

**N433 – Active Learning for Ambulatory Nurse Shadowing Experience**

Complete this Active Learning activity after your clinical with the Ambulatory Clinic Nurse. Submit your completed assignment to the dropbox within 72 hours of this clinical rotation (Monday @ 2359). **Be sure you look at the attached rubric as you write up this assignment because it must be written with accurate grammar, spelling, and APA format for references. Your score will be based on this rubric. Each question must contain at least 100 words minimum.**

1. How does this clinical site relate to the course?
  - a. This clinical site relates to the course because the site consists of an interdisciplinary team that serves the pediatric population in the community. In the clinical area, pediatricians and nurses see children in an office clinic setting and typically give patients immunizations, screenings, and nutritional consultations. Pediatric clinic sites care for certain illnesses like the flu and bronchiolitis, promote injury prevention and counseling, and health screenings and disease prevention. This course discusses the proper age of immunizations, disease prevention, treatment, signs and symptoms, and the anatomical and physiological differences between adults and children. This course describes the nursing care seen in the clinical site.
2. How were you an engaged nursing professional today?
  - a. I was an engaged nursing professional today because I spoke with the staff about their experiences on the pediatric unit and some struggles they faced as nurses. I was also engaged by observing multiple vaccination procedures with children, retrieving medications, and understanding the process of using EPIC in a clinic instead of a hospital. I assisted in reassuring children and keeping them distracted during procedures and assessments and learned some educational material that the nurses frequently gave to parents. I was also an engaged nursing professional by staying with the nurse and asking informational questions about things I did not know.
3. How did you contribute to the service provided by the clinic nurse today?
  - a. I contributed to the clinic nurse's service today by calming the children down before, during, and after the visits. Children would come to the back office appearing anxious, and I would approach them eagerly and welcoming to ease their nerves. During the office visits, I would support the guardian when communicating with the child about the upcoming events that would take place during the visit. During one assessment where the nurse gave the patient an immunization, I had an office toy shaking to distract the patient's mind while the guardian held the patient. After the visits, the crying children would get stickers or glow toys to ease their pain and cries.
4. Name **3** ways this clinical site impacts Pediatric health?
  - a. One way this clinic site impacts pediatric health is by keeping children from infants to adolescents in the community safe and healthy with timely and routine immunizations. Immunizations and vaccines serve as primary prevention methods to limit the risk of exposure to many diseases. The clinic also helps to reassure parents by keeping them involved in the development and changes of their children with good education sessions during each visit.

Proper education can keep parents aware of certain signs or symptoms of common illnesses and can dismantle any inaccurate stereotypes. The clinic assists pediatric health by conducting screenings to prevent and detect deformities early in the child's life.

5. What are the health risks of the population served during today's clinical based on your observations today?
  - a. One population seen at the clinical was school-aged children at risk for respiratory illnesses. During the COVID-19 pandemic, many children with low-economic backgrounds were highly susceptible and underprivileged (Amin & Parveen, 2022). Children that attend school are also at a higher chance of obtaining an illness due to the commonality of diseases among small children and frequent bacteria exchanges between small children. Based on my observations at clinical, the parents discussed how many of their children's classmates were sick and how their child was around older sick people. Children have smaller and shorter airways which puts them at risk of easier disease entry and complications.
6. Choose one of the health risks identified in question 5 and develop a plan of care to address this. Include a Nursing diagnosis, a measurable goal, and at least 3 Nursing interventions to achieve this goal.
  - a. Based on the risk for respiratory illnesses for pediatric patients, an appropriate nursing diagnosis would be ineffective airway clearance related to upper respiratory tract infection, as evidenced by increased mucus and nasal discharge. A goal for these patients would be to demonstrate effective coughing and clear breath sounds within the first 24 hours of medication and non-pharmacological treatment. Interventions to achieve this goal would be to assess the airway for patency to check for inflammation, edema, or obstructions. Nurses should also encourage fluid intake at frequent intervals to minimize mucosal drying and maximize ciliary actions to move secretions. Another intervention would be teaching deep breathing, coughing exercises, and repositioning every two hours. These exercises help in creating vibrations that loosen and dislodge secretions.
7. How will your experience during the Ambulatory Clinic job shadowing impact your Nursing practice?
  - a. My experience during the Ambulatory Clinic job will impact my nursing practice deepening my understanding of the difference in nursing care between children and adults. Children need more attention, time, and precise communication about the events happening during pediatric physician assessments. There is a need to utilize knowledge of the developmental stages of children to provide optimal nursing care to pediatric patients. Nursing efficacy promotes the most significant direct effect on improved medical services and rapid healing for patients. The clinic nurses worked in a suitable environment amongst each other which is necessary for the betterment of pediatric nursing care.

