

N321 Adult Health I

Clinical Reflection Form

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Mid Term Journal

1. Discuss how you are feeling so far in clinical?

I feel good about clinical. I feel that we get just enough opportunities to learn new things at clinical. I have not been on other floors yet, but I believe I will learn more when I switch to a different floor. I have learned how to interact with the interprofessional team, the nurses, and the patients. The nurses at Sarah Bush have been helpful with everything, whether learning new information or just performing skills.

2. What have been good experiences?

I have been able to administer medications using the rights of medications. I have also enjoyed spending time with the patients, just getting to know them and helping them with whatever they need. All my patients this clinical round have been very pleasant and willing to help me with the learning process. The nurses I have had this clinical round have also been Wheeling to help me with anything I need to know and have given me opportunities to practice the skills I've learned in the lab. I have been able to communicate with the nurses pleasantly. The nurses have been willing to teach me new skills and help me master the skills I learned in the lab.

3. Have there been any bad experiences? Could you be nervous about a skill or communication?

I have not had any bad experiences at clinical. All the patients, nurses, and interprofessional team members that I have met have been pleasant to work with and learn from. I have been able to help patients by administering medication, ambulating them, providing them with food, and feeding them. When I first administered medications, I was very nervous, but as clinical has gone along, my nervousness has decreased tremendously.

4. Do you need to talk with anyone in private to discuss clinical?

I do not need to talk to anyone in private to discuss a clinical situation. I have had to talk with the professor about how to go about care plans and how to go about concept maps, but other than that, I have not spoken to my clinical professor about clinical. We do have public discussions every day at clinical when clinical is over.

5. Is there anything else you would like to mention?

There is nothing else that I would like to mention at this time. Professor Loftis was a good professor for clinical. She allowed us to explore and learn from the nurses and interprofessional teams. She also allowed us to perform the clinical skills we learned in the clinical lab.