

## N433 – Active Learning for School Nurse Shadowing Experience

Complete this Active Learning activity after your clinical with the School Nurse. Submit your completed assignment to the dropbox within 72 hours of this clinical rotation (Monday @ 2359). **Be sure you look at the attached rubric as you write up this assignment because it must be written with accurate grammar, spelling, and APA format for references. Your score will be based on this rubric. Each question must contain at least 100 words minimum.**

1. How does this clinical site relate to the course?

This clinical site relates to the course because, as a high school nurse, the nurse deal with the ages 14-18. The school nurse ensures that students are getting their medications, monitoring their blood sugars, and any other incidences that require treatment. The school nurse builds relationships with the students and understands what each student may need. The nurse also does health screenings such as hearing and vision screens to ensure that the student is up-to-date with their checkups. Although these nurses are not on the clinical side, the school nurse is responsible for maintaining student health and development.

2. How were you an engaged nursing professional today?

During this clinical course at the high school, the student observed most of the time. The student observed the nurse to ensure that the students got their medications and what a diabetic student needs to do when their blood sugars are too high. The nurse also did hearing and vision tests for the special needs class at the high school and educated us on the process and what to do when a student does not pass. The school nurse brought the students to a home visit since the student had not been to class for a couple of days, which is something the students did not know was a role the school nurse fulfilled.

3. How did you contribute to the service provided by the school nurse today?

The student contributed to the service provided by the school nurse today by asking questions and observing the different things a school nurse may do. The student interacted with the students and tried to initiate a conversation so that they felt comfortable sharing their information in front of us. Most of the time, the students needed help to do something hands-on. The students were mostly there to observe and ask questions about the process and what it takes to be a school nurse. The school nurse told us about her previous job and how different it was from the clinical and community settings.

4. Name **3** ways this clinical site impacts Pediatric health?

The school nurse clinical site impacts pediatric health because it allows students to share if they are ill or hurt. The school nurse, as mentioned before, knew every single student that came into her office, and they were comfortable enough to let her know what is going on right away. Students being comfortable is important because adolescents need to emphasize how they feel, especially if they are in pain or are ill. Secondly, sometimes students with parents with no health insurance or coverage can go into the nurse's office to take care of minor illnesses. Students may

hesitate to tell their parents what is happening because they may fear their parents cannot afford it. Lastly, the school nurse is always available. There will always be a nurse at the school, which is excellent because, as mentioned before, the school nurse can hold medications, ensure that the students get their insulin, and so forth.

5. What are the health risks of the population served during today's clinical based on your observations today?

The health risks of the population served during today's clinical observations would be some students keeping certain information from the nurse. For example, one of the students had to check his blood glucose level and take insulin. The student's significant other had to tell the nurse that his blood glucose level was elevated at 400 because he did not want to take the urine ketone test. The student did not want to go home and tell his mother about his blood glucose level. If the student's blood glucose stayed at that level, he could have gotten into hyperglycemic shock and would have to transport to the hospital.

6. Choose one of the health risks identified in question 5 and develop a plan of care to address this. Include a Nursing diagnosis, a measurable goal, and at least 3 Nursing interventions to achieve this goal.

Nursing diagnosis: Lack of knowledge related to diabetes and self-care skills as evidenced by not maintaining blood glucose levels

Measurable goal: increased knowledge about diabetes basic skills and self-care

Interventions:

1. Educating the student about diabetes management
2. Educating the student about signs and symptoms of hyperglycemia
3. Educating the student about logging down trends of their blood glucose levels

(Hinkle et al., 2022)

7. How will your experience during the School Nurse job shadowing impact your Nursing practice?

The student's experience during the school nurse job shadowing impacted the student's nursing practice by exposing the student to community nursing. The student will use the experience she learned at the school nurse clinical course by using more therapeutic communication in the clinical setting. The student realized that disconnecting from forming a relationship in the clinical setting is easy because the student will likely only see them once. Making patients comfortable enough to express their feelings and emotions is a great way to care for them as efficiently as possible. As mentioned, adolescents tend to shy away and not emphasize how they feel.

## References

Hinkle, J. L., Cheever, K. H., & Overbaugh, K. (2022). *Brunner & Suddarth's textbook of medical-surgical nursing* (15<sup>th</sup> ed.). Wolters Kluwer.