### **Reference**

Amin, U. A., & Parveen, A. P. (2022). Impact of COVID-19 on children. *Middle East Current Psychiatry*, 29(1), 1–10. <https://doi.org/10.1186/s43045-022-00256-3>

**N433 Grading Rubric Nurse Shadowing Clinical Paper**  
**50 Total Points Possible**

| <b>CRITERION</b>   | <b>POOR</b>  | <b>FAIR</b>  | <b>GOOD</b>  |
|--|--|--|--|
| <p><b>-Concise and Complete</b></p> <p><i>Total Weight- 5 points</i></p>   | <ul style="list-style-type: none"> <li>- Content is incomplete.</li> <li>- Major points are not clear and /or persuasive</li> </ul> <p><b>Weight-1 point</b></p>   | <ul style="list-style-type: none"> <li>- Content is not comprehensive and /or persuasive.</li> <li>- Major points are addressed but not well supported.</li> <li>- Research is inadequate or does not address course concepts.</li> </ul> <p><b>Weight- 3 points</b></p>   | <ul style="list-style-type: none"> <li>- Content is comprehensive, accurate, and persuasive.</li> <li>- Major points are stated clearly and are well supported.</li> <li>- Content and purpose of the writing are clear.</li> </ul> <p><b>Weight- 5 points</b></p>   |
| <p><b>Critique of experience-Evaluation and Rationale for your comments</b></p> <p><i>Total Weight- 10 points</i></p>  | <ul style="list-style-type: none"> <li>- Organization and structure detract from the message of the writer.</li> <li>- Paragraphs are disjointed and lack transition of thoughts.</li> <li>- Lack of evaluation and rationale for comments</li> </ul> <p><b>Weight- 1 point</b></p>  | <ul style="list-style-type: none"> <li>- Structure of the paragraphs is not easy to follow.</li> <li>- Paragraph transitions need improvement.</li> <li>- Lack of adequate evaluation and rationale for comments</li> </ul> <p><b>Weight- 5 points</b></p>   | <ul style="list-style-type: none"> <li>- Structure of the paragraphs is clear and easy to follow.</li> <li>- Good evaluation and rationale for comments</li> </ul> <p><b>Weight- 10 points</b></p>   |
| <p><b>Thoughtful Reflection- How will this affect your practice, or will it?</b></p> <p><i>Total Weight- 10 points</i></p>   | <ul style="list-style-type: none"> <li>- Paper lacks many elements of correct formatting.</li> <li>- Paragraphs are inadequate or excessive in length.</li> <li>- Unspecific as to how this experience will impact your nursing practice or not.</li> </ul> <p><b>Weight- 1 point</b></p>                                    | <ul style="list-style-type: none"> <li>- Paper follows most guidelines.</li> <li>- Paper is over/ under word length.</li> <li>- Lacks some specifics as to how this experience will impact your nursing practice or not.</li> </ul> <p><b>Weight-5 points</b></p>  | <ul style="list-style-type: none"> <li>- Paper follows designated guidelines.</li> <li>- Paper is the appropriate length as described for the assignment.</li> <li>- States clearly as to how this experience will impact nursing practice or not and why.</li> </ul> <p><b>Weight-10 points</b></p>   |
| <p><b>APA Format Correct spelling/Grammar.</b></p> <p><b>Must use 1 scholarly reference (published within the last 5 years)</b></p> <p><i>Total Weight- 10 points</i></p>              | <ul style="list-style-type: none"> <li>- Lack of APA format.</li> <li>- Paper contains numerous grammatical, punctuation, and spelling errors.</li> <li>- Language uses jargon or conversational tone</li> <li>- Lack of APA citation use and a Reference page for references used.</li> </ul> <p><b>Weight- 1 point</b></p> | <ul style="list-style-type: none"> <li>- Inappropriate APA format.</li> <li>- Paper contains few grammatical, punctuation, and spelling errors.</li> <li>- Language lacks clarity or includes the use of some jargon or conversational tone.</li> <li>- Inappropriate APA citation use and a Reference page for references used.</li> </ul> <p><b>Weight- 5 points</b></p> | <ul style="list-style-type: none"> <li>- Correct APA format.</li> <li>- Rules of grammar, usage, and punctuation are followed; spelling is correct.</li> <li>- Language is clear and precise; sentences display consistently strong, varied structure</li> <li>- Correct APA citation and a Reference page for references used.</li> </ul> <p><b>Weight- 10 points</b></p> |
| <p><b>Nursing diagnosis is appropriate for this setting; goal/outcome is measurable; Nursing interventions are appropriate and thorough.</b></p> <p><i>Total Weight- 10 points</i></p> | <p>ND is inaccurate for the setting; goal/outcome is not measurable, and Nursing interventions are inappropriate or inadequate.</p> <p><b>Weight- 1 point</b></p>  | <p>- ND accurate for the setting; goal/outcome is not measurable, OR Nursing interventions are inappropriate or inadequate.</p> <p><b>Weight- 5 points</b></p>   | <p>- ND accurate for the setting; goal/outcome is measurable; Nursing interventions appropriate and adequate for this setting.</p> <p><b>Weight- 10 points</b></p>   |
| <p><b>Paper submitted to dropbox within 72 hours of the School Nurse shadow experience.</b></p> <p><i>Total Weight- 5 points</i></p>   | <p>- Paper submitted to dropbox or discussion board late.</p> <p><b>Weight- 1 point</b></p>  |  | <p>- Paper submitted to dropbox on time.</p> <p><b>Weight- 5 points</b></p>  |

Total Points \_\_\_\_\_