

Nursing Philosophy N314

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N314: Introduction to Professional Nursing

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December 1<sup>st</sup>, 2022

“I have neither given nor receive, nor will I tolerate others’ use of unauthorized aid.”

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The nursing metaparadigm is an all-encompassing term used to lay the groundwork for all that is nursing (Hood, 2022, p. 132). The Nursing metaparadigm gives nurses an overarching structural framework to rely upon when making decisions about patient care and interaction. The nursing metaparadigm helps the field of nursing expand. It is important for specific fields to have generalized outlined concepts to gain knowledge in an organized way. There have been many new concepts brought forward, but nothing has been officially added to the original four concepts: Human being, environment, health, and nursing (Hood, 2022, p. 127). An interesting concept that has been proposed to be added to the nursing metaparadigm is technology.

According to Johnson, E., & Carrington, J. M. (2022), "To continue patient-centered care in this age where machines are enmeshed in daily human life, we propose technology must be a domain of the metaparadigm to continue advancing nursing science and knowledge." The addition of this new concept could help drive the advancement of nursing proactive and help to keep nurses up to date with modern techniques and technology. Technology is inserting itself more and more into nearly every aspect of nursing these days. It is important to be aware of this and adding this new cornerstone to the nursing metaparadigm could be very beneficial to the discipline.

As mentioned previously, the four main concepts that currently make up the nursing metaparadigm are human being, environment, health, and nursing. The human being concept within the metaparadigm refers to all people involved in the nursing process. Not only does this include the nurse and the patient, but it also includes family members, local communities, etc. The environment concept includes the everything that surrounds the nursing process. This would include the people, the healthcare facility, the town or city, the country, etc. This concept provides more context to the care being given to patients. The health concept includes the

general well-being of the patient. This concept also provides context to individual patients with certain illnesses. The last concept of nursing includes all the actions and interactions that the nurse participates in. This includes conversing with patients, taking health histories, performing assessments, etc. (Hood, 2022, p. 127). These four concepts ultimately represent the currently accepted nursing metaparadigm.

The nursing profession is one of the most important roles in healthcare. In a world where human interaction is becoming less and less common, this role keeps healthcare human. Healthcare needs human interaction to be most effective. Without nurses, healthcare would be brutal, leaving patients confused, annoyed, and unheard. Nurses are the advocates for patients. They provide the education and knowledge that the patients need to recover from illness. Being a nurse is not just a job where someone passes out meds, it's caring and providing for the patient's physical, emotional, and spiritual needs. It is a profession that requires a wide range of skills to be successful: Listening skills, communicating skills, math skills, reading writing skills, time management skills, and prioritization skills to name a few. Being a nurse can be difficult, especially in our current situation as a society, but it can also be a very rewarding profession.

Before choosing nursing school, this nurse has always believed that reducing human suffering has always been incredibly important and valuable. This has been the core of finding meaning in life. Having this core value will benefit this nurse in caring, advocating, and educating patients who are ill, thus improving lives and reducing overall suffering. Having this value will ultimately shape the type of nurse one could become. This nurse also has skills and motivation when it comes to patient care. This leads to a sense of duty that this nurse must fulfill. Often people enjoy what they think they are good at, and this nurse does the same.

In 2030, this nurse would like to be a nurse educator for an emergency room. This nurse has always enjoyed teaching, especially critical and traumatic care. This nurse would also like to serve this country as a nurse in the army reserves. Sense of duty drives this nurse to improve the lives of others. Being in these occupations would fulfil this sense of duty while also reducing overall human suffering to the greatest extent possible through a career as a nurse.

References

Hood, L. J. (2022). *Leddy & Pepper's professional nursing* (9th ed.). Wolters Kluwer.

Johnson, E., & Carrington, J. M. (2022). Revisiting the nursing metaparadigm: Acknowledging technology as foundational to progressing nursing knowledge. *Nursing Inquiry*.

<https://doi.org/10.1111/nin.12502>