

N431 Adult Health II

Clinical Reflection Form

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Clinical Rotation Site: Special procedures

1. Briefly write about today's experience(s)

I was able to visualize several EGDs and colonoscopies during the clinical rotation. I was also able to visualize the entire gastrointestinal system from the esophagus all the way down to the rectum. During one of the colonoscopies, the gastroenterologist flipped the camera around so I could see what hemorrhoids looked like inside the rectum. Visualizing what the intestinal tract looked like from the inside made connecting lecture information to real-life situations much more manageable.

2. What is one thing you learned?

I learned today what the damage esophageal reflux disease looks like internally. I did not realize the damage this disease does to the inside of the esophagus until I was able to visualize the disease firsthand. The gastroenterologist also explained the risk factors and related the disease back to what the patient's specific history that caused this damage.

3. What is one thing you would do differently?

If I had the chance to go back to special procedures, I would ask the nurses to let me assist more in pre-operational care. During the afternoon, it is much slower than in the morning, and the number of patients coming through is greatly diminished. Now, after seeing what goes into pre-operational and post-operational care, I feel confident that I could assist the nurse greatly in the future.

4. What is your major "take home" from today's clinical experience(s)?

My primary take home from this clinical rotation is to take GI disorders seriously. The one common denominator from each patient was that they were underplaying how bad the disease they had was. Visualizing what the inside of the gastrointestinal system looks like with each disease process makes me want to care for my gastrointestinal system much better than I have been.

5. Is there anything else you would like to mention?

There is nothing else I would like to mention at this time.