N433 – Active Learning for Ambulatory Nurse Shadowing Experience

Complete this Active Learning activity after your clinical with the Ambulatory Clinic Nurse. Submit your completed assignment to the dropbox within 72 hours of this clinical rotation (Monday @ 2359). **Be sure you look at the attached rubric as you write up this assignment because <mark>it must be written with accurate grammar, spelling, and APA format for references.</mark> Your score will be based on this rubric. <mark>Each question must contain at least 100 words minimum.</mark>**

1. **How does this clinical site relate to the course?** Ambulatory nursing is outpatient medical services without admission to a hospital or other facility (Ricci et al., 2021). Working in this setting allows nurses to see youth between the ages of a few months to 17-year-old. Nurses can see Erikson's developmental group of trust versus mistrust to identity versus role confusion. Erikson's stages of development shows social and psychological development (Ricci et al., 2021). They also see Piaget's cognitive development of sensorimotor to formal operational. Piaget's cognitive development focuses on the nature of intelligence of all age groups (Ricci et al., 2021). These nurses promote wellness and prevent illness in all age groups by educating both the parents and the child.

2. **How were you an engaged nursing professional today?** I was engaged in nursing by asking questions on how to triage over the phone appropriately. Although I mainly shadowed, I witnessed many phone calls with patients and learned how to report a client's concern to the physician properly. I listened as the nurse talked to the patient's parents and witnessed how the nurse could determine whether the patient should come in that day or manage the symptoms until the next day. I witnessed how the nurse charted after every phone call. He taught me how to determine what is essential to put down on the report and always to remember SBAR.

3. **How did you contribute to the service provided by the clinic nurse today?** I contributed to the service provided by the clinic nurse today by being available. I could not go into any pediatric patient rooms, but I let the nurses know I could help with anything they needed help with that I was able to do. I also contributed by actively listening when the nurse made and received patient phone calls. I learned a lot about phone triage and how the clinic setting worked compared to the bedside. Though I did not do much during my time, I was happy to experience a different side of nursing and expand my knowledge on something new.

4. **Name 3 ways this clinical site impacts Pediatric health?** Ambulatory nursing impacts pediatric health through critical reasoning and clinical judgment during emergencies, life-threatening, and day-to-day events. They collaborate with healthcare providers to develop a treatment plan quickly, striving to provide maximum-quality care, manages chronic and acute diseases, and prevent illness. Nurses provide safety and quality care to patients by assisting the children and their families, respecting cultural beliefs and differences, and treatment preferences. Since medication administration is vital in pediatric health, these nurses know the correct dosages for the children to prevent over or under-dosing. They are also an advocate for these children. They help give patients a voice in their medical treatment and keep them informed about the treatment and procedures.

5. **What are the health risks of the population served during today's clinical based on your observations today?** I did not witness any health risks/concerns during my time at the clinic. My nurse showed good clinical judgment and professionalism while talking to patients. Health risks commonly seen in pediatrics are the risk of aspiration, suffocation, drowning, falls, burns, poisoning, and bodily damage (Ricci et al., 2021). Nurses should teach the parents about kitchen safety, such as not allowing little children in the kitchen while cooking or keeping all pot handles turned towards the center of the stove to prevent them from being pulled down and causing burns to the child. Parents should also receive education about car seat safety.

6. **Choose one of the health risks identified in question 5 and develop a plan of care to address this. Include a Nursing diagnosis, a measurable goal, and at least 3 Nursing interventions to achieve this goal.** Risk for suffocation related to inadequate air available for inhalation, secondary to compromise of the patient's safety. The patient and the parents will demonstrate preventative measures for maintaining a patent airway. Children younger than four years of age are at a greater risk of severe injury or death caused by airway obstruction, which is the leading cause of death in children under one (Ricci et al., 2021). Interventions to prevent suffocation are supervising your child while he/she is eating, avoiding giving children small toys to play with, removing extra blankets and pillows from the bed, and educating the family on how to perform the Heimlich maneuver in case of an emergency.

