

N323 Clinical Journal # 2

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1. Reflect on the overall clinical experience.

- Today I had a great day at the Pavilion. I learned a lot about mental health and how it affects children. I got to hang out on the children's side. I got to experience their daily routine.

2. Discuss how you communicated with the client. What communication techniques did you use? What did you notice about therapeutic communication in this interaction?

- I communicated with a couple of the children today. We had a good day altogether. It was a little bit overwhelming walking into a room full of kids. At first, it was deafening; however, the tech could calm them down. I used therapeutic communication with each one of the children. The children were very chatty. We ended the day by watching a movie.

3. Discuss what you think you did best during this clinical day.

- In one room, there were about ten children from the ages 5-7. I think I did a good job getting everyone involved and playing together.

4. Discuss what you think you might be able to improve in the future.

- In the future, I will understand how to talk calmly to children. Going into a room full of kids gets overwhelming just because they get very loud if they do not get what they want.

5. While you were interacting with the clients, did you learn anything about yourself?

- I learned that I have to know how to prioritize. Many children were asking for different things simultaneously, so knowing which need is more important than the other is essential.