

N433 – Active Learning for School Nurse Shadowing Experience

Complete this Active Learning activity after your clinical with the School Nurse. Submit your completed assignment to the dropbox within 72 hours of this clinical rotation (Monday @ 2359). **Be sure you look at the attached rubric as you write up this assignment because it must be written with accurate grammar, spelling, and APA format for references. Your score will be based on this rubric. Each question must contain at least 100 words minimum.**

1. How does this clinical site relate to the course?

The clinical site at Judith Giacomma School, located in Westville, is related to the pediatric course because the patients seen by the school nurse are within the pediatric age group. The students who were treated were mostly children from the ages of 5 to 14. The clinical experience included observing children receiving asthma treatments, insulin treatments, and children with bowel and bladder elimination difficulties who required assistance. Some students were febrile and were sent home from school, which prompted the nurse to communicate with the children's parents. The nurse educated these parents about the child's illness and gave recommendations to follow up with a primary care provider. The nurse discussed developmental phases appropriate for different pediatric age groups when not interacting with students. This discussion included what is anticipated physically, emotionally, and neurologically during this clinical observation. The site is related to the class because the school nurse sees pediatric students receiving healthcare needs which nursing students are currently learning in lectures and clinical experiences.

2. How were you an engaged nursing professional today?

This nursing student acted as an excellent observer and nursing professional. This nursing student inquired about information related to the patient's conduct and questions related to medication administration and the medication's method of action. When not engaging in direct patient care, this nursing student observed how the school nurse communicated with the pediatric student and the pediatric student's parents. This nursing student also observed how the school nurse engaged with other teachers and faculty members concerning the care of pediatric students. Observing how the school nurse interacted with others was extremely valuable to the clinical experience. This nursing student

attempted to be as helpful as possible to the school nurse and the pediatric students by being optimistic and attentive. This nursing student ensured active participation throughout the day to warrant a proactive clinical experience.

3. How did you contribute to the service provided by the school nurse today?

This nursing student contributed to the healthcare service provided by the school nurse by engaging with pediatric students and their parents. Many pediatric students complained of stomach aches or headaches and were emotional. Some of the students wanted their parents and were crying and upset. It was gratifying to be a resource of reassurance for the pediatric students. It was a great experience to observe how happy the pediatric students were when their parents showed up to take them home. When the pediatric students were waiting for their parents, positive feedback seemed to make the children happier and less emotional. Offering the pediatric students stickers who were not feeling well was helpful and an encouraging way to improve the pediatric patient's outlook.

4. Name 3 ways this clinical site impacts Pediatric health?

The first way the Westville school influences pediatric health is by providing information to the pediatric students and their parents about healthy eating habits and what decisions are considered smart eating choices. The school offers posters encouraging students to eat fruits and vegetables and to avoid processed sugars. Encouraging healthy eating in elementary school-aged children can assist in promoting healthy habits. It also can decrease risk factors for many illnesses and diseases associated with being obese or overweight later in life (Mohler et al., 2020). The second way the Westville school district influences pediatric health is by offering the high school students information about safety to prevent injuries. Around prom and homecoming, the school district educates high school students about drunk and unsafe driving dangers. The school nurse educated this nursing student that the information provided can help to reduce drunk driving accidents because accidental injuries are the highest cause of adolescent deaths (DeGeorge et al., 2020). This school district also ensures that its students are vaccinated before attending school. Many vaccines are necessary to participate in Westville schools, and the nurse is responsible for keeping records and notifying parents if a vaccine is needed. There are many benefits to ensuring children have vaccinations that are up to date, including the prevention of many illnesses. If a pediatric student's parent does not wish their student receives a vaccine, the nurse should educate

the parent about the benefits and dispel any myths related to that vaccine. The nurse's recommendations and providing the parent with vaccine education can positively impact if conveyed confidently and in a knowledgeable manner (Del Duca et al., 2021).

