

## N433 – Active Learning for Ambulatory Nurse Shadowing Experience

Complete this Active Learning activity after your clinical with the Ambulatory Clinic Nurse. Submit your completed assignment to the dropbox within 72 hours of this clinical rotation (Monday @ 2359). **Be sure you look at the attached rubric as you write up this assignment because it must be written with accurate grammar, spelling, and APA format for references. Your score will be based on this rubric. Each question must contain at least 100 words minimum.**

1. How does this clinical site relate to the course?

This clinical site relates to the N433 course by including the pediatric setting and nurses showing the students outpatient care. This Carle outpatient clinic is a lovely and welcoming environment for students to go to and follow nurses and even CMAs. While at the clinical site, the student gave vaccines, took vitals, and discussed questions with the nurses and nurse practitioners. This is an excellent clinical rotation, so the student can experience giving pediatric patients vaccines and discussing the value of appointments and the purpose of vaccines with the parents. The students' rotations at the hospitals are more disease and illness-focused, but the patients we saw in the clinic were follow-ups and wellness checkups.

2. How were you an engaged nursing professional today?

Today the students helped the nurses with vaccines, vitals, and overall assessments for each patient. The students also communicated the importance of follow-ups to the parents and keeping the child's vaccine schedule up to date. The student helped give vaccines to infants and worked together to weigh and measure them. The student got to communicate with the nurse practitioner and ask questions about specific care areas for the pediatric patient. The student loved seeing the children in the clinic and answering the parent's concerns that they had. This is an excellent clinical rotation, so the student can experience giving pediatric patients vaccines and discussing the value of appointments and the purpose of vaccines with the parents.

3. How did you contribute to the service provided by the clinic nurse today?

While helping the nurses and CMAs at the Ambulatory Clinic, the student got to help give vaccines, take vitals, and draw up vaccines into syringes. With the students helping the nursing staff with these issues, the nurses could get charting done reasonably for the practitioners to review. Many patients were late for appointments, so the students helped care for clients at decent times. While giving vaccines, it was helpful for the student to see how fast and distracting one must be to give infant shots. The student also helped the clinic nurse today by being able to draw up medications and vaccines to help save time.

4. Name 3 ways this clinical site impacts Pediatric health.

This clinical site impacts pediatric health in the community by providing a quick solution to getting appointments, checkups, follow-up vaccines, and clinic wellness checkups. Outpatient clinical sites like the Carle in Danville help perform age-appropriate health screening for routine follow-ups for all ages. Outpatient clinics can check up to ensure the child reaches all the correct milestones. The day the

students were at the clinic, the primary admission for most patients was vaccines or 3-month checkups for newborns. Outpatient clinics can provide a quick and easy way for parents to ensure their child gets the correct yearly vaccination schedule (Ricci et al., 2021).

5. What are the health risks of the population served during today's clinical based on your observations today?

The day the students were at the clinic, the primary admission for most patients was vaccines or newborn infant check-ups. Significant health risks for the pediatric population that the student saw at the clinic today included RSV. Anytime an infant who had a cough or sounded congested had a history of RSV. Patients with RSV are typically seen with coughing, having a fever, wheezing, and a rash. Respiratory syncytial virus (RSV) is commonly found in infants and young children who get the infection transmitted by droplets from adults. Kissing infants is the most common cause of RSV (Barlow et al., 2019).

6. Choose one of the health risks identified in question 5 and develop a plan of care to address this. Include a Nursing diagnosis, a measurable goal, and at least 3 Nursing interventions to achieve this goal.

The main health risk the students saw at the clinic today was Respiratory Syncytial Virus (RSV). Many of the scheduled infants came for follow-up appointments after being discharged from the hospital with RSV. RSV presents in infants with fever, cough, and rashes. A plan of care that nurses should implement includes not having ill people around their infants and child. RSV is transmitted by droplets and is mainly seen by adults kissing infants. Ensuring no one is sick around their child and no one kisses them or gets relatively close to their child's face can help reduce the spread of RSV. Some common nursing interventions to reduce the spread of RSV include using humidified air, administering medications when needed, and encouraging good hygiene habits (Pagana et al., 2018).

7. How will your experience during the Ambulatory Clinic job shadowing impact your Nursing practice?

The student's experience at the Ambulatory Pediatric Clinic will impact the level of nursing care due to the student's experiences. At this clinic, the student got the feel of an outpatient rather than an inpatient hospital setting. The student got to practice skills involving pediatric patients, such as taking vitals on a child, weight and measuring infants, and giving vaccines to various ages. Students should get more opportunities to have ambulatory clinics. The settings and job requirements for inpatient and outpatient are very different. It is good to see both sides of nursing and practice various skills one usually does not get to perform in a hospital setting.

## References:

- Barlow, M., Holman, H., Johnson, J., McMichael, M., Sommer, S., Wheless, L., Wilford, K., & Williams, D. (2019). ATI: RN *Maternal newborn nursing* (11<sup>th</sup> ed.). Assessment Technologies Institute, LLC.
- Pagana, K. D., Pagana, T. J., & Pagana, T. N. (2018). *Mosby's Diagnostic and Laboratory Test Reference* (14th ed.). Mosby.
- Ricci, S. S., Kyle, T., & Carman, S. (2021). *Maternity and pediatric nursing* (4th ed.). Wolters Kluwer.