7. **How will your experience during the Ambulatory Clinic job shadowing impact your Nursing practice?** My experience during the ambulatory nurse job shadowing has impacted my nursing practice by showing me how critical clinic nurses are. Many parents rely on clinic nurses to provide care for their children and help them manage their child's illnesses. Clinics seem less stressful for parents when they need to bring their child in for a routine check-up or when the child becomes sick rather than bringing them to the emergency room. It made me realize that the nurses have built a trusting relationship with these families, as many of them come there frequently for the provider. Seeing the nurse interact with the families allowed me to know how to use my clinical judgment.

References

Ricci, S. S., Kyle, T., Carman, S. (2021). *Maternity and pediatric nursing* (4th ed.). Wolters Kluwer.

N433 Grading Rubric Nurse Shadowing Clinical Paper
50 Total Points Possible

CRITERION	POOR	FAIR	GOOD
-Concise and Complete *Total Weight- 5 points*	- Content is incomplete. - Major points are not clear and /or persuasive **Weight-1 point**	- Content is not comprehensive and /or persuasive. - Major points are addressed but not well supported. - Research is inadequate or does not address course concepts. **Weight- 3 points**	- Content is comprehensive, accurate, and persuasive. - Major points are stated clearly and are well supported. - Content and purpose of the writing are clear. **Weight- 5 points**
Critique of experience-Evaluation and Rationale for your comments *Total Weight- 10 points*	- Organization and structure detract from the message of the writer. - Paragraphs are disjointed and lack transition of thoughts. - Lack of evaluation and rationale for comments **Weight- 1 point**	- Structure of the paragraphs is not easy to follow. - Paragraph transitions need improvement. - Lack of adequate evaluation and rationale for comments **Weight- 5 points**	- Structure of the paragraphs is clear and easy to follow. - Good evaluation and rationale for comments **Weight- 10 points**
Thoughtful Reflection- How will this affect your practice, or will it? *Total Weight- 10 points*	- Paper lacks many elements of correct formatting. - Paragraphs are inadequate or excessive in length. - Unspecific as to how this experience will impact your nursing practice or not. **Weight- 1 point**	- Paper follows most guidelines. - Paper is over/ under word length. - Lacks some specifics as to how this experience will impact your nursing practice or not. **Weight-5 points**	- Paper follows designated guidelines. - Paper is the appropriate length as described for the assignment. - States clearly as to how this experience will impact nursing practice or not and why. **Weight-10 points**
APA Format Correct spelling/Grammar. ==Must use 1 scholarly reference (published within the last 5 years)== *Total Weight- 10 points*	- Lack of APA format. - Paper contains numerous grammatical, punctuation, and spelling errors. - Language uses jargon or conversational tone - Lack of APA citation use and a Reference page for references used. **Weight- 1 point**	- Inappropriate APA format. - Paper contains few grammatical, punctuation, and spelling errors. - Language lacks clarity or includes the use of some jargon or conversational tone. - Inappropriate APA citation use and a Reference page for references used. **Weight- 5 points**	- Correct APA format. - Rules of grammar, usage, and punctuation are followed; spelling is correct. - Language is clear and precise; sentences display consistently strong, varied structure - Correct APA citation and a Reference page for references used. **Weight- 10 points**
Nursing diagnosis is appropriate for this setting; goal/outcome is measurable; Nursing interventions are appropriate and thorough. *Total Weight- 10 points*	ND is inaccurate for the setting; goal/outcome is not measurable, and Nursing interventions are inappropriate or inadequate. **Weight- 1 point**	- ND accurate for the setting; goal/outcome is not measurable, OR Nursing interventions are inappropriate or inadequate. **Weight- 5 points**	- ND accurate for the setting; goal/outcome is measurable; Nursing interventions appropriate and adequate for this setting. **Weight- 10 points**
Paper submitted to dropbox within 72 hours of the School Nurse shadow experience. *Total Weight- 5 points*	- Paper submitted to dropbox or discussion board late. **Weight- 1 point**		- Paper submitted to dropbox on time. **Weight- 5 points**

Total Points _____