

N321 Adult Health I

Clinical Reflection Form

Name: Shelby Myers

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Mid Term Journal

1. Discuss how you are feeling so far in clinical?

I am starting to feel way more comfortable with patient care and care plans after actually learning about medicines and diseases that we commonly see on the med-surg floor in adult health. I feel a lot better than last semester, but I have a long way to go.

2. What have been good experiences?

Some good experiences for me have been interacting with my patients and helping to educate them on things that are in their plan of care because the nurse doesn't have the time to explain every little thing. Seeing the relief on their face when they actually understand they "why" of everything is awesome.

3. Have there been any bad experiences? Could be you nervous about a skill or communication?

I luckily have not had any bad experiences in clinical thus far. I will say if the question is asking about being nervous about a skill, I am nervous to place IVs just because it calls for me to stick someone with a needle without much experience.

4. Do you need to talk with anyone in private to discuss clinical?

At this time, I do not feel like I do.

5. Is there anything else you would like to mention?

At this time, there is not anything I would like to mention. It's been a pleasure to have Loftis as an instructor.