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**Attitudes Toward People with Disabilities: A Comparison of Rehabilitation Nurses,
Occupational Therapists, and Physical Therapists**

Being in the healthcare field is very rewarding, and it enables healthcare workers to help a variety of people, including the intellectually disabled. Healthcare workers must be self-aware of their attitudes and beliefs to ensure everyone gets the necessary high-quality care. *Attitudes* are the inner forces that give purpose and character to what professionals do (White et al., 2018). Attitudes are what influences a person's action in their everyday life. Negative attitudes toward people with disabilities represent a real barrier to their ability to fill appropriate societal roles. Therefore, healthcare professionals' attitudes must be positive to promote dignity, worth, and a sense of value in their clients (White et al., 2018). Having a positive attitude towards clients can help them have a better experience in the hospital and even aid in the healing process.

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Addressing Food Insecurity in Vulnerable Populations

Food insecurity defines the state of not having reliable access to a sufficient quality of affordable, nutritious food (DeMarco et al., 2020). Food insecurity is a problem among many people but even more in vulnerable populations such as the intellectually disabled. In the healthcare field, some patients, such as the intellectually disabled, cannot communicate with healthcare professionals about the quality of food they are eating. Some patient conditions can be directly related to food quality and cause obesity, diabetes, or hypertension. Nurses can

screen patients for food security in any clinical setting because frequent hospitalizations may be caused by undetected food insecurity, contributing to poor health outcomes (Flores et al., 2019). When healthcare professionals take the extra step to know in depth about a patient, it can help prevent the patient from acquiring future illnesses.

References

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