

# MASON COON

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## Education

**Bachelor of Science:** Exercise Science, Allied Health

**University of Illinois At Springfield** - Springfield, IL

- Bachelor of Science in Exercise Science, Allied Health and Psychology (Individualized), *cum laude*
- GPA: 3.70
- Lincoln Merit Scholarship Recipient 2017-2021

## Work History

**Nursing Assistant,**

**OSF Sacred Heart Medical Center, Medical-Surgical Unit** – Danville, IL 08/2022 to Present

- Assist patients with activities of daily living while prioritizing safety.
- Measure the five vital signs of assigned patients.
- Development of patient-care and charting skills.

**Pool Service Technician,**

05/2020 to 07/2020

**Ohana Pools, Spas & Billiards** – Urbana, IL

- Inspected pool equipment and verified proper functionality to maintain safety standards.
- Assembled and disassembled filters for pool openings, closings and repairs.
- Demonstrated courtesy, respect and professionalism to promote company values and customer care.
- Brushed pool walls and floors to reduce algae formation and prevent staining.
- Vacuumed pools to remove dirt, debris and contaminants at bottom of pools.

**Host,**

05/2017 to 08/2017

**Red Lobster** – Champaign, IL

- Assigned patrons to tables suitable for needs and restaurant section rotation.
- Took reservations and to-go orders by phone, answered customer questions and informed of accurate wait times.
- Monitored seating area and checked restrooms regularly to keep spotless.
- Answered customer questions about hours, seating and menu information.

## Volunteer Work

**Muscular Dystrophy Association Summer Camp**

2015

- Provided care, attention, and positive experiences to a camper that lives with Limb-Girdle Muscular Dystrophy

**Feeding Our Kids**

2016 and 2017

- Sorted and packed food that provided sustenance to school aged children for weekends and holidays.

<b>Tom Jones Challenger League</b>	2010 and 2011
<ul style="list-style-type: none"> <li>Assisted physically and mentally challenged children, harboring a safe environment for playing baseball.</li> </ul>	
<b>UIS Baseball Blood Drive</b>	2017 to 2021
<ul style="list-style-type: none"> <li>Provided snacks and drinks to people who donated blood to rejuvenate them following their donations</li> </ul>	
<b>Refuge Ranch</b>	2017 to 2020
<ul style="list-style-type: none"> <li>Operated machinery and cleaned stalls for a ranch that provided equine therapy for at-risk children.</li> </ul>	
<b>St. Joseph- Ogden High School Baseball Camps</b>	2014 to 2017
<ul style="list-style-type: none"> <li>Week long summer camps teaching youth the fundamentals of baseball.</li> </ul>	
<b>University of Illinois-Springfield Baseball Camp</b>	2018 and 2019
<ul style="list-style-type: none"> <li>Day camp teaching youth the fundamentals of baseball.</li> </ul>	
<b>Green Bay Booyah Baseball Camp</b>	2021
<ul style="list-style-type: none"> <li>Day camp teaching youth the fundamentals of baseball.</li> </ul>	
<b>Riverton High School Baseball field renovation</b>	2018
<ul style="list-style-type: none"> <li>Reconstructed the deteriorating pitching mound to provide a quality playing surface.</li> </ul>	

## Certifications

- American Red Cross Adult First AID/CPR/AED, certified 12/02/2021
- American Heart Association Basic Life Support (CPR and AED), certified 07/16/2022

## Awards/Recognitions

- Member of National Honor Society 2015-2017
- Dean's List 2013-2017
- Illinois State Scholar Recipient 2017
- Participated in Football (4 years), Basketball (2 years), and Baseball (4 years) at Saint Joseph - Ogden High School. Letter winner 2 years in Football and 3 years in Baseball
- Elected Captain of the 2017 Baseball team
- IHSA 2A State Baseball Runner-Up 2016, 2017
- News Gazette All-Area First Team for Baseball 2017
- Illinois High School Baseball Coaches Association All-State First Team 2017
- University of Illinois At Springfield Baseball 2018-2022
- GLVC Academic All-Conference 2018-2022
- GLVC All-Conference First Team 2021
- GLVC Conference Champions 2018, 2019, 2021, & 2022
- NCAA DII Regional Appearances in 2018, 2019, 2021, & 2022
- NCAA DII Regional Champions 2019 & 2022
- NCAA DII Super Regional Champions in 2022
- NCAA DII World Series Appearance in 2022