# Module Report

**Tutorial:** **Real Life RN Nursing Care of Children 3.0**

**Module:** **Type 1 Diabetes Mellitus**

Individual Name: **Courtney Singleton**

Institution: **Lakeview CON**

Program Type: **BSN**

## Standard Use Time and Score

| | Date/Time | Time Use | Score |
|---|---|---|---|
| Type 1 Diabetes Mellitus | 1/25/2023 8:47:33 PM | 25 min | Strong |

## Reasoning Scenario Details
## Type 1 Diabetes Mellitus  -  Use on 1/25/2023 8:22:49 PM

### Reasoning Scenario Performance Related to Outcomes:
*See Score Explanation and Interpretation below for additional details.

| Body Function | Strong | Satisfactory | Needs Improvement |
|---|---|---|---|
| Cognition and Sensation | 100% | | |
| Integument | 100% | | |
| Regulation and Metabolism | 100% | | |

| NCLEX RN | Strong | Satisfactory | Needs Improvement |
|---|---|---|---|
| RN Psychosocial Integrity | 100% | | |
| RN Basic Care and Comfort | 100% | | |
| RN Pharmacological and Parenteral Therapies | 100% | | |
| RN Reduction of Risk Potential | 100% | | |
| RN Physiological Adaptation | 100% | | |

| QSEN | Strong | Satisfactory | Needs Improvement |
|---|---|---|---|
| Safety | 100% | | |

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| Patient-Centered Care | 100% | | |
|---|---|---|---|
| Evidence Based Practice | 100% | | |

## Decision Log:

| Optimal Decision | |
|---|---|
| **Scenario** | Nurse Tammy is further assessing Derek for manifestations of diabetes mellitus. |
| **Question** | Nurse Tammy is assessing Derek for other manifestations of diabetes mellitus. For which of the following manifestations should Nurse Tammy assess? (Select all that apply.) |
| **Selected Ordering** | Blurred visionIncreased thirstExcessive hungerSlow wound healing |
| **Rationale** | Slow wound healing is correct. Slow wound healing is a common manifestation of type 1 diabetes that is caused by impaired circulation. |

| Optimal Decision | |
|---|---|
| **Scenario** | Nurse Tammy is preparing to review the results of the urine dipstick. |
| **Question** | Nurse Tammy is preparing to review the results of Derek's urine dipstick. Which of the following results should Nurse Tammy expect as an indication of diabetes mellitus? |
| **Selected Option** | Positive ketones |
| **Rationale** | Nurse Tammy should identify that positive ketones are a manifestation of diabetes mellitus. Fatty acids are used as an energy source due to the client's inability to transfer glucose into the cells. These fatty acids are then present in the urine as ketones. |

| Optimal Decision | |
|---|---|
| **Scenario** | Nurse Tammy performs a fingerstick. |
| **Question** | Nurse Tammy is preparing to perform a fingerstick to check Derek's blood glucose level. Identify the order in which Nurse Tammy should perform the following steps. (Reorder the steps by dragging them into the desired sequence.) |
| **Selected Ordering** | Turn on the glucose meter.Cleanse the puncture site with an alcohol swab.Puncture the skin with a lancet device.Lightly squeeze the puncture site.Apply drop of blood to test strip.Apply gentle pressure to the puncture site with gauze. |
| **Rationale** | The first step Nurse Tammy should take when performing a fingerstick is to turn on the glucose meter to ensure the meter is working and if calibration is needed prior to use. The next step is to cleanse the puncture site with an alcohol swab to decrease the risk for infection. Once the alcohol has dried, Nurse Tammy should then puncture the skin with a lancet device. The next step Nurse Tammy should take is to lightly squeeze the puncture site to obtain a large drop of blood. The blood should then be applied to the test strip. The final step is to apply gentle pressure to the puncture site with gauze to prevent further bleeding. |

| **Optimal Decision** | |
|---|---|
| **Scenario** | Nurse Chris determines insulin dosage. |
| **Question** | Nurse Chris is determining the insulin dosage to administer to Derek. Prescribed is insulin 0.4 units/kg/day subcutaneous in four divided doses. Derek weighs 88 lb. Which of the following dosages should Nurse Chris plan to administer? |
| **Selected Option** | 4 units |
| **Rationale** | A dosage of 4 units per dose is correct. Nurse Chris should determine that Derek weighs 40 kg. Based on the prescription this equals a total dosage of 16 units/day. Nurse Chris should then divide the total daily dosage equally into four doses and should plan to administer 4 units of insulin per dose. |

