

Teaching Plan and Grading Rubric

Student Name: Caite Blakeney

Criteria	0 points	2.5 points	5 points	Comments
<p><u>Assessment of Client/Family</u></p> <ul style="list-style-type: none"> • Determines motivation for learning • Identifies barriers to learning • Discuss health beliefs/values • Discuss psychosocial and cognitive development 	<p>Missing 2 or more of the following:</p> <ul style="list-style-type: none"> • Determines motivation for learning • Identifies barriers to learning • Discuss health beliefs/values • Discuss psychosocial and cognitive development 	<p>Missing 1 of the following:</p> <ul style="list-style-type: none"> • Determines motivation for learning • Identifies barriers to learning • Discuss health beliefs/values • Discuss psychosocial and cognitive development 	<p>Includes complete information of all criteria:</p> <ul style="list-style-type: none"> • Determines motivation for learning • Identifies barriers to learning • Discuss health beliefs/values • Discuss psychosocial and cognitive development 	
Criteria	0 points	2.5 points	5 points	Comments
<p><u>Nursing Diagnosis and Goal of Teaching</u></p> <ul style="list-style-type: none"> • 1 nursing diagnosis identified in proper formatting • 1 goal of teaching identified 	<p>Missing 2 of the following:</p> <ul style="list-style-type: none"> • 1 nursing diagnosis identified in proper formatting • 1 goal of teaching identified 	<p>Missing 1 of the following:</p> <ul style="list-style-type: none"> • 1 nursing diagnosis identified in proper formatting • 1 goal of teaching identified 	<p>Includes complete information of all criteria:</p> <ul style="list-style-type: none"> • 1 nursing diagnosis identified in proper formatting • 1 goal of teaching identified 	
Criteria	0 points	2.5 points	5 points	Comments
<p><u>Interventions</u></p> <ul style="list-style-type: none"> • Discuss 3 interventions to be included in teaching • Relate interventions to meeting the teaching goal 	<p>Missing 2 of the following:</p> <ul style="list-style-type: none"> • Interventions to be included in teaching • Relate interventions to meeting the teaching goal 	<p>Missing 1 of the following:</p> <ul style="list-style-type: none"> • Interventions to be included in teaching • Relate interventions to meeting the teaching goal 	<p>Includes complete information of all criteria:</p> <ul style="list-style-type: none"> • Interventions to be included in teaching • Relate interventions to meeting the teaching goal 	

Criteria	0 points	1 point	2 points	Comments
<p><u>Methods/Teaching Tools</u></p> <ul style="list-style-type: none"> • Use 2 appropriate teaching methods to deliver teaching • Consider the following teaching methods: <ul style="list-style-type: none"> • Discussion • Q&A • Teach-Back • Interactive 	<p>Missing 2 of the following:</p> <ul style="list-style-type: none"> • Use 2 appropriate teaching methods to deliver teaching • Consider the following teaching methods: <ul style="list-style-type: none"> • Discussion • Q&A • Teach-Back • Interactive 	<p>Missing 1 of the following:</p> <ul style="list-style-type: none"> • Use 2 appropriate teaching methods to deliver teaching • Consider the following teaching methods: <ul style="list-style-type: none"> • Discussion • Q&A • Teach-Back • Interactive 	<p>Includes complete information of all criteria:</p> <ul style="list-style-type: none"> • Use 2 appropriate teaching methods to deliver teaching • Consider the following teaching methods: <ul style="list-style-type: none"> • Discussion • Q&A • Teach-Back • Interactive 	
Criteria	0 points	1.5 points	3 points	Comments
<p><u>Evaluation</u></p> <ul style="list-style-type: none"> • Discuss how the client/family received the teaching • Identify strengths/weaknesses of the client or family in receiving teaching • Suggest modifications to improve teaching plan (What would have improved the plan?) 	<p>Missing 2 or more of the following:</p> <ul style="list-style-type: none"> • Discuss how the client/family received the teaching • Identify strengths/weaknesses of the client or family in receiving teaching • Suggest modifications to improve teaching plan (What would have improved the plan?) 	<p>Missing 1 of the following:</p> <ul style="list-style-type: none"> • Discuss how the client/family received the teaching • Identify strengths/weaknesses of the client or family in receiving teaching • Suggest modifications to improve teaching plan (What would have improved the plan?) 	<p>Includes complete information of all criteria:</p> <ul style="list-style-type: none"> • Discuss how the client/family received the teaching • Identify strengths/weaknesses of the client or family in receiving teaching • Suggest modifications to improve teaching plan (What would have improved the plan?) 	

