

N433 School Nurse Reflective Journal

Lakeview College of Nursing

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N433 – Active Learning for School Nurse Shadowing Experience

Complete this Active Learning activity after your clinical with the School Nurse. Submit your completed assignment to the dropbox within 72 hours of this clinical rotation (Monday @ 2359). **Be sure you look at the attached rubric as you write up this assignment because it must be written with accurate grammar, spelling, and APA format for references. Your score will be based on this rubric. You must receive 77% (38.5 points) in order to pass this clinical assignment. Each question must contain at least 100 words minimum.**

1. How does this clinical site relate to the course?

Shadowing a school nurse relates to the course by seeing the different diseases the kids in the community have. The majority of students that the nursing student saw today the kids either had diabetes or ADHD/ADD. This nursing student had never got to hand out ADHD/ADD medication before, so this was a pleasant experience. The rotation to the school for a school nurse allowed this nursing student to see how well the student nurse could transition from the three schools and know all the kids at each school. This nursing student could see the diversity in all schools and how it compares to the pediatric class.

2. How were you an engaged nursing professional today?

This nursing student got great insight today while shadowing the school nurse. This nursing student gained helpful knowledge that will help future pediatric patients. The school nurse has to take care of over 700 kids just at the grade school. Being the only school nurse for three different schools puts much strain on the school nurse. The school nurse showed this nursing student how to do insulin injections. Being able to take care of these kids was great! Shadowing the school nurse allowed the nursing student to know everything the school nurse takes on. The nursing student gained much knowledge from this rotation.

3. How did you contribute to the service provided by the school nurse today?

This nursing student contributed to their service by shadowing the nurse for the first couple of insulin injections to help with the subsequent few injections. This nursing student could even help with a hemophilic patient and explain to the parents what is happening. This nursing student got to pass ADHD/ADD medication

to three students and bond with all of the students that came in. It was nice to bond with the students and help the school nurse with all of the daily tasks she usually takes on alone, and she was very appreciative of this nursing student's help today. This nursing student is looking forward to applying this information to future practice.

4. Name 3 ways this clinical site impacts Pediatric health?

Westville Grade School impacts pediatric health in three different ways. The first way that the school impacts pediatric health is how the school nurse verifies all the different infections and diseases in the community and sends this information to the health department. The second way the school impacts pediatric health is by not only being a school nurse but also being a counselor to these students and giving good resources to their families. The third reason Westville Grade School impacts pediatric health is that outside resources come into the school and help with the student's health. A dentist from Chicago comes out and gives free dental exams, cleanings, and fluoride treatments to all of the kids in the school.

5. What are the health risks of the population served during today's clinical based on your observations today?

The primary health risk of the Westville population seen by this nursing student is diabetes. Diabetes was the majority of the problems with the students that this nursing student saw today. Due to the extensive lifestyle adjustments needed to manage the disease at a sensitive developmental stage of life, children with T1DM encounter numerous problems (Rewolinski et al., 2021). A series of metabolic illnesses known as diabetes mellitus, chronic hyperglycemia brought on by deficiencies in insulin secretion, insulin action, or both. Anomalies define the pathology of diabetes in the metabolism of carbohydrates, fats, and proteins by inadequate insulin action on target tissues. Treatment must begin if ketones are found in the blood or urine because ketoacidosis can progress quickly (Rewolinski et al., 2021).

- 6. Choose one of the health risks identified in question 5 and develop a plan of care to address this. Include a Nursing diagnosis, a measurable goal, and at least 3 Nursing interventions to achieve this goal.**

This nursing student chose to provide more information on attention deficit hyperactivity disorder or ADHD. Risk for delay in growth and development related to hyperactivity as evidence by lack of concentration. There are three nursing interventions that this student will address, and these are: giving positive reinforcements, using simple and direct instructions, and implementing a routine (Phelps, 2020). To achieve these goals, the student should show verbal expectations, show improvement in schoolwork, and show improvement in sticking with a schedule and be given a star chart. The student will improve these three nursing interventions in a six-week timeframe. The student and parents are on board with the goals given to the student at this time.

- 7. How will your experience during the School Nurse job shadowing impact your Nursing practice?**

There are many ways that this nursing student felt impacted after shadowing the school nurse. The nursing student has more respect for all the school nurse does and is trained to do. Being a school nurse allows the school nurse to be more one-on-one with the students and patients, allowing for more quality built relationships. This student nurse will take all the knowledge given today and apply it in the future of this nursing student's practice. This nursing student thinks that the school nurse rotation has given this nursing student more empathy for what all the kids in school go through.

