

N433 – Active Learning for Ambulatory Nurse Shadowing Experience

Complete this Active Learning activity after your clinical with the Ambulatory Clinic Nurse. Submit your completed assignment to the dropbox within 72 hours of this clinical rotation (Monday @ 2359). **Be sure you look at the attached rubric as you write up this assignment because it must be written with accurate grammar, spelling, and APA format for references. Your score will be based on this rubric. Each question must contain at least 100 words minimum.**

1. How does this clinical site relate to the course?

In the infant, child, and adolescent health course, the instructor covers content such as growth and development in newborns through adolescence, pediatric atraumatic care, health supervision, health assessment, pediatric nursing interventions, and pediatric pain management. This student had a clinical rotation at the Carle clinic on Fairchild Street in the pediatric unit. This student could see course content displayed hands-on while children came in for routine checkups, severe acute illness, and developmental health conditions. In the course, we learned the importance of regular wellness visits, and this clinical environment showed the necessary individualized care. This explains how the clinical relates to the course material.

2. How were you an engaged nursing professional today?

On September 30, 2022, I was to report to the pediatric unit at the Carle clinic in Danville. A fellow student, Jamal, shadowed the nurses with me. Upon arrival, the two nurses were sedentary at their computers. The nurses told Jamal and me that we were free to sit with them or we could follow the medical office assistants around when an opportunity arose. The sedentary lifestyle of a clinic nurse is not something I am interested in, so I took the initiative of following the medical office assistants (MOA) around. I felt engaged by taking the initiative of following the MOAs around the office. I understand this was a “nurse shadow,” but if that were the case, I would have looked at charts for four hours. I made myself involved by being included in the MOAs’ day instead.

3. How did you contribute to the service provided by the clinic nurse today?

As stated above, the clinic nurses were not involved with patient care. The medical office assistants roomed the kiddos, took appropriate height/weight, gathered questions for the provider, and gave vaccinations when necessary. I contributed by being mindful and observant of each patient interaction. I ensured to introduce myself to each patient and family and asked if it was ok if I stood in during their appointment. I observed each vaccination being administered and observed the medical

office assistant as she documented information appropriately in the charts. I was highly impressed by how involved the medical office assistants were. One of the MOAs already knew a couple of her patients and families from often interacting with them at the clinic. This type of involvement does make a pleasant experience for these kiddos. A familiar face is always comforting.

4. Name 3 ways this clinical site impacts Pediatric health?

1. The clinical site offers well-child visits. A physician can check your kiddo holistically during well-child visits, determine their physical and emotional requirements, promote growth and development, and act immediately if any problems do occur. For your child to be able to engage in sports, go to school, and/or childcare, they must participate in getting regular checkups.

2. The clinical site offers vaccination administration. The body develops defense-enhancing antibodies, or proteins, with the aid of vaccinations. You may protect yourself and prevent the spread of avoidable diseases to others in your community by getting vaccinated.

3. The clinic also treats pediatric conditions such as asthma. A principal reason for trips to the emergency room, hospital stays, and days missed from school is asthma. Childhood asthma cannot be cured, but it can be treated to keep the symptoms under control and prevent damage to the developing lungs.

5. What are the health risks of the population served during today's clinical based on your observations today?

From my observations in the clinic at the end of September, I conclude that uneducated parents are a significant health risk to the population. This risk may even correlate to the parents being young. In one chart specifically, a note stated, "check for how the patient is dressed." I asked the medical office assistant for clarity around the note. She explained that the last time the patient was in the office, the parents only had him dressed in a diaper. The physician educated the parents on the importance of layers and dressing the baby as they would dress themselves in colder weather. This same baby and family were seen the day I was in the clinic. I observed the baby in a short-sleeved onesie – appropriate for our climate that day. The mom was in the room. Extremely quiet, sitting in the chair. The father proceeded to undress the baby for his weight check. After the weight check, the father attempted to put the dirty diaper back on the child. The medical office assistant noticed as well and quickly offered a clean diaper. I am unsure if this is a case of lack of education or perhaps a touch of a cognitive delay among both parents, but this could cause a risk to this baby's health. I am sure this is not the only family in the area that lacks the foundational knowledge to care for a newborn.

6. Choose one of the health risks identified in question 5 and develop a plan of care to address this. Include a Nursing diagnosis, a measurable goal, and at least 3 Nursing interventions to achieve this goal.

Nursing diagnosis: Risk for impaired parenting related to lack of maturity level for parenting as evidenced by dressing the baby inappropriately (climate wise and cleanliness)

Measurable goal: The parents will identify 3 personal strengths to overcome parenting barriers.

The parents will participate in 2 classes a month to promote effective parenting

Three nursing interventions:

1. Display positivity and allow time for bonding (Phelps, 2020): The nurse can connect with the baby and parents in a kind manner to provide a good example. The nurse can offer assistance in helping the parents feed, swaddle, hold and wash their child and may give the parents plenty of opportunity to bond during the appointment.
2. Perform a depression screening (Phelps, 2020): I did not hear the mom speak once during the clinical rotation. She sat in the chair while Dad handled the baby. Postpartum depression is common. A lack of sensitivity and responsiveness to their infant's demands is frequently evident in the symptoms. Mom and baby both need treatment for this dangerous condition. Typically, a depression screening will be given to the mom during the baby's well-child visits. We may not provide this at a weight check office visit, but it is certainly something to keep in mind.
3. Offer community resources: Young or unprepared parents may need the assistance of local services. To promote the infant's safety and health, provide information on parenting classes and government help programs.

