: The patient seemed engaged and interested in learning the benefits of using the CPAP machine. The client's level of motivation for learning seemed high.</p> <p>Barriers to effective learning: A barrier to effective learning for this patient is being noncompliant. The patient chooses not to use CPAP machine at home, knowing they have sleep apnea and COPD.</p> <p>Health beliefs/values: The patient needed education on the health risks associated with sleep apnea and COPD. The patient also needed education on the health benefits of using a CPAP machine.</p> <p>Psychosocial development: The patient's psychosocial development is appropriate for their age. Stage 7, the adulthood period:</p>	<p>Nursing Diagnosis: Impaired gas exchange related to altered oxygen supply as evidenced by abnormal ABG values.</p> <p>Goal of Teaching:</p> <ul style="list-style-type: none"> • Due to the patient's diagnosis of COPD, they are not effectively eliminating CO₂, rather, they are retaining it (Hinkle & Cheever, 2022). • The patient will demonstrate improved ventilation and adequate oxygenation of tissues by ABGs within the patient's normal range and be free of symptoms of respiratory distress. 	<p>Intervention 1: Educate the patient on the importance of using a CPAP machine. CPAP machines use air pressure to keep your airways open and help you breathe well.</p> <p>Intervention 2: Educate the patient on the risk factors of sleep apnea and the importance of their management with sleep apnea. Individuals with sleep apnea are at an increased risk for heart attack, stroke, and heart failure (Hinkle & Cheever, 2022).</p> <p>Intervention 3: Educating the patient on dietary habits and exercise. Patients who may be overweight are at an increased risk for respiratory-related issues (Hinkle &</p>	<p>Method 1: Discussion, which involved open dialogue and any questions that the patient might have.</p> <p>Method 2: Question and answer, which involved asking questions and having the patient provide an answer.</p>	<p>Discuss how the client/family received the teaching: The patient's respiratory rate remains within established limits, and they do not experience dyspnea. The patient performs relaxation techniques.</p> <p>Identify strengths/weaknesses of the client or family in receiving teaching: The patient was engaged and open to learning all the information that was provided in the teaching. The patient responded appropriately to all the questions that were asked.</p> <p>Suggest modifications to improve teaching plan (what would have improved the plan?): Modifications to improve my teaching plan include having visuals, such as an interactive CPAP teach, and additional information to</p>

<p>Generativity vs. Stagnation (Orenstein & Lewis, 2021)</p> <p>Cognitive development: The patient's level of cognitive function is appropriate for their age. Formal operational stage (Ricci et al., 2021).</p>		<p>Cheever, 2022).</p>		<p>hand-off to the patient, such as a brochure or flyer.</p>
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References (2) (APA):

Hinkle, J.L., & Cheever, K. H. (2022). *Brunner & Suddarth's textbook of medical-surgical nursing* (15th ed.). Wolters Kluwer Health Lippincott Williams & Wilkins

Orenstein, G. A., & Lewis, L. (2021). Erikson's stages of psychosocial development. In *StatPearls [Internet]*. StatPearls Publishing.

Ricci, S. S., Kyle, T., & Carman, S. (2021). *Maternity and pediatric nursing* (4th ed.). Wolters Kluwer.