References

Phelps, L. L. (2020). *Sparks & Taylor's Nursing diagnosis reference manual* (11th ed.). Wolters Kluwer

Rewolinski, J., Kelemen, A., Liang, Y. (2021). Type I diabetes self-management with game-based interventions for pediatric and adolescent patients. *CIN: Computers, informatics, nursing*, 39(2), 78-88.

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N433 Grading Rubric Nurse Shadowing Clinical Paper
50 Total Points Possible

CRITERION	POOR	FAIR	GOOD
<p>-Concise and Complete</p> <p><i>Total Weight- 5 points</i></p>	<ul style="list-style-type: none"> - Content is incomplete. - Major points are not clear and /or persuasive <p>Weight-1 point</p>	<ul style="list-style-type: none"> - Content is not comprehensive and /or persuasive. - Major points are addressed but not well supported. - Research is inadequate or does not address course concepts. <p>Weight- 3 points</p>	<ul style="list-style-type: none"> - Content is comprehensive, accurate, and persuasive. - Major points are stated clearly and are well supported. - Content and purpose of the writing are clear. <p>Weight- 5 points</p>
<p>Critique of experience-Evaluation and Rationale for your comments</p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> - Organization and structure detract from the message of the writer. - Paragraphs are disjointed and lack transition of thoughts. - Lack of evaluation and rationale for comments <p>Weight- 1 point</p>	<ul style="list-style-type: none"> - Structure of the paragraphs is not easy to follow. - Paragraph transitions need improvement. - Lack of adequate evaluation and rationale for comments <p>Weight- 5 points</p>	<ul style="list-style-type: none"> - Structure of the paragraphs is clear and easy to follow. - Good evaluation and rationale for comments <p>Weight- 10 points</p>
<p>Thoughtful Reflection- How will this affect your practice, or will it?</p> <p><i>Total Points- 10 points</i></p>	<ul style="list-style-type: none"> - Paper lacks many elements of correct formatting. - Paragraphs are inadequate or excessive in length. - Unspecific as to how this experience will impact your nursing practice or not. <p>Weight- 1 point</p>	<ul style="list-style-type: none"> - Paper follows most guidelines. - Paper is over/ under word length. - Lacks some specifics as to how this experience will impact your nursing practice or not. <p>Weight-5 points</p>	<ul style="list-style-type: none"> - Paper follows designated guidelines. - Paper is the appropriate length as described for the assignment. - States clearly as to how this experience will impact nursing practice or not and why. <p>Weight-10 points</p>
<p>APA Format Correct spelling/Grammar.</p> <p>Must use 1 scholarly reference (published within the last 5 years)</p> <p><i>Total Weight- 10 points</i></p>	<ul style="list-style-type: none"> - Lack of APA format. - Paper contains numerous grammatical, punctuation, and spelling errors. - Language uses jargon or conversational tone - Lack of APA citation use and a Reference page for references used. <p>Weight- 1 point</p>	<ul style="list-style-type: none"> - Inappropriate APA format. - Paper contains few grammatical, punctuation, and spelling errors. - Language lacks clarity or includes the use of some jargon or conversational tone. - Inappropriate APA citation use and a Reference page for references used. <p>Weight- 5 points</p>	<ul style="list-style-type: none"> - Correct APA format. - Rules of grammar, usage, and punctuation are followed; spelling is correct. - Language is clear and precise; sentences display consistently strong, varied structure - Correct APA citation and a Reference page for references used. <p>Weight- 10 points</p>
<p>Nursing diagnosis is appropriate for this setting; goal/outcome is measurable; Nursing interventions are appropriate and thorough.</p> <p><i>Total Weight- 10 points</i></p>	<p>ND is inaccurate for the setting; goal/outcome is not measurable, or Nursing interventions are inappropriate or inadequate.</p> <p>Weight- 1 point</p>	<p>- ND accurate for the setting; goal/outcome is measurable, but Nursing interventions are inappropriate or inadequate.</p> <p>Weight- 5 points</p>	<p>- ND accurate for the setting; goal/outcome is measurable; Nursing interventions appropriate and adequate for this setting.</p> <p>Weight- 10 points</p>
<p>Paper submitted to dropbox within 72 hours of the School Nurse shadow experience.</p> <p><i>Total Weight- 5 points</i></p>	<p>- Paper submitted to dropbox or discussion board late.</p> <p>Weight- 1 point</p>		<p>- Paper submitted to dropbox on time.</p> <p>Weight- 5 points</p>

Total Points _____