**N433 Grading Rubric Nurse Shadowing Clinical Paper**  
**50 Total Points Possible**

<b>CRITERION</b>	<b>POOR</b>	<b>FAIR</b>	<b>GOOD</b>
<p><b>-Concise and Complete</b></p> <p><i>Total Weight- 5 points</i></p>	<ul style="list-style-type: none"> <li>- Content is incomplete.</li> <li>- Major points are not clear and /or persuasive</li> </ul> <p><b>Weight-1 point</b></p>	<ul style="list-style-type: none"> <li>- Content is not comprehensive and /or persuasive.</li> <li>- Major points are addressed but not well supported.</li> <li>- Research is inadequate or does not address course concepts.</li> </ul> <p><b>Weight- 3 points</b></p>	<ul style="list-style-type: none"> <li>- Content is comprehensive, accurate, and persuasive.</li> <li>- Major points are stated clearly and are well supported.</li> <li>- Content and purpose of the writing are clear.</li> </ul> <p><b>Weight- 5 points</b></p>
<p><b>Critique of experience-Evaluation and Rationale for your comments</b></p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> <li>- Organization and structure detract from the message of the writer.</li> <li>- Paragraphs are disjointed and lack transition of thoughts.</li> <li>- Lack of evaluation and rationale for comments</li> </ul> <p><b>Weight- 1 point</b></p>	<ul style="list-style-type: none"> <li>- Structure of the paragraphs is not easy to follow.</li> <li>- Paragraph transitions need improvement.</li> <li>- Lack of adequate evaluation and rationale for comments</li> </ul> <p><b>Weight- 5 points</b></p>	<ul style="list-style-type: none"> <li>- Structure of the paragraphs is clear and easy to follow.</li> <li>- Good evaluation and rationale for comments</li> </ul> <p><b>Weight- 10 points</b></p>
<p><b>Thoughtful Reflection- How will this affect your practice, or will it?</b></p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> <li>- Paper lacks many elements of correct formatting.</li> <li>- Paragraphs are inadequate or excessive in length.</li> <li>- Unspecific as to how this experience will impact your nursing practice or not.</li> </ul> <p><b>Weight- 1 point</b></p>	<ul style="list-style-type: none"> <li>- Paper follows most guidelines.</li> <li>- Paper is over/ under word length.</li> <li>- Lacks some specifics as to how this experience will impact your nursing practice or not.</li> </ul> <p><b>Weight-5 points</b></p>	<ul style="list-style-type: none"> <li>- Paper follows designated guidelines.</li> <li>- Paper is the appropriate length as described for the assignment.</li> <li>- States clearly as to how this experience will impact nursing practice or not and why.</li> </ul> <p><b>Weight-10 points</b></p>
<p><b>APA Format Correct spelling/Grammar.</b></p> <p><b>Must use 1 scholarly reference (published within the last 5 years)</b></p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> <li>- Lack of APA format.</li> <li>- Paper contains numerous grammatical, punctuation, and spelling errors.</li> <li>- Language uses jargon or conversational tone</li> <li>- Lack of APA citation use and a Reference page for references used.</li> </ul> <p><b>Weight- 1 point</b></p>	<ul style="list-style-type: none"> <li>- Inappropriate APA format.</li> <li>- Paper contains few grammatical, punctuation, and spelling errors.</li> <li>- Language lacks clarity or includes the use of some jargon or conversational tone.</li> <li>- Inappropriate APA citation use and a Reference page for references used.</li> </ul> <p><b>Weight- 5 points</b></p>	<ul style="list-style-type: none"> <li>- Correct APA format.</li> <li>- Rules of grammar, usage, and punctuation are followed; spelling is correct.</li> <li>- Language is clear and precise; sentences display consistently strong, varied structure</li> <li>- Correct APA citation and a Reference page for references used.</li> </ul> <p><b>Weight- 10 points</b></p>
<p><b>Nursing diagnosis is appropriate for this setting; goal/outcome is measurable; Nursing interventions are appropriate and thorough.</b></p> <p><i>Total Weight- 10 points</i></p>	<p>ND is inaccurate for the setting; goal/outcome is not measurable, and Nursing interventions are inappropriate or inadequate.</p> <p><b>Weight- 1 point</b></p>	<p>- ND accurate for the setting; goal/outcome is not measurable, OR Nursing interventions are inappropriate or inadequate.</p> <p><b>Weight- 5 points</b></p>	<p>- ND accurate for the setting; goal/outcome is measurable; Nursing interventions appropriate and adequate for this setting.</p> <p><b>Weight- 10 points</b></p>
<p><b>Paper submitted to dropbox within 72 hours of the School Nurse shadow experience.</b></p> <p><i>Total Weight- 5 points</i></p>	<p>- Paper submitted to dropbox or discussion board late.</p> <p><b>Weight- 1 point</b></p>		<p>- Paper submitted to dropbox on time.</p> <p><b>Weight- 5 points</b></p>

Total Points \_\_\_\_\_