

N431 Adult Health II

Clinical Reflection Form

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Date: 11/18/2022

Clinical Rotation Site: OR

1. Briefly write about today's experience(s).

I was able to observe the entire process of the patient going through pre-op assessments, surgery, and post-op in the PACU. The patient underwent a right tarsal and metatarsal surgery due to a motor vehicle accident. I was able to insert an IV in the patient during pre-op and observed the nurse going through the assessment process during the patient's time in pre-op. I observed, up close, the surgery that was performed and the necessary steps explained by the surgeon.

2. What is one thing you learned?

One thing I learned during my time in the OR was the numerous steps that needed to be taken to ensure that the patient was still able to undergo surgery. Through assessments and IV placement, the nurse is responsible for ensuring the safety of the patient before they undergo surgery.

3. What is one thing you would do differently?

I think my time during the OR clinical rotation was well spent. I do not think I would change what I did during my clinical time. I participated in the pre-op setting, asked numerous questions when I was unsure of something, and observed the surgery first-hand.

4. What is your major "take home" from today's clinical experience(s)?

The major "take home" lesson from today's clinical experience would be the importance of assessments and viewing results prior to the patient having surgery. There are numerous considerations before a patient is sent to the OR for surgery including proper medication administration, lab results, and whether the patient was NPO prior to surgery. A patient undergoing surgery must meet certain criteria before being eligible for surgery.

5. Is there anything else you would like to mention?

I think that the OR is a good rotation site for nursing students. I learned plenty, observed assessments, and inserted an IV during my time in the OR. Going forward, nursing students should be able to experience the transition from pre-op to OR to PACU. It was a great experience!