| **Optimal Decision** | |
|---|---|
| **Scenario** | Nurse Chris is teaching about hemoglobin A1c. |
| **Question** | Nurse Chris is teaching Deborah and Derek about the hemoglobin A1c. Which of the following statements by Deborah indicates an understanding of the teaching? |
| **Selected Option** | "If Derek's A1c is 7%, it means his blood sugar is well controlled." |
| **Rationale** | Nurse Chris should confirm that a HbA1c level of < 8% indicates good glycemic control in a school-age child. |

| **Optimal Decision** | |
|---|---|
| **Scenario** | Nurse Chris provides Derek with a snack. |
| **Question** | Nurse Chris is selecting a snack for Derek. Which of the following snacks should Nurse Chris choose? |
| **Selected Option** | Six whole grain crackers with 2 oz mild cheddar cheese |
| **Rationale** | Nurse Chris should offer Derek a snack that provides about 15 grams of carbohydrates balanced with protein, fat, and fiber. Crackers with cheese meets Derek's nutritional needs while helping to maintain a consistent blood glucose level. |

| **Optimal Decision** | |
|---|---|
| **Scenario** | Nurse Chris teaches Deborah about fasting blood glucose test. |
| **Question** | Nurse Chris is teaching Deborah about a fasting blood glucose test. Which of the following statements indicates Deborah's understanding of the teaching? |
| **Selected Option** | "Derek's fasting blood sugar level is expected to be between 70 to 110." |
| **Rationale** | Nurse Chris should confirm that Deborah's statement is correct. Derek's fasting blood glucose level is expected to be between 70 to 110 mg/dL. |

| **Optimal Decision** | |
|---|---|
| **Scenario** | Nurse Chris responds to Derek's hypoglycemia. |

| Question | Nurse Chris is responding to Deborah's report that Derek is tearful, irritable, and not acting like himself. Nurse Chris observes that Derek is diaphoretic. Which of the following actions should Nurse Chris take? |
|---|---|
| Selected Option | Give 4 oz orange juice. |
| Rationale | Nurse Chris should identify that Derek is exhibiting manifestations of hypoglycemia. Nurse Chris should check Derek's blood glucose level and give him 10 to 15 grams of simple carbohydrate, such as 4 oz of orange juice, to increase his blood glucose level. She should then recheck his blood glucose level in 15 minutes. |

| Optimal Decision | |
|---|---|
| Scenario | Nurse Chris is teaching about insulin onset and peak times. |
| Question | Nurse Chris is teaching Deborah and Derek about insulin onset and peak times. Which of the following statements by Deborah indicates an understanding of the teaching? |
| Selected Option | "Regular insulin starts working within thirty minutes after injection." |
| Rationale | Nurse Chris should confirm that regular insulin begins working within 30 minutes following subcutaneous injection. Therefore, Derek will be at an increased risk for hypoglycemia at this time. |

| Optimal Decision | |
|---|---|
| Scenario | Nurse Chris is teaching about insulin injections/sites. |
| Question | Nurse Chris is teaching Derek and Deborah about injection site rotation and insulin injection techniques. Which of the following statements by Derek indicates an understanding of the teaching? |
| Selected Option | "I should inject the insulin straight in at a ninety-degree angle." |
| Rationale | Nurse Chris should confirm that Derek should inject the insulin at a ninety-degree angle into subcutaneous tissue. |

| Optimal Decision | |
|---|---|
| Scenario | Nurse Chris is teaching about insulin pens. |
| Question | Nurse Chris is teaching Deborah and Derek about insulin pens. Which of the following statements by Deborah indicates an understanding of the teaching? |
| Selected Option | "Derek should store the pen at room temperature once it's been opened." |
| Rationale | Nurse Chris should confirm that an insulin pen that has been opened should be stored at room temperature and not refrigerated. Insulin should be given at room temperature to prevent subcutaneous tissue atrophy. |

