

## Clinical Reasoning in the Clinical: **Reflection-IN-Action**

*Reflection-IN-action is the ability of the nurse to “read” the patient and how they are responding to CURRENT nursing interventions and adjust what is done based on the patient’s response. The goal of this activity is to reflect on a significant event during your clinical experience and determine:*

- *What can be learned from it*
- *What would you do differently?*
- *How you can use this knowledge in the future*

***Describe a situation that required you as the nurse to formulate a correct clinical judgment to either advance the plan of care or to recognize clinical data that represented a change in clinical status?***

### **What can be learned from this?**

I learned that not every patient reacts in the same way no matter the diagnosis. It can be hard to tell if someone is in pain or is afraid especially if they deny it. That is why it is important to do assessments and do frequent vital signs to look at the patient objectively as well. This will ensure that everything is getting checked.

### **What would you do differently (If applicable) in this situation?**

I would ensure that the patient is getting the routine vital signs and to look for other cues of any pain or distress that the patient may be exhibiting instead of just using subjective data.

### **How can you use what has been learned from this situation to improve patient care in the future?**

As mentioned before, you’ll be faced with a variety of patients. I will make sure that I will utilize both objective and subjective data to make a conclusion instead of just using the subjective data as my only source.