7. How will your experience during the Ambulatory Clinic job shadowing impact your Nursing practice?

In healthcare settings, the nature of the nurse-patient connection is crucial to providing high-quality and effective healthcare delivery. The public is frequently ready to blame the nurse for their poor experiences at the hospital or another medical facility (Konlan et al., 2021). I am determined to portray a positive attitude; I want the way I "nurse" to be encouraged. During the ambulatory clinic shadow, I could practice my communication skills and overall positivity. I spoke up and interacted with the patients and families even when silence hung in the room. Patients long for nurses to treat them with compassion, joy, and responsiveness. I believe my experience in the clinic has helped me feel even more confident in my skills.

References:

Konlan, K. D., Saah, J. A., Doat, A. R., Amoah, R. M., Abdulai, J. A., Mohammed, I., & Konlan, K. D. (2021). Influence of nurse-patient relationship on hospital attendance. A qualitative study of patients in the Kwahu Government Hospital, Ghana. *Heliyon*, 7(2), e06319.

Linda Lee Phelps. (2020). *Sparks & Taylor's Nursing Diagnosis Reference Manual*. Wolters Kluwer Medical.

N433 Grading Rubric Nurse Shadowing Clinical Paper
50 Total Points Possible

CRITERION	POOR	FAIR	GOOD
<p>-Concise and Complete</p> <p><i>Total Weight- 5 points</i></p>	<ul style="list-style-type: none"> - Content is incomplete. - Major points are not clear and /or persuasive <p>Weight-1 point</p>	<ul style="list-style-type: none"> - Content is not comprehensive and /or persuasive. - Major points are addressed but not well supported. - Research is inadequate or does not address course concepts. <p>Weight- 3 points</p>	<ul style="list-style-type: none"> - Content is comprehensive, accurate, and persuasive. - Major points are stated clearly and are well supported. - Content and purpose of the writing are clear. <p>Weight- 5 points</p>
<p>Critique of experience-Evaluation and Rationale for your comments</p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> - Organization and structure detract from the message of the writer. - Paragraphs are disjointed and lack transition of thoughts. - Lack of evaluation and rationale for comments <p>Weight- 1 point</p>	<ul style="list-style-type: none"> - Structure of the paragraphs is not easy to follow. - Paragraph transitions need improvement. - Lack of adequate evaluation and rationale for comments <p>Weight- 5 points</p>	<ul style="list-style-type: none"> - Structure of the paragraphs is clear and easy to follow. - Good evaluation and rationale for comments <p>Weight- 10 points</p>
<p>Thoughtful Reflection- How will this affect your practice, or will it?</p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> - Paper lacks many elements of correct formatting. - Paragraphs are inadequate or excessive in length. - Unspecific as to how this experience will impact your nursing practice or not. <p>Weight- 1 point</p>	<ul style="list-style-type: none"> - Paper follows most guidelines. - Paper is over/ under word length. - Lacks some specifics as to how this experience will impact your nursing practice or not. <p>Weight-5 points</p>	<ul style="list-style-type: none"> - Paper follows designated guidelines. - Paper is the appropriate length as described for the assignment. - States clearly as to how this experience will impact nursing practice or not and why. <p>Weight-10 points</p>
<p>APA Format Correct spelling/Grammar.</p> <p>Must use 1 scholarly reference (published within the last 5 years)</p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> - Lack of APA format. - Paper contains numerous grammatical, punctuation, and spelling errors. - Language uses jargon or conversational tone - Lack of APA citation use and a Reference page for references used. <p>Weight- 1 point</p>	<ul style="list-style-type: none"> - Inappropriate APA format. - Paper contains few grammatical, punctuation, and spelling errors. - Language lacks clarity or includes the use of some jargon or conversational tone. - Inappropriate APA citation use and a Reference page for references used. <p>Weight- 5 points</p>	<ul style="list-style-type: none"> - Correct APA format. - Rules of grammar, usage, and punctuation are followed; spelling is correct. - Language is clear and precise; sentences display consistently strong, varied structure - Correct APA citation and a Reference page for references used. <p>Weight- 10 points</p>
<p>Nursing diagnosis is appropriate for this setting; goal/outcome is measurable; Nursing interventions are appropriate and</p>	<p>ND is inaccurate for the setting; goal/outcome is not measurable, and Nursing interventions are inappropriate or inadequate.</p>	<p>- ND accurate for the setting; goal/outcome is not measurable, OR Nursing interventions are inappropriate or inadequate.</p>	<p>- ND accurate for the setting; goal/outcome is measurable; Nursing interventions appropriate and adequate for this setting.</p>

thorough.			
<i>Total Weight- 10 points</i>	Weight- 1 point	Weight- 5 points	Weight- 10 points
Paper submitted to dropbox within 72 hours of the School Nurse shadow experience.	- Paper submitted to dropbox or discussion board late.		- Paper submitted to dropbox on time.
<i>Total Weight- 5 points</i>	Weight- 1 point		Weight- 5 points

Total Points _____