5. What are the health risks of the population served during today's clinical based on your observations today?

The health risks of the Westville school district pediatric population include the possibility of respiratory or gastrointestinal illness. Some of the students had to leave the school and were febrile. These students had fevers higher than 101.1 °F. Some pediatric students with fevers complained of respiratory symptoms such as a sore throat or a cough. Those students also appeared to be lethargic. The other students who had a fever complained of stomach upset and nausea. Sixty students from the school district were out sick, which the school nurse said was an increased amount. This increased number of absences indicates that there is a possibility that the students are getting one another sick. It is vital that parents recognize if their child is ill and take their temperature. The parent should not take the child to school if the child is feverish. A sick child staying home is beneficial so that the child can rest and so there is a decreased chance of that child spreading the illness (Barbi et al., 2017).

6. Choose one of the health risks identified in question 5 and develop a plan of care to address this. Include a Nursing diagnosis, a measurable goal, and at least 3 Nursing interventions to achieve this goal.

This nursing student will focus on respiratory illness as a health risk for this question. The health risk discussed is acute nasopharyngitis, which is common in children (Ricci et al., 2021). A nursing diagnosis that would be appropriate for acute nasopharyngitis is ineffective airway clearance. The ineffective airway clearance is related to the increased amount of secretions obstructing the airway. This diagnosis aims for the child to efficiently clear secretions by productively coughing up the secretions. Airway clearance can be measured by documenting the amount of the secretions and by auscultating lung sounds frequently to assess for clearing of the lungs. One intervention to achieve this goal is to position the child to encourage ultimate lung expansion. Increased lung expansion can improve the strength of coughing and influence more secretions to be coughed up. A second intervention is to encourage the child to increase their fluids. Increasing fluids helps to increase the motility of the secretions. A third nursing intervention to achieve this goal is to

increase humidity in the room. Humidity can help decrease stuffiness and encourage more productive coughing (Belleza, 2021).

7. How will your experience during the School Nurse job shadowing impact your Nursing practice?

This nursing student thought observing the school nurse's interaction with the children and their parents was extremely beneficial to the nursing student's future nursing practice. The nurse communicated with the students in a therapeutic way. This communication technique helped the students to be calm and lessened their anxiety. The parents also had anxiety related to their child being ill, and the nurse was attentive and answered all of their questions efficiently. Observing how the children and parents felt at ease after the communication the nurse provided showed how important therapeutic communication is when helping patients. Anxiety has been shown to decrease the body's healing effectiveness, so reducing anxiety can increase the patient's health quality (Cherney, 2022). Incorporating therapeutic communication can provide better health outcomes for this nursing student's future patients.

References

- Barbi, E., Marzuillo, P., Neri, E., Naviglio, S., & Krauss, B. S. (2017). Fever in children: Pearls and pitfalls. *Children*, 4(9), 81. <https://doi.org/10.3390/children4090081>
- Belleza, M. (2021). *Acute nasopharyngitis*. Nurseslabs. <https://nurseslabs.com/acute-nasopharyngitis/>
- Cherney, K. (2022). *Effects of anxiety on the body*. Healthline. <https://www.healthline.com/health/anxiety/effects-on-body>
- DeGeorge, K. C., Neltner, C. E., & Neltner, B. T. (2020). Prevention of unintentional childhood injury. *American Family Physician*, 102(7), 411–417.
- Del Duca, E., Chini, L., Graziani, S., Sgrulletti, M., & Moschese, V. (2021). Pediatric health care professionals' vaccine knowledge, awareness, and attitude: A survey within the Italian society of pediatric allergy and immunology. *Italian Journal of Pediatrics*, 47(183), 1-7. <https://doi.org/10.1186/s13052-021-01090-9>
- Mohler, R., Wartha, O., Steinacker, J. M., Szagun, B., & Kobel, S. (2020). Parental self-efficacy as a predictor of children's nutrition and the potential mediator effect between the health promotion program "join the healthy boat" and children's nutrition. *International Journal of Environmental Research and Public Health*, 17, 9463. <https://doi.org/10.3390/ijerph17249463>
- Ricci, S. S., Kyle, T., & Carman, S. (2021). *Maternity and pediatric nursing* (4th ed.). Wolters Kluwer