| Optimal Decision | |
|---|---|
| Scenario | Nurse Chris is teaching Derek and Deborah about insulin pumps. |
| Question | Nurse Chris is teaching Derek and Deborah about insulin pumps. Which of the following statements by Derek indicates an understanding of the teaching? |
| Selected Option | "I would need to change the insulin pump needle about every two days." |

| Rationale | Nurse Chris should confirm that Derek would need to change the insulin pump needle and catheter approximately every two days to decrease the risk for infection. |
|---|---|

| **Optimal Decision** | |
|---|---|
| **Scenario** | Nurse Chris is teaching Derek and Deborah about sick days. |
| **Question** | Nurse Chris is teaching Derek and Deborah about diabetes management during illness. Which of the following statements by Deborah indicates an understanding of the teaching? |
| **Selected Option** | "Derek should check his blood glucose level every 3 hours when he's sick." |
| **Rationale** | Nurse Chris should confirm that Derek should check his blood glucose level every 3 hours during an illness. Insulin dosages are determined based on blood glucose levels. |

| **Optimal Decision** | |
|---|---|
| **Scenario** | Nurse Chris is teaching Derek and Deborah about exercise. |
| **Question** | Nurse Chris is teaching Derek and Deborah about exercise and diabetes management. Which of the following statements by Derek indicates an understanding of the teaching? |
| **Selected Option** | "I should eat a complex carbohydrate snack before I exercise." |
| **Rationale** | Nurse Chris should confirm that Derek should consume a carbohydrate snack before exercise to decrease the risk of hypoglycemia. Derek should have an additional snack during prolonged episodes of exercise. |

| **Optimal Decision** | |
|---|---|
| **Scenario** | Nurse Tammy uses therapeutic communication with Derek. |
| **Question** | Nurse Tammy is addressing Derek's concern about his peers making fun of him because he has to check his blood glucose level. Which of the following responses should Nurse Tammy make? |
| **Selected Option** | "Sometimes a person who has diabetes feels embarrassed when they have to check their blood sugar in front of others. Have you ever felt that way?" |
| **Rationale** | Nurse Tammy should use therapeutic communication techniques to encourage Derek to explore and share his feelings about diabetes management. Using a third-person technique is often less threatening to children, which encourages further communication. |

| **Optimal Decision** | |
|---|---|
| **Scenario** | Nurse Tammy is teaching Derek about atraumatic finger sticks. |
| **Question** | Nurse Tammy is addressing Derek's concerns about fingersticks. Which of the following information should Nurse Tammy include in the teaching? |
| **Selected Option** | Use a cotton ball to wipe away the first drop of blood from the puncture site. |

| Rationale | Nurse Tammy should instruct Derek to wipe away the first drop of blood following the puncture. Derek should use the next drop of blood to test his blood glucose level. While this information is correct to include in the teaching, it would be better for Nurse Tammy to address Derek's concern about pain from finger sticks. |
|---|---|

## REASONING SCENARIO INFORMATION

Reasoning Scenario Information provides the date, time and amount of time use, along with the score earned for each attempt. The percentage of students earning a Scenario Performance of Strong, Satisfactory, or Needs Improvement is provided. In addition, the Scenario Performance for each student is provided, along with date, time, and time use for each attempt. This information is also provided for the Optimal Decision Mode if it has been enabled.

If a detrimental decision is made during a Real Life scenario, the scenario will diverge from the optimal path and potentially end prematurely, in which case an indicator will appear on the score report.

## REASONING SCENARIO PERFORMANCE SCORES

| | |
|---|---|
| Strong | Exhibits optimal reasoning that results in positive outcomes in the care of clients and resolution of problems. |
| Satisfactory | Exhibits reasoning that results in mildly helpful or neutral outcomes in the care of clients and resolution of problems. |
| Needs Improvement | Exhibits reasoning that results in harmful or detrimental outcomes in the care of clients and resolution of problems. |

## REASONING SCENARIO PERFORMANCE RELATED TO NURSING COMPETENCY OUTCOMES

A performance indicator is provided for each outcome listed within the nursing competency outcome categories. Percentages are based on the number of questions answered correctly out of the total number of questions that were assigned to the given outcome. Outcomes have varying numbers of questions assigned to them. Also, due to divergent paths within the branching simulation, the outcomes encountered and the number of questions for each outcome can vary. The above factors cause limitations related to comparing scores across students or groups of students.