**N433 Grading Rubric Nurse Shadowing Clinical Paper**  
**50 Total Points Possible**

CRITERION	POOR	FAIR	GOOD
<p><b>-Concise and Complete</b></p> <p><i>Total Weight- 5 points</i></p>	<ul style="list-style-type: none"> <li>- Content is incomplete.</li> <li>- Major points are not clear and /or persuasive</li> </ul> <p><b>Weight-1 point</b></p>	<ul style="list-style-type: none"> <li>- Content is not comprehensive and /or persuasive.</li> <li>- Major points are addressed but not well supported.</li> <li>- Research is inadequate or does not address course concepts.</li> </ul> <p><b>Weight- 3 points</b></p>	<ul style="list-style-type: none"> <li>- Content is comprehensive, accurate, and persuasive.</li> <li>- Major points are stated clearly and are well supported.</li> <li>- Content and purpose of the writing are clear.</li> </ul> <p><b>Weight- 5 points</b></p>
<p><b>Critique of experience-Evaluation and Rationale for your comments</b></p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> <li>- Organization and structure detract from the message of the writer.</li> <li>- Paragraphs are disjointed and lack transition of thoughts.</li> <li>- Lack of evaluation and rationale for comments</li> </ul> <p><b>Weight- 1 point</b></p>	<ul style="list-style-type: none"> <li>- Structure of the paragraphs is not easy to follow.</li> <li>- Paragraph transitions need improvement.</li> <li>- Lack of adequate evaluation and rationale for comments</li> </ul> <p><b>Weight- 5 points</b></p>	<ul style="list-style-type: none"> <li>- Structure of the paragraphs is clear and easy to follow.</li> <li>- Good evaluation and rationale for comments</li> </ul> <p><b>Weight- 10 points</b></p>
<p><b>Thoughtful Reflection- How will this affect your practice, or will it?</b></p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> <li>- Paper lacks many elements of correct formatting.</li> <li>- Paragraphs are inadequate or excessive in length.</li> <li>- Unspecific as to how this experience will impact your nursing practice or not.</li> </ul> <p><b>Weight- 1 point</b></p>	<ul style="list-style-type: none"> <li>- Paper follows most guidelines.</li> <li>- Paper is over/ under word length.</li> <li>- Lacks some specifics as to how this experience will impact your nursing practice or not.</li> </ul> <p><b>Weight-5 points</b></p>	<ul style="list-style-type: none"> <li>- Paper follows designated guidelines.</li> <li>- Paper is the appropriate length as described for the assignment.</li> <li>- States clearly as to how this experience will impact nursing practice or not and why.</li> </ul> <p><b>Weight-10 points</b></p>
<p><b>APA Format Correct spelling/Grammar.</b></p> <p><b>Must use 1 scholarly reference (published within the last 5 years)</b></p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> <li>- Lack of APA format.</li> <li>- Paper contains numerous grammatical, punctuation, and spelling errors.</li> <li>- Language uses jargon or conversational tone</li> <li>- Lack of APA citation use and a Reference page for references used.</li> </ul> <p><b>Weight- 1 point</b></p>	<ul style="list-style-type: none"> <li>- Inappropriate APA format.</li> <li>- Paper contains few grammatical, punctuation, and spelling errors.</li> <li>- Language lacks clarity or includes the use of some jargon or conversational tone.</li> <li>- Inappropriate APA citation use and a Reference page for references used.</li> </ul> <p><b>Weight- 5 points</b></p>	<ul style="list-style-type: none"> <li>- Correct APA format.</li> <li>- Rules of grammar, usage, and punctuation are followed; spelling is correct.</li> <li>- Language is clear and precise; sentences display consistently strong, varied structure</li> <li>- Correct APA citation and a Reference page for references used.</li> </ul> <p><b>Weight- 10 points</b></p>
<p><b>Nursing diagnosis is appropriate for this setting; goal/outcome is measurable; Nursing interventions are appropriate and thorough.</b></p> <p><i>Total Weight- 10 points</i></p>	<p>ND is inaccurate for the setting; goal/outcome is not measurable, and Nursing interventions are inappropriate or inadequate.</p> <p><b>Weight- 1 point</b></p>	<p>- ND accurate for the setting; goal/outcome is not measurable, OR Nursing interventions are inappropriate or inadequate.</p> <p><b>Weight- 5 points</b></p>	<p>- ND accurate for the setting; goal/outcome is measurable; Nursing interventions appropriate and adequate for this setting.</p> <p><b>Weight- 10 points</b></p>
<p><b>Paper submitted to dropbox within 72 hours of the School Nurse shadow experience.</b></p> <p><i>Total Weight- 5 points</i></p>	<p>- Paper submitted to dropbox or discussion board late.</p> <p><b>Weight- 1 point</b></p>		<p>- Paper submitted to dropbox on time.</p> <p><b>Weight- 5 points</b></p>

**Total Points \_\_\_\_\_**