Criteria	0 points	2.5 points	5 points	Comments
APA Format <ul style="list-style-type: none"> • Appropriate APA in-text citations and listed all appropriate references in APA format • At least 2 scholarly source(s) are utilized and should be 5 or less years old • Source(s) greater than 5 years old will not be accepted • Reference page complete 	No in-text citations present 2 or more references are greater than 5 years old 3 or more APA errors No reference page present	1-2 APA errors 1 reference is greater than 5 years old In-text citations appropriately cited Reference page present	No APA errors present In-text citations appropriately cited Reference page present and formatted properly	
TOTAL				/25

Assessment of Client/Family (5 points)	Nursing Diagnosis & Goal of Teaching (5 points)	Interventions (5 points)	Methods/Teaching Tools (2 points)	Evaluation (3 points)
<p>Level of motivation for learning: The patient is eager to learn about hepatic encephalopathy and what she can do to prevent reoccurrence. The patient is aware that she was not taking her medicine frequently enough prior to her hospitalization. The patient reports that she has not consumed alcohol since August 2021 and is trying to remain sober.</p> <p>Barriers to effective learning: The patient is receptive to learning. The patient is alert and oriented. The patient has a long history of alcohol abuse. The patient states she is trying to stay sober and has not had any drinks since August of 2021. It is unknown if the patient will truly be able to abstain from alcohol use. The patient makes statements such as “I wish I would have started drinking sooner”.</p>	<p>Nursing Diagnosis: Risk from increased ammonia levels related to noncompliance of medication as evidenced by patient stating, “I wasn’t taking my meds as often as I should have been”.</p> <p>Goal of Teaching: Educate patient on hepatic encephalopathy and how prevent reoccurrence.</p>	<p>Intervention 1: Educate patient on symptoms of hepatic encephalopathy.</p> <p>Signs and symptoms of hepatic encephalopathy include mood changes, changes in sleep pattern, poor concentration, slurred speech, and flapping tremor (Liverpool Hospital, 2019).</p> <p>The patient was able to verbalize signs of hepatic encephalopathy.</p> <p>Intervention 2: Educate patient on cause of hepatic encephalopathy.</p> <p>The liver is responsible for metabolizing ammonia in the body. When the</p>	<p>Method 1: Brochure. Information was resented in the form of a brochure. Brochure included information such as what causes hepatic encephalopathy, mechanism of lactulose, and how to take medication correctly.</p> <p>Method 2: Question and Answer Patient was asked a series of questions following her teaching. She was able to verbalize an understanding of the information being presented.</p>	<p>Discuss how the client/family received the teaching: Mother and father were present for teaching. They were very pleased to hear their daughter’s interest in bettering her health. Client was able to verbalize and understanding of the teaching and was appreciative of the brochure and time spent providing education.</p> <p>Identify strengths/weaknesses of the client or family in receiving teaching: The patient’s parents are a great support system. They are motivated to help their daughter live a healthier lifestyle. Patient was able to verbalize and understanding of the teaching and seemed genuinely interested in the material. Patient has a long history of alcohol abuse.</p>

<p>Health beliefs/values: The patient is trying to get her health back on track. She is currently abstaining from alcohol with the support of her parents. The patient understands that her poor health is a direct result of her history of alcohol abuse.</p> <p>Psychosocial development: Age 46: Generativity vs. Stagnation.</p> <p>The patient is believed to be in the stagnation phase. She is currently unemployed with no desire to seek employment. The patient has a history of alcohol abuse and depression. According to Erickson, the stagnation phase refers to feelings of unfulfillment, failure, and feeling disconnected from society (Ricci et al., 2021).</p> <p>Cognitive development: The patient was able to actively participate in teaching and displayed an understanding of the material</p>		<p>liver becomes damaged, such as with cirrhosis, it is unable to adequately remove ammonia. This increase of ammonia in the blood stream triggers an inflammatory response in the brain leading to hepatic encephalopathy.</p> <p>The patient was able to verbalize an understanding of the correlation of cirrhosis with the accumulation of ammonia in the blood stream.</p> <p>Intervention 3: Educate patient on how to correctly take lactulose and the normal side effects which may occur.</p> <p>Lactulose is to be taken 3x per day as directed by the patient's physician. The physician will determine the amount the patient will remain on for maintenance</p>		<p>Hopefully, she can hold on to her desire to live a healthier lifestyle.</p> <p>Suggest modifications to improve teaching plan (what would have improved the plan?): I would have liked to have been able to spend more time with the patient.</p>
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being presented.

once she is released from the hospital. Currently, the patient is receiving 30 mL or 2 tablespoons. The patient should use a calibrated dosage cup to measure out the medication. Lactulose is a laxative. It works by pulling excess ammonia into the bowel so that it can be eliminated. Ultimately, we would like to see the patient have 2-3 soft bowel movements per day.

Patient verbalized and understanding of how to correctly take her medication.

References (2) (APA):

Liverpool Hospital. (2019, July). *Lactulose therapy in Hepatic encephalopathy*. Gastroenterology & Liver Liverpool Hospital. Retrieved January 26, 2022, from https://www.gastroliverpool.com.au/resources/liver-disease/Lactulose-therapy-in-Hepatic-Encephalopathy-booklet-19_0003.pdf

Ricci, S. S., Kyle, T., & Carman, S. (2021). *Maternity and pediatric nursing* (4th ed.). Wolters Kluwer.