

N433 – Active Learning for Ambulatory Nurse Shadowing Experience

Complete this Active Learning activity after your clinical with the Ambulatory Clinic Nurse. Submit your completed assignment to the dropbox within 72 hours of this clinical rotation (Monday @ 2359). **Be sure you look at the attached rubric as you write up this assignment because it must be written with accurate grammar, spelling, and APA format for references. Your score will be based on this rubric. Each question must contain at least 100 words minimum.**

1. How does this clinical site relate to the course?

This clinical site relates to the Infant, Child, and Adolescent Health course because an ambulatory clinic nurse is one aspect of pediatric nursing. This clinical site and being an ambulatory clinic nurse significantly impact the pediatric population's health within the community. This clinical site provides the necessary care for each child by providing school and non-school-related physicals, immunizations, care for minor injuries like scrapes and scratches, and care for minor symptoms. Ambulatory nurses are also responsible for providing phone triage, which involves communication between the nurse and the guardian of the children to determine the urgency of a medical issue, the staff responsible for seeing the patient, and the scheduling of the time and the date of the appointment.

2. How were you an engaged nursing professional today?

I was an engaged nursing professional by being attentive, asking questions, and observing any procedure or appointment made available to me. Being an engaged nursing professional has been linked to better nursing care outcomes, lower burnout, and higher job satisfaction reports (Carthon et al., 2019). The ambulatory nurse provided answers and feedback on handling specific health-related situations, such as a child with RSV or COVID-19. The ambulatory nurse also provided insight into what components make up a health physical and the necessary immunizations required for a child at specific age groups. The nurse and I continued to discuss the rise in RSV cases and how it has impacted the Danville area.

3. How did you contribute to the service provided by the clinic nurse today?

Most of the clinical time and experience at Carle Health in Danville involved observing and shadowing the clinic nurse. I contributed to the service provided by the ambulatory clinic nurse today by assisting them in any tasks they asked of me. I continued to ask questions regarding the responsibilities and job duties of a clinic nurse, which allowed me to gain insight into a different side of nursing that is usually not taught in school. As a nursing professional at this clinical site, I spoke to the parents of the children seen at the clinic. It was a rewarding experience in that I gained valuable insight into clinical nursing.

4. Name 3 ways this clinical site impacts Pediatric health?

This clinical site impacts pediatric health in various ways. This clinical site impacts pediatric health by helping parents and children manage acute and chronic health-related conditions. The clinical site also provides the necessary immunizations and vaccines for each child's age group. The clinical site maintains a healthy and safe environment for children and their parents concerned about their health. While at the clinic at Carle Health in Danville, I observed lab testing for COVID-19, RSV, and influenza. The ambulatory nurse educates parents and children who have questions regarding acute or chronic illnesses. Before administering a vaccine or immunization to a child, the clinic nurse is responsible for providing education about the vaccine, which includes the purpose of the vaccine and signs and symptoms that can occur due to the vaccine or immunization. Providing education is one of the many responsibilities of a clinic nurse.

5. What are the health risks of the population served during today's clinical based on your observations today?

Based on observation and discussion at the clinical site today, infection is the most significant health risk for the population. Infections such as SARS-CoV-2, RSV, and influenza are prevalent in the population and community. With the mask mandate lifted and vaccinations no longer being required for SARS-CoV-2, this can open the possibility of widespread infection within the community. RSV and influenza in this specific population have become more prevalent as well. RSV is a contagious virus that causes infection in the respiratory tract, causing pneumonia or bronchiolitis (Hinkle & Cheever, 2022). RSV is associated with increased morbidity in the United States, specifically among infants (Kieffer et al., 2022). Because infants are most severely affected by RSV, it is vital to monitor symptoms associated with RSV, including short, shallow, and rapid breathing, cough, poor feeding, lethargy, irritability, and dyspnea (Hinkle & Cheever, 2022).

6. Choose one of the health risks identified in question 5 and develop a plan of care to address this. Include a Nursing diagnosis, a measurable goal, and at least 3 Nursing interventions to achieve this goal.

One health risk identified in question 5 that will be discussed and have a developed plan of care for is RSV.

Nursing Diagnosis (Phelps, 2020): Impaired gas exchange related to possible pneumonia as evidenced by RSV diagnosis.

Measurable goal: A reduction in RSV cases and in children and infants will significantly decrease in the next month. This can be measured by obtaining results over a period of one month.

Three Nursing Interventions (Phelps, 2020):

1. Ensure appropriate and adequate nutritional intake. Proper nutrition and a balanced diet support the immune system and enhance the health of body tissues.
2. Minimize the children's risk of infection by frequent hand washing and appropriate hand hygiene.
3. Use of humidified air. This will help ease congestion and coughing.

7. How will your experience during the Ambulatory Clinic job shadowing impact your Nursing practice?

The experience shadowing at Carle Health in Danville with the ambulatory clinic nurse will significantly impact my nursing practice going forward. This clinical site experience provided insight into the job duties and responsibilities for which a clinic nurse must be held accountable. I learned ways of providing therapeutic communication via phone triaging, preparation for vaccine and immunization administration, and proper education techniques when having conversations with parents about a specific illness, procedure, or medication. This experience has opened my eyes to appreciate the little things and provide the best possible care to everyone. Aside from proper patient care, this experience has also impacted patience and understanding when caring for the infant, child, and adolescent populations.

