

## N433 – Active Learning for Ambulatory Nurse Shadowing Experience

Complete this Active Learning activity after your clinical with the Ambulatory Clinic Nurse. Submit your completed assignment to the dropbox within 72 hours of this clinical rotation (Monday @ 2359). **Be sure you look at the attached rubric as you write up this assignment because it must be written with accurate grammar, spelling, and APA format for references. Your score will be based on this rubric. Each question must contain at least 100 words minimum.**

### 1. How does this clinical site relate to the course?

This clinical site relates to this course because the nurses see several sick pediatric patients who need their vaccinations and checkups in the ambulatory clinical setting. The clinic nurse is also responsible for setting upcoming wellness checks and appointments and ensuring that any questions are addressed on their child's development. The clinic nurse answered phone calls, gave advice via phone and computer, and communicated with patients on telehealth. Although the nurses are not in a hospital setting, there are a variety of similarities. Nurses take vitals, give care, and support their patients. If nurses suspect something they may not be able to treat in the clinic setting, a referral will be issued.

### 2. How were you an engaged nursing professional today?

During this clinical course at the ambulatory clinic, the student nurse observed most of the time. The student nurse observed the nurse take phone calls, give advice over the phone, and contact the doctor for further steps. Most of the time, the clinic nurse is on their computer looking over phone calls and issues patients may have over via telehealth. One of the nurses the student shadowed issued vaccinations to an 18-month child. The student observed a strategy for administering oral vaccinations/medications. The nurse used the bottle cap for the child's formula and administered the vaccination. The nurse left the bottle top in the child's mouth to ensure all the medication was out of the bottle top.

### 3. How did you contribute to the service provided by the clinic nurse today?

The student contributed to the service provided by the ambulatory clinic nurse today by asking questions and observing the different things a clinic nurse may do. The student nurse ensured that the parents were comfortable with the student being in the room while their child got their next round of vaccinations. The nurse informed the student nurse that vaccinations may be a sensitive time for parents and appreciated that the student asked for their permission. In the other half of the clinical course, the student observed the nurse take phone calls and go through telehealth messages. The student nurse needed to learn that the nurses at the clinic were responsible for answering questions online for the patients.

### 4. Name 3 ways this clinical site impacts Pediatric health?

The ambulatory clinic clinical site impacts pediatric health because the clinic helps with development and health. As mentioned before, the clinic nurse administers vaccinations and does wellness

checks, which are essential in developing infants, toddlers, school age, and adolescents. Secondly, the clinic is an option for sick pediatric patients if parents do not want to go to the hospital. Most of the time, clinics are walk-ins and tend to get treatment promptly. The child can be referred to the hospital if needed. Lastly, if parents do not want to go in yet and want to seek advice just in case they can manage an illness at home, they can call the clinic and ask for advice. The telehealth aspect is versatile and helps patients communicate with healthcare workers if needed.

5. What are the health risks of the population served during today's clinical based on your observations today?

Based on the student's observations, there were minimal health risks for the population served during today's clinical. The student will mention that there were so many cases of influenza A and RSV. Although the nurses thoroughly sanitized the rooms, most of the time, the equipment they used for vital signs was not getting sanitized every single time, putting other pediatric patients at risk for illnesses. Since it is the season when influenza and RSV are primitive, it is essential to ensure that the equipment is getting sanitized to ensure safety for the other pediatric patients. Overall, there were minimal risks for the population served during this clinical.

6. Choose one of the health risks identified in question 5 and develop a plan of care to address this. Include a Nursing diagnosis, a measurable goal, and at least 3 Nursing interventions to achieve this goal.

The health risk the student will choose for the nursing diagnosis is the risk of contracting an illness such as influenza and RSV, as mentioned in the previous question.

Nursing diagnosis: Risk for infection related to RSV as evidenced by unsanitary work environment

Measurable goal: Sanitizing equipment and room immediately after each use

Interventions:

1. Sanitizing equipment immediately after each use
2. Sanitizing the clinic room and anything the patient may have been in contact with
3. Protecting yourself by wearing the appropriate PPE

(Ricci et al., 2021)

7. How will your experience during the Ambulatory Clinic job shadowing impact your Nursing practice?

The experience during the ambulatory clinic job impacted the student's nursing practice because it exposed the student to clinic nursing. The student is not interested in clinic nursing but did consider doing it later in the future. The student wants to have experience in the hospital before going to the clinic. The student believes the clinic setting is quieter and follows a specific routine. The student would like to experience something more focused and versatile before pursuing a job in the clinical setting. Overall, the student has learned the different aspects of ambulatory clinic nursing and will consider looking into it further.

## References

Ricci, S. S., Kyle, T., & Carman, S. (2021). *Maternity and pediatric nursing* (4th ed.). Wolters Kluwer.