## NCLEX® CLIENT NEED CATEGORIES

| | |
|---|---|
| Management of Care | Providing integrated, cost-effective care to clients by coordinating, supervising, and/or collaborating with members of the multi-disciplinary health care team. |
| Safety and Infection Control | Incorporating preventative safety measures in the provision of client care that provides for the health and well-being of clients, significant others, and members of the health care team. |
| Health Promotion and Maintenance | Providing and directing nursing care that encourages prevention and early detection of illness, as well as the promotion of health. |
| Psychosocial Integrity | Promoting mental, emotional, and social well-being of clients and significant others through the provision of nursing care. |
| Basic Care and Comfort | Promoting comfort while helping clients perform activities of daily living. |
| Pharmacological and Parenteral Therapies | Providing and directing administration of medication, including parenteral therapy. |
| Reduction of Risk Potential | Providing nursing care that decreases the risk of clients developing health-related complications. |
| Physiological Adaptation | Providing and directing nursing care for clients experiencing physical illness. |

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# Score Explanation and Interpretation
## Individual Performance Profile

## QUALITY AND SAFETY EDUCATION FOR NURSES (QSEN)

| | |
|---|---|
| Safety | The minimization of risk factors that could cause injury or harm while promoting quality care and maintaining a secure environment for clients, self, and others. |
| Patient-Centered Care | The provision of caring and compassionate, culturally sensitive care that is based on a client's physiological, psychological, sociological, spiritual, and cultural needs, preferences, and values. |
| Evidence Based Practice | The use of current knowledge from research and other credible sources, upon which clinical judgment and client care are based. |
| Informatics | The use of information technology as a communication and information gathering tool that supports clinical decision making and scientifically based nursing practice. |
| Quality Improvement | Care related and organizational processes that involve the development and implementation of a plan to improve health care services and better meet the needs of clients. |
| Teamwork and Collaboration | The delivery of client care in partnership with multidisciplinary members of the health care team, to achieve continuity of care and positive client outcomes. |

## BODY FUNCTION

| | |
|---|---|
| Cardiac Output and Tissue Perfusion | The anatomical structures (heart, blood vessels, and blood) and body functions that support adequate cardiac output and perfusion of body tissues. |
| Cognition and Sensation | The anatomical structures (brain, central and peripheral nervous systems, eyes and ears) and body functions that support perception, interpretation, and response to internal and external stimuli. |
| Excretion | The anatomical structures (kidney, ureters, and bladder) and body functions that support filtration and excretion of liquid wastes, regulate fluid and electrolyte and acid-base balance. |
| Immunity | The anatomic structures (spleen, thymus, bone marrow, and lymphatic system) and body functions related to inflammation, immunity, and cell growth. |
| Ingestion, Digestion, Absorption, and Elimination | The anatomical structures (mouth, esophagus, stomach, gall bladder, liver, small and large bowel, and rectum) and body functions that support ingestion, digestion, and absorption of food and elimination of solid wastes from the body. |
| Integument | The anatomical structures (skin, hair, and nails) and body functions related to protecting the inner organs from the external environment and injury. |
| Mobility | The anatomical structures (bones, joints, and muscles) and body functions that support the body and provide its movement. |
| Oxygenation | The anatomical structures (nose, pharynx, larynx, trachea, and lungs) and body functions that support adequate oxygenation of tissues and removal of carbon dioxide. |
| Regulation and Metabolism | The anatomical structures (pituitary, thyroid, parathyroid, pancreas, and adrenal glands) and body functions that regulate the body's internal environment. |
| Reproduction | The anatomical structures (breasts, ovaries, fallopian tubes, uterus, vagina, vulva, testicles, prostate, scrotum, and penis) and body functions that support reproductive functions. |

## DECISION LOG

Information related to each question answered in a scenario attempt is listed in the report. A brief description of the scenario, question, selected option and rationale for that option are provided for each question answered. The words "Optimal Decision" appear next to the question when the most optimal option was selected.

The rationale for each selected option may be used to guide remediation. A variety of learning resources may be used in the review process, including related ATI Review Modules.

If a detrimental decision that could result in grave harm to the client is made during a Real Life scenario, the scenario ends immediately and an indicator that a detrimental decision has been made appears in the score report.
A detrimental decision indicates the need to remediate the related topic area to prevent detrimental outcomes in the future.

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