References

- Carthon, J. M. B., Davis, L., Dierkes, A., Hatfield, L., Hedgeland, T., Holland, S., ... & Aiken, L. H. (2019). Association of nurse engagement and nurse staffing on patient safety. *Journal of Nursing Care Quality*, 34(1), 40. <https://doi.org/10.1097/NCQ.0000000000000334>
- Hinkle, J.L., & Cheever, K. H. (2022). *Brunner & Suddarth's textbook of medical-surgical nursing* (15th ed.). Wolters Kluwer Health Lippincott Williams & Wilkins.
- Kieffer, A., Beuvelet, M., Sardesai, A., Musci, R., Milev, S., Roiz, J., & Lee, J. K. (2022). Expected impact of universal immunization with nirsevimab against RSV-related outcomes and costs among all US infants in their first RSV season: A static model. *The Journal of Infectious Diseases*, 226(2), S282-S292.
- Phelps, L.L. (2020). *Sparks and Taylor's Nursing Diagnosis Reference Manual* (11th ed.). Wolters Kluwer.

N433 Grading Rubric Nurse Shadowing Clinical Paper
50 Total Points Possible

CRITERION	POOR	FAIR	GOOD
<p>-Concise and Complete</p> <p><i>Total Weight- 5 points</i></p>	<ul style="list-style-type: none"> - Content is incomplete. - Major points are not clear and /or persuasive <p>Weight-1 point</p>	<ul style="list-style-type: none"> - Content is not comprehensive and /or persuasive. - Major points are addressed but not well supported. - Research is inadequate or does not address course concepts. <p>Weight- 3 points</p>	<ul style="list-style-type: none"> - Content is comprehensive, accurate, and persuasive. - Major points are stated clearly and are well supported. - Content and purpose of the writing are clear. <p>Weight- 5 points</p>
<p>Critique of experience-Evaluation and Rationale for your comments</p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> - Organization and structure detract from the message of the writer. - Paragraphs are disjointed and lack transition of thoughts. - Lack of evaluation and rationale for comments <p>Weight- 1 point</p>	<ul style="list-style-type: none"> - Structure of the paragraphs is not easy to follow. - Paragraph transitions need improvement. - Lack of adequate evaluation and rationale for comments <p>Weight- 5 points</p>	<ul style="list-style-type: none"> - Structure of the paragraphs is clear and easy to follow. - Good evaluation and rationale for comments <p>Weight- 10 points</p>
<p>Thoughtful Reflection- How will this affect your practice, or will it?</p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> - Paper lacks many elements of correct formatting. - Paragraphs are inadequate or excessive in length. - Unspecific as to how this experience will impact your nursing practice or not. <p>Weight- 1 point</p>	<ul style="list-style-type: none"> - Paper follows most guidelines. - Paper is over/ under word length. - Lacks some specifics as to how this experience will impact your nursing practice or not. <p>Weight-5 points</p>	<ul style="list-style-type: none"> - Paper follows designated guidelines. - Paper is the appropriate length as described for the assignment. - States clearly as to how this experience will impact nursing practice or not and why. <p>Weight-10 points</p>
<p>APA Format Correct spelling/Grammar.</p> <p>Must use 1 scholarly reference (published within the last 5 years)</p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> - Lack of APA format. - Paper contains numerous grammatical, punctuation, and spelling errors. - Language uses jargon or conversational tone - Lack of APA citation use and a Reference page for references used. <p>Weight- 1 point</p>	<ul style="list-style-type: none"> - Inappropriate APA format. - Paper contains few grammatical, punctuation, and spelling errors. - Language lacks clarity or includes the use of some jargon or conversational tone. - Inappropriate APA citation use and a Reference page for references used. <p>Weight- 5 points</p>	<ul style="list-style-type: none"> - Correct APA format. - Rules of grammar, usage, and punctuation are followed; spelling is correct. - Language is clear and precise; sentences display consistently strong, varied structure - Correct APA citation and a Reference page for references used. <p>Weight- 10 points</p>
<p>Nursing diagnosis is appropriate for this setting; goal/outcome is measurable; Nursing interventions are appropriate and thorough.</p> <p><i>Total Weight- 10 points</i></p>	<p>ND is inaccurate for the setting; goal/outcome is not measurable, and Nursing interventions are inappropriate or inadequate.</p> <p>Weight- 1 point</p>	<ul style="list-style-type: none"> - ND accurate for the setting; goal/outcome is not measurable, OR Nursing interventions are inappropriate or inadequate. <p>Weight- 5 points</p>	<ul style="list-style-type: none"> - ND accurate for the setting; goal/outcome is measurable; Nursing interventions appropriate and adequate for this setting. <p>Weight- 10 points</p>
<p>Paper submitted to dropbox within 72 hours of the School Nurse shadow experience.</p> <p><i>Total Weight- 5 points</i></p>	<ul style="list-style-type: none"> - Paper submitted to dropbox or discussion board late. <p>Weight- 1 point</p>		<ul style="list-style-type: none"> - Paper submitted to dropbox on time. <p>Weight- 5 points</p>

Total Points _____