N433 Grading Rubric Nurse Shadowing Clinical Paper

50 Total Points Possible

CRITERION	POOR	FAIR	GOOD
<p>-Concise and Complete</p> <p><i>Total Weight- 5 points</i></p>	<p>- Content is incomplete. - Major points are not clear and /or persuasive</p> <p>Weight-1 point</p>	<p>- Content is not comprehensive and /or persuasive. - Major points are addressed but not well supported. - Research is inadequate or does not address course concepts.</p> <p>Weight- 3 points</p>	<p>- Content is comprehensive, accurate, and persuasive. - Major points are stated clearly and are well supported. - Content and purpose of the writing are clear.</p> <p>Weight- 5 points</p>
<p>Critique of experience-Evaluation and Rationale for your comments</p> <p><i>Total Weight- 10 points</i></p>	<p>- Organization and structure detract from the message of the writer. - Paragraphs are disjointed and lack transition of thoughts. - Lack of evaluation and rationale for comments</p> <p>Weight- 1 point</p>	<p>- Structure of the paragraphs is not easy to follow. - Paragraph transitions need improvement. - Lack of adequate evaluation and rationale for comments</p> <p>Weight- 5 points</p>	<p>- Structure of the paragraphs is clear and easy to follow. - Good evaluation and rationale for comments</p> <p>Weight- 10 points</p>
<p>Thoughtful Reflection- How will this affect your practice, or will it?</p> <p><i>Total Weight- 10 points</i></p>	<p>- Paper lacks many elements of correct formatting. - Paragraphs are inadequate or excessive in length. - Unspecific as to how this experience will impact your nursing practice or not.</p> <p>Weight- 1 point</p>	<p>- Paper follows most guidelines. - Paper is over/ under word length. - Lacks some specifics as to how this experience will impact your nursing practice or not.</p> <p>Weight-5 points</p>	<p>- Paper follows designated guidelines. - Paper is the appropriate length as described for the assignment. - States clearly as to how this experience will impact nursing practice or not and why.</p> <p>Weight-10 points</p>
<p>APA Format Correct spelling/Grammar.</p> <p>Must use 1 scholarly reference (published within the last 5 years)</p> <p><i>Total Weight- 10 points</i></p>	<p>- Lack of APA format. - Paper contains numerous grammatical, punctuation, and spelling errors. - Language uses jargon or conversational tone - Lack of APA citation use and a Reference page for references used.</p> <p>Weight- 1 point</p>	<p>- Inappropriate APA format. - Paper contains few grammatical, punctuation, and spelling errors. - Language lacks clarity or includes the use of some jargon or conversational tone. - Inappropriate APA citation use and a Reference page for references used.</p> <p>Weight- 5 points</p>	<p>- Correct APA format. - Rules of grammar, usage, and punctuation are followed; spelling is correct. - Language is clear and precise; sentences display consistently strong, varied structure - Correct APA citation and a Reference page for references used.</p> <p>Weight- 10 points</p>
<p>Nursing diagnosis is appropriate for this setting; goal/outcome is measurable; Nursing interventions are appropriate and</p>	<p>ND is inaccurate for the setting; goal/outcome is not measurable, and Nursing interventions are inappropriate or inadequate.</p>	<p>- ND accurate for the setting; goal/outcome is not measurable, OR Nursing interventions are inappropriate or inadequate.</p>	<p>- ND accurate for the setting; goal/outcome is measurable; Nursing interventions appropriate and adequate for this setting.</p>

<p>thorough.</p> <p><i>Total Weight- 10 points</i></p>	<p>Weight- 1 point</p>	<p>Weight- 5 points</p>	<p>Weight- 10 points</p>
<p>Paper submitted to dropbox within 72 hours of the School Nurse shadow experience.</p> <p><i>Total Weight- 5 points</i></p>	<p>- Paper submitted to dropbox or discussion board late.</p> <p>Weight- 1 point</p>		<p>- Paper submitted to dropbox on time.</p> <p>Weight- 5 points</p>

Total Points _____