

N432 Clinical Observation

Lakeview College of Nursing

Name: Christina Oakley

10-19-22

One of the patients presented to the clinic for the removal of a Nexplanon. The patient wanted the birth control removed because it made her gain weight, and she was also interested in having children with her spouse. This is an example of empowering the individual. The nurse was very supportive of the patient's wishes and didn't show any judgment. Abiding to the patient's wishes makes them feel empowered and overall have a sense of feeling that they are in control of their health.

A patient had come to the clinic for a colposcopy. This was done because of a pap smear that was previously done which showed abnormal cells. The nurse began by introducing herself to the patient. She began by asking the patient some brief questions. For example, she asked if there was any chance of pregnancy or if she has ever had a colposcopy done. The nurse must ask these questions in case of pregnancy, the doctor may need to delay if they plan on obtaining a biopsy during the colposcopy. The nurse may also ask if they have had this examination done in the past to verify any significant findings. The nurse began to lay out the supplies for the examination while the doctor was explaining why the examination was being done. After the examination process was explained, the nurse made sure the patient was comfortable by repositioning the bed and getting water for the patient. During the examination, the nurse monitored the patient and continued to provide words of encouragement. The nurse also helped the doctor by handing him supplies and utensils. After the examination was done, the nurse explained to the patient that they would receive the results and approximately how long it would take as well. Lastly, she ended by asking the patient if she had any final questions for her or the doctor.

A colposcopy is an examination of the cervix using a binocular microscope that is done by a trained physician (Al-Darwish et al., 2022). The nurse assists the physician during the examination and performs an assessment before the examination. The nurse will also assess the patient's last menstrual period, current medications, any allergies, and any chance of pregnancy (Al-Darwish et al., 2022). The nurse should also ensure comfort by providing measures such as repositioning (Al-Darwish et al., 2022).

References:

Al-Darwish, A. A. G. E. D., Abdallah, K. M. A., & Ahmed, S. M. (2022). Clinical audits in colposcopy at al-azhar university hospital. *The Egyptian Journal of Hospital Medicine*, 89(1), 4709-4714.

<https://doi.org/10.21608/EJHM.2022.260022>