### N433 Grading Rubric Nurse Shadowing Clinical Paper 50 Total Points Possible

CRITERION	POOR	FAIR	GOOD
<p><b>-Concise and Complete</b></p> <p><i>Total Weight- 5 points</i></p>	<ul style="list-style-type: none"> <li>- Content is incomplete.</li> <li>- Major points are not clear and /or persuasive</li> </ul> <p><b>Weight-1 point</b></p>	<ul style="list-style-type: none"> <li>- Content is not comprehensive and /or persuasive.</li> <li>- Major points are addressed but not well supported.</li> <li>- Research is inadequate or does not address course concepts.</li> </ul> <p><b>Weight- 3 points</b></p>	<ul style="list-style-type: none"> <li>- Content is comprehensive, accurate, and persuasive.</li> <li>- Major points are stated clearly and are well supported.</li> <li>- Content and purpose of the writing are clear.</li> </ul> <p><b>Weight- 5 points</b></p>
<p><b>Critique of experience-Evaluation and Rationale for your comments</b></p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> <li>- Organization and structure detract from the message of the writer.</li> <li>- Paragraphs are disjointed and lack transition of thoughts.</li> <li>- Lack of evaluation and rationale for comments</li> </ul> <p><b>Weight- 1 point</b></p>	<ul style="list-style-type: none"> <li>- Structure of the paragraphs is not easy to follow.</li> <li>- Paragraph transitions need improvement.</li> <li>- Lack of adequate evaluation and rationale for comments</li> </ul> <p><b>Weight- 5 points</b></p>	<ul style="list-style-type: none"> <li>- Structure of the paragraphs is clear and easy to follow.</li> <li>- Good evaluation and rationale for comments</li> </ul> <p><b>Weight- 10 points</b></p>
<p><b>Thoughtful Reflection- How will this affect your practice, or will it?</b></p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> <li>- Paper lacks many elements of correct formatting.</li> <li>- Paragraphs are inadequate or excessive in length.</li> <li>- Unspecific as to how this experience will impact your nursing practice or not.</li> </ul> <p><b>Weight- 1 point</b></p>	<ul style="list-style-type: none"> <li>- Paper follows most guidelines.</li> <li>- Paper is over/ under word length.</li> <li>- Lacks some specifics as to how this experience will impact your nursing practice or not.</li> </ul> <p><b>Weight-5 points</b></p>	<ul style="list-style-type: none"> <li>- Paper follows designated guidelines.</li> <li>- Paper is the appropriate length as described for the assignment.</li> <li>- States clearly as to how this experience will impact nursing practice or not and why.</li> </ul> <p><b>Weight-10 points</b></p>
<p><b>APA Format Correct spelling/Grammar.</b></p>	<ul style="list-style-type: none"> <li>- Lack of APA format.</li> <li>- Paper contains numerous</li> </ul>	<ul style="list-style-type: none"> <li>- Inappropriate APA format.</li> <li>- Paper contains few</li> </ul>	<ul style="list-style-type: none"> <li>- Correct APA format.</li> <li>- Rules of grammar, usage, and</li> </ul>

<p><b>Must use 1 scholarly reference (published within the last 5 years)</b></p> <p><i>Total Weight- 10 points</i></p>	<p>grammatical, punctuation, and spelling errors.  - Language uses jargon or conversational tone  - Lack of APA citation use and a Reference page for references used.</p> <p><b>Weight- 1 point</b></p>	<p>grammatical, punctuation, and spelling errors.  - Language lacks clarity or includes the use of some jargon or conversational tone.  - Inappropriate APA citation use and a Reference page for references used.</p> <p><b>Weight- 5 points</b></p>	<p>punctuation are followed; spelling is correct.  - Language is clear and precise; sentences display consistently strong, varied structure  - Correct APA citation and a Reference page for references used.</p> <p><b>Weight- 10 points</b></p>
<p><b>Nursing diagnosis is appropriate for this setting; goal/outcome is measurable; Nursing interventions are appropriate and thorough.</b></p> <p><i>Total Weight- 10 points</i></p>	<p>ND is inaccurate for the setting; goal/outcome is not measurable, and Nursing interventions are inappropriate or inadequate.</p> <p><b>Weight- 1 point</b></p>	<p>- ND accurate for the setting; goal/outcome is not measurable, OR Nursing interventions are inappropriate or inadequate.</p> <p><b>Weight- 5 points</b></p>	<p>- ND accurate for the setting; goal/outcome is measurable; Nursing interventions appropriate and adequate for this setting.</p> <p><b>Weight- 10 points</b></p>
<p><b>Paper submitted to dropbox within 72 hours of the School Nurse shadow experience.</b></p> <p><i>Total Weight- 5 points</i></p>	<p>- Paper submitted to dropbox or discussion board late.</p> <p><b>Weight- 1 point</b></p>		<p>- Paper submitted to dropbox on time.</p> <p><b>Weight- 5 points</b></p>

**Total Points \_\_\_\_\_**