

N431 ADH2  
Clinical Reflection

Name: Levi Hahne

Clinical rotation Site: CCU

1. Briefly write about today's experience(s)

Today I performed oral care 2x on a patient that was in the CCU for suicidal attempts. The nurse and I administered propofol, dilaudid, protein mix feed, and sodium bicarb through IV. I did a head to toe assessment as well as turned the patient every couple hours to prevent skin breakdown. I also observed a fellow student perform her care on her patient, and learned more about blood administration for platelets while she cared for her patient.

2. What is one thing you learned?

I learned how to taper propofol and dilaudid through IV administration. This is to help improve vitals in a client, and the tapering is done slowly as opposed to rapidly to help the body adjust to the medications. The dilaudid was to help with the patient's pain as she had a hard time expressing her pain level to the nurse and myself.

3. What is one thing you would do differently?

I wish I could have helped do the blood administration on my classmate's client. I have never helped in that process on the nursing floor, but I have observed the process before many times. I wasn't able to monitor side effects within the first 15 minutes as I went to go grab things for the nurse. I also watched the blood go through a PICC line, so that would have been nice to experience hooking up the bloodwork to the PICC line for the client.

4. What is your major take home from today's clinical experience?

I was able to see how the nurse treats a patient when they cannot communicate with them personally through speech. I got to witness how to speak to them and respond to simple gestures they made, like situations where the nurse had to read the client's body language to understand what she may need or want. Therefore, it is important to read body language aside from verbal responses, even if it is communicating through eye responses the patient may display.

5. Is there anything else you would like to mention?

I like the CCU a lot at Carle, but my main desire is to work in the ER department where I enjoy more of the atmosphere and care towards patients. The CCU has taught me a lot

about how to hook up multiple IV's and administer multiple drugs at once, so I was thankful to work in an area